

# RICHARDSON

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Richardson has partnerships with several area cities that provide additional resources during emergencies.



**Public Safety Expo** Page 5

Richardson Department will host the third annual Public Safety Expo Sept. 17.



File of Life **Speaks for Patients** Page 8

The RFD program provides patient's medical information to first responders.

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# Plans moving forward for Public Safety Campus

Both Police and Fire departments have outgrown their aging facilities at the Public Safety Campus on Greenville Avenue just north of Main Street. A multi-phase Public Safety Campus Master Plan was developed to reconstruct and expand their facilities to address numerous public safety needs. Last November, voters approved public safety upgrades as part of the 2015 Bond Program that would fund the initial Site Security Improvements and Police Department Phases of the Master Plan.

The City Council and the community's continued commitment to public safety was further evident through the 2016-17 Budget, which includes a funding strategy to accelerate the final phase of the Public Safety Campus Master Plan and the reconstruction of Fire Station No. 1 and the Fire Administration Offices. Accelerating construction of the entire Master Plan allows for greater efficiencies and reduced escalation cost resulting in substantial, long-term project

Design is underway on the Public Safety Campus Improvement Project. The project calls for both the Police and Fire department facilities to be constructed at the same time. This month, the City Council is expected to select the project's Construction Manager at Risk, which is a general contractor hired early in the design process to aid in design, scheduling and cost estimating. Schematic Design is scheduled to be finished this fall and construction on the two main buildings is expected to begin in August 2017.

The project will be constructed building addition to the existing in several phases, with the first focusing on adding secure parking to the campus, and the second focusing on new construction of a 28,000-square-foot fire station with an administrative wing and a 77,000-square-foot police facility. The final phase of the project will demolish the old Fire and Police stations and construct a 7,000-square-foot police support

detention center. The new Police and Fire facilities will provide larger, improved locker rooms, quarters for female firefighters, additional space for existing and future staff and numerous security and operational enhancements. If all goes according to schedule, construction will wrap up in mid to late 2019.



Architect rendering of the planned Public Safety Campus.

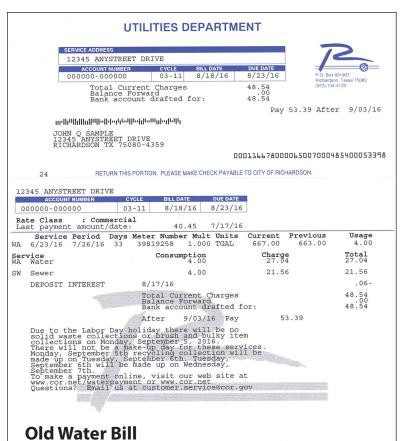
# Richardson's new water bill debuts next month

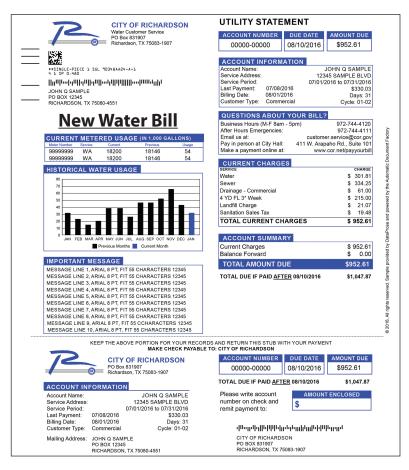
Beginning Oct. 1, City of Richardson water bills will have a new design that will not only be easier to read and provide more detailed information, but will also save the City money.

"Approximately 33,000 utility-related pieces are mailed each month to our customers, and the City has contracted with an outside vendor to provide the services that were previously performed in-house," Richardson Treasurer and Revenue Manager Cara Copley said. "The printing, sorting, folding, inserting and mailing of the water bills required almost 50 hours of staff time each month. Using the outside vendor will allow our staff more time to focus on helping customers and completing maintenance-type job duties."

The new water bill is designed with organized sections to make it easier to find specific information, has more room for messages and includes a 13-month historical usage graph. Customers will now receive a separate return envelope rather than the one piece "send and return" format previously used. According to Copley, customers who currently receive a paper bill in the mail will continue to receive their bill in the mail. Customers who have elected to go "paperless" will continue to receive an e-notification that their bill is available for viewing online. The electronic version will be an exact replica of the paper bill. Customers who have registered for an online account will still be able to view their bill online.

If you are interested in going "paperless" with your water bill, registering an online account or receiving an e-bill notification, go to www.cor. net/waterpayment or call 972-744-4120. For a listing of available payment options, go to www.cor.net/payyourbill.





# City Council to approve 2016-17 Budget Sept. 12

The City Council will hold a public meeting Sept. 12 at City Hall at 7 p.m. and consider adopting the 2016-17 Budget and property tax rate.

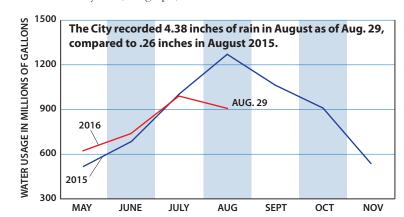
All meetings are open to the public and will be streamed live on the City website at www.cor.net and broadcast live on the City's cable TV station on Time Warner Cable, channel 16, and AT&T U-Verse, channel 99. Ondemand replays of the meetings will also be available at www.cor.net/budget.

The meeting will be held in the City Council Chambers at the City Hall/Civic Center at 411 W. Arapaho Rd.

# Don't be surprised by large water bill

On average, Richardson residents use more water during the month of August than any other month in the year (see graph).

At the end of August last year, the City received several calls from residents concerned about high water bills. The increase came



The above graph shows water usage in Richardson for specific months in 2015 and 2016. Water usage for the month of August was 903 million gallons as of Aug. 29.

from a combination of the relaxation of water restrictions combined with a 67 percent increase in wholesale water rates since 2011, which were more noticeable after water restrictions were eased. Twice-per-week watering has been allowed again this summer.

If you receive a large water bill for August, keep in mind:

 A lawn watered two times a week for one hour each time, with five sprinkler heads dispersing a total of 30 gallons/ minute, results in a monthly irrigation water consumption of 14,400 gallons.

If you have any questions about your water bill, call 972-744-4120.

# MAYOR'S MESSAGE

I wanted to take this opportunity to thank and recognize Richardson for its tremendous outpouring of support for our local public safety officers in the wake of the devastating attack in Dallas. This is an especially challenging time for police officers across the nation, and it helps our local police force tremendously to see that the people of Richardson value the work of our local police officers.

Many of our local neighborhood and homeowner associations led campaigns to place blue ribbons on trees and community entrances to show their support, and many other people and businesses also chipped in by sending friendly messages, dropping off cookies or even by giving encouraging words of support when they saw a police officer out in the community.

On behalf of our police department and all of our public safety personnel, we thank you for expressing your gratitude and appreciation for the work our police officers do in Richardson. It means a lot to them to know our



Mayor Paul Voelker paul.voelker@cor.gov

community "Backs the Blue" and I am proud of Richardson for pulling together to show our support.

Thank you!

Sincerely,

Val Voi

Paul Voelker Mayor



# Summer water conservation plan in effect No lawn watering between 10 a.m.-6 p.m.

#### TWICE-PER-WEEK WATERING:

Lawn irrigation is prohibited from 10 a.m.-6 p.m. or during periods of rain.

Water Wednesday and Sunday for odd numbered addresses (ending in 1, 3, 5, 7, 9)

Water Tuesday and Saturday for even numbered addresses (ending in 2, 4, 6, 8, 0)

SEPTEMBER 2016						
SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

972-744-4220—www.cor.net/waterconservation

## Labor Day sanitation schedule, recycle make-up days

Due to the Labor Day holiday, there will be NO recycling pick up, solid waste pick up or special pick up Monday, Sept. 5. The table below shows the recycle make-up days.

Recycle collection days affected by holiday	Make-up day
Monday, Sept. 5	Tuesday, Sept. 6
Tuesday, Sept. 6	Wednesday, Sept. 7

# City facility schedule for Labor Day holiday Sept. 5

# City Hall/Civic Center, Municipal Court, Animal Shelter, Library, Gymnastics Center, Huffhines Recreation Center, Heights Recreation Center, Senior Center Tennis Center 8 a.m.-4 p.m. Sept. 5 Sherrill Park Golf Course Open Heights Family Aquatic Center noon-9 p.m. Sept. 5

## City Social Media

Several City departments are active on Facebook and Twitter, including *Richardson Today*, the Animal Shelter, the Eisemann Center, the Library, Parks and Police departments and Richardson's

Community Events. You can also view CITV videos on YouTube. Visit www.cor.net/SocialMedia for a full listing.



#### Richardson Today Staff

Richardson Today is a monthly publication of the City of Richardson. It is free for Richardson residents. The publication is designed to keep citizens of Richardson informed of activities and news that may be of interest to them. If you have any comments or suggestions concerning this or future issues, please send them to:

Editor. Rick McGarry Citizens Information Services

Printed on recycled paper

City Hall/Civic Center 411 W. Arapaho Rd., Suite 204 Richardson, Texas 75080 972-744-4104 richardsontoday@cor.gov

# Receive City news updates by e-mail

Sign up to receive the City's "Week In Review" e-mail, which is sent each Friday, as well as to receive important notifications concerning City events, projects, services and information about weather-related activities and the West Nile virus. Visit www.cor. net/ENews, and select the options you would like to subscribe to.





Mayor Pro Tem Mark Solomon Place 2 mark.solomon@cor.gov



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Council Member Marta Gómez Frey Place 5 marta.frey@cor.gov



Council Member Scott Dunn Place 3 scott.dunn@cor.gov



Council Member Steve Mitchell Place 6 steve.mitchell@cor.gov

#### Contact the City Council

Richardson City Council 411 W. Arapaho Rd. Richardson, TX 75080

972-744-4203 www.cor.net/council

#### **About City Council Meetings**

Richardson City Council meetings (second and fourth Mondays of each month at 7 p.m.) and work sessions (Mondays at 6 p.m.) are open to the public, and citizens are welcome to attend. Each meeting's agenda is posted at City Hall on a bulletin board at the west end of the building and can be found on the City website, www.cor.net.

The agenda is posted on Friday evening prior to the Monday night meeting. You may request a copy of the agenda or more information by calling the City Secretary's Office at 972-744-4292.

City Council meetings and work sessions are broadcast live on the City's website at www.cor.net and on the City's cable TV channel on Time Warner Cable (channel 16) and AT&T U-Verse (channel 99). Taped replays of the meetings are also available on the website within 24 hours.

# HOME EMERGENCY PLAN

Interested in having a disaster preparedness presentation at your organization?

Learn how you can take action to prepare by contacting the Richardson Office of Emergency Management at 972-744-0900 or e-mail at oem@cor.gov.

# BE INFORMED

# READY.GOV/HOME-FIRES

## **Install smoke** detectors

A working smoke alarm reduces the risk of dying in a home fire by nearly half.

# Know two ways out of every room

Draw a diagram of your home. Plan and practice at least twice a year.



# **Expect the unexpected**

Make sure everyone can quickly unlock all locks, windows and doors, even in the dark.

## **Get out, Stay out!**

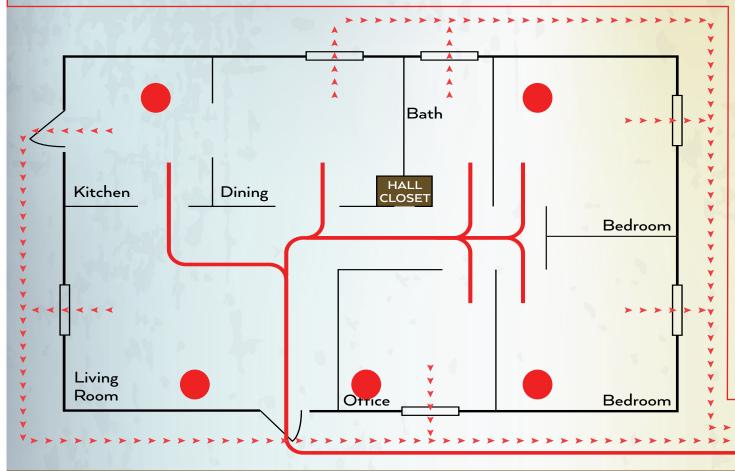
Don't stop for anything. Don't go back in the house, no matter what.

# **Test every door** before you open it

Check the door and door knob with the back of your hand. If it is hot, use a second way out.

## Choose a meeting place

Practice meeting at a tree, mailbox or neighbor's house.



# MAKE A PLAN

# READY.GOV/TORNADOES

HALL CLOSET

# **Practice and Prepare**

Know where you'll meet your family during and after a tornado. Practice a tornado drill annually. Keep a weather radio in your storm shelter along with your emergency kit.

# **Seek Shelter**

Go to your basement or

lowest level. Choose an interior room with no windows, such as a closet, under a stairway or a bathroom. Get alerts for warnings from cell phone apps and your NOAA Weather Radio.

#### After the storm

Stay away from downed power lines, and avoid flooded areas—power lines could be submerged and still live with electricity. Don't enter seriously damaged buildings and avoid using matches and lighters in case of gas leaks.

# BUILDA

# READY.GOV/KIT



## **COLLECT IN STORAGE BIN:**

Can Opener

• Cash

Flashlight

- Food
  - Infant Supplies Local Maps
- Dust Mask • First-Aid Kit
  - Medications
- Water Personal Hygiene Whistle

Pet Supplies

• Radio

Tools

When disaster strikes, city services cut off; government be responders and disaster relief may not be able to reach you. You need to have plans and supplies in place to make it on your own, at least for a limited time, no matter where you are when an emergency happens.

# Collaboration creates network of preparedness

Richardson residents should know, their City is continually doing all it can to be prepared for disaster. Richardson has three fulltime staff in the Office of Emergency Management and Homeland Security who participate in numerous partnerships with other agencies. These partnerships increase resources during emergencies, while providing a structure for grant funding to improve disaster

Richardson's Emergency Management Coordinator, Mistie Gardner, and staff represent Richardson in more than 50 committees/partnerships, including around 30 local and regional emergency support collaborations and more than 20 that include agencies from all disciplines statewide. Participation is voluntary but very beneficial. For example, thanks to participating in the 43city Public Works Emergency Response Team (PWERT), five cities requested and quickly received assistance from 18 member cities' Public Works and Emergency Management departments (including Richardson's) for the 2015 December tornado response. At the request of impacted jurisdictions, Gardner located equipment,

identified available cities and synchronized incoming resources, significantly reducing the pressure on the impacted jurisdictions and saving taxpayer dollars by utilizing regionally available assets instead of cities having to purchase the equipment.

Other emergency-related groups Richardson participates in include Urban Search and Rescue, Hazardous Materials, Training and Exercises, Public Education (Disaster Preparedness), and the Urban Area Security Initiative Working Group, a terrorism-focused preparedness alliance. The City is also a member of the Integrated Warning Team, which brings the National Weather Service, emergency managers and the media together to reduce misinformation and confusion during severe weather. Richardson also works with a regional communications group to ensure radio communication is clear and remains available during emergencies.

"These groups allow us to leverage available resources, affording us an opportunity to increase capabilities and respond in ways that would not be possible otherwise," Gardner said.

One group especially close to Gardner's heart is the Emergency Operations Center (EOC) Support Team, made up of coordinators like her. Members help cover each other's job duties during long emergency responses, such as floods, tornadoes and the recent Dallas police shootings and subsequent memorials.

Grant funding agencies like collaborations, too. Thanks to participation in these coordination groups, Richardson received more than \$660,000 in homeland security grant funds for emergency scene lighting and messaging devices, an elevated observation tower, communications equipment and key hazardous materials equipment such as the TruDefender tool, which identifies unknown substances to help protect the public. Richardson managed grant funds for PWERT to buy specialized equipment caches strategically located throughout the North Central Texas region for more efficient public works support after a disaster.

"Expanding response and recovery capabilities within the region and throughout the state with limited budgets is the goal. Tornadoes, terrorism, floods and

A Richardson firefighter practices using a "TruDefender" tool, a handheld spectrometer than can help first responders identify unknown substances in the field. The tool was purchased with a federal grant through the Homeland Security Grant Program.

other hazards do not recognize jurisdictional boundaries. We owe it to ourselves and citizens to work seamlessly, providing the best service possible before, during and after a disaster," Gardner said. "We diligently work to foster relationships through planning, training, exercising and responding to our neighbors in crisis because by doing so, our ability to respond in Richardson is enhanced regardless of what causes a disaster."

# **Ed Hotz named Interim Fire Chief**



**Ed Hotz** 

Richardson's Assistant Fire Chief of Administration Ed Hotz was named Interim Fire Chief of the Richardson Fire Department Sept. 1 until a successor can be found to fill the position. The Fire Department's top spot was vacated Aug. 31 when Fire Chief Alan Palomba retired after almost 29 years of service with the department.

"We are fortunate to have such

person to serve in this position as we begin our search for a replacement," said Richardson City Manager Dan Johnson. "Chief Hotz brings with him many years of experience and dedicated service to our Fire Department and city and we feel very fortunate to have him here to fill this position as we conduct our search for a new

Hotz joined the Richardson Fire Department as a firefighter in 1986. Since then he has risen through the ranks serving as lieutenant, captain and battalion chief until being named assistant chief of administration in 2003. Hotz does not plan to apply to fill the position permanently as he has announced plans to retire sometime within the next year. However, he has agreed to lead the department through the transition period from Chief Palomba's retirement until the next chief is appointed.

"My goal is to provide a smooth a highly skilled and experienced transition in leadership for the Fire

Department that has become my family," said Hotz. "I feel blessed that I have this opportunity to make this final contribution to the department and community and feel this will be a tremendous way to wrap up my career that has meant the world to me."

Hotz holds a Bachelor of Science and Doctor of Veterinary Medicine from Texas A&M. Before joining the Richardson Fire Department, he had a veterinary practice in Dallas and continues to practice veterinary medicine in Richardson. Hotz joined the Richardson Fire Department April 1, 1986 as a firefighter and became a paramedic in 1987. He was promoted to driver engineer in 1991, to lieutenant in 1992, to captain in 1994, to battalion chief in 1998 and was named assistant chief of the Richardson Fire Department in 2003. In 2005, Hotz attained the Executive Fire Officer designation from the National Fire Academy

# **Neighborhood Crime Watch** helps keep Richardson safe

The City of Richardson's Neighborhood Crime Watch program is the foundation of resident involvement in policing efforts. The community crime prevention program focuses on reducing crime and the opportunity for crime in residential areas by having residents keep an eye on their neighborhoods. Neighborhood Crime Watch programs are not designed as a substitute for police protection, but are intended to supplement police activities by providing extra eyes, ears and caring. Neighborhood



**RICHARDSON** 

**CRIME WATCH** 

Crime Watch is "people looking out for people" and is considered a major deterrent against crime.

When neighbors know each other personally, they are more aware of each other's habits and routines. This awareness in turn makes them knowledgeable of peculiarities and unusual events, such as strange cars or persons in the neighborhood. When neighbors know one another, they are also more willing to get involved in reporting crime if they think one

The City of Richardson has around 450 Neighborhood Crime Watches which vary in size from six homes on a block to several thousand in a neighborhood. This program emphasizes neighbors looking after neighbors in a united front against crime. Neighborhood Crime Watch is also at the forefront in organizing block parties for the City's award-winning National Night Out efforts, which this year will take place Oct. 4.

For more information on Neighborhood Crime Watch programs, contact the Crime Prevention Unit at 972-744-4955 or visit www.cor.net/pd

# Economic development enriches our community



**Bryan Marsh Vice President Global Asset Management Digital Realty** 

Occasionally, people ask me what the Richardson Economic Development Partnership (REDP) is, and exactly what it does. It's important to understand that the REDP's strategic economic development efforts make a huge difference to every Richardson citizen.

Simply put, the REDP is a longstanding collaboration between the City and the Richardson Chamber, through which we jointly focus on attracting and retaining corporate investments and jobs, retail and our workforce.

Why that matters so much is because the vitality of our neighborhoods is deeply intertwined with our thriving corporate community.

Building on a legacy dating back to the 1950s, Richardson's Telecom Corridor® area brand still resonates worldwide today, which is why we continue to attract major operations of many top, tech-focused companies. Through the REDP's purposeful efforts, we've also lured leading financial services firms and other business innovators, including most recently firms such as State Farm, Raytheon, RealPage and Aprima Medical Software, plus numerous data centers to support their vital information flow.

Altogether, this robust corporate community contributes nearly 60 percent annually to the City's tax revenues, versus about 40 percent from residents. That's an impressive figure, and significantly higher than the norm in most other communities.

What this means for residents is a relatively lighter tax burden, and superior services that the City can deliver for the entire community's benefit. So, when you see Richardson police or fire personnel saving lives, or Richardson's splendid parks and trails being built and maintained, a chunk of credit is due to our thriving business sector.

Beyond these corporate taxes, whenever a new company comes to Richardson, it adds vibrancy to the surrounding area, attracting even more retail and restaurants to serve our daytime and nighttime population. Plus, Richardson's corporate employees eat and shop here during the day, contributing significantly to municipal sales tax revenues, too.

In this sense, economic development is a win-win-win that just keeps on giving, making our worldclass community even stronger. And that's why the REDP's work is so important.

Bryan Marsh is the vice president for global asset management with Digital Realty and also serves as vice chair of the Richardson Chamber of Commerce's economic division.

"From the Boardroom" is a recurring guest column featuring viewpoints from Richardson business and civic leaders, produced in cooperation with the Richardson Chamber of Commerce.



# Public Safety Officers provide support for RPD

The Richardson City Council has always placed an importance on providing a level of support necessary to maintain well-trained and well-equipped police and fire departments. With the growth the City has experienced in recent years, budgets have included funding to staff a new ambulance and adding 12 positions in the Police Department during the past

two years. A Public Safety Officer (PSO) was one of the positions included in the 2014-15 budget, and currently three PSOs are on staff with the department.

"Our Public Safety Officers play an important support role for the department," said Capt. Daniel Robb, who supervises Patrol Operations. "In the field they respond to delayed and non-emergency calls such as stranded motorists and traffic hazards, provide traffic control at vehicle crashes and impound vehicles. They take and enter reports in the field and at the station and impound property among their other duties."

According to Robb, the PSO program has been fully staffed with three officers since January of this year.

"Between Jan. 1-Aug. 5 the PSOs have been dispatched to 2,070 calls," Robb said. "These are calls that would have been answered by our sworn police officers and first responders before this program began. They are now able to focus their efforts on the more demanding duties of the job and that is the main objective of this program."

PSOs must complete and pass a structured in-house training program that includes instruction on police procedures and the laws and ordinances they need to know to perform their duties. They spend time with dispatch, the desk officer and a training officer before they are allowed to patrol alone. While the officers are not armed, they do wear body armor and carry pepper spray. The three PSOs are each assigned an eight-hour shift, work Monday through Friday and drive marked trucks that allow for transporting such items as traffic cones, a hydraulic jack and a gas can.

Officer Alan Thompson, a 29-year veteran of the RPD, served as a training officer for the PSOs and he considers the PSO program a success and a benefit to the department and the community.

"As a patrol officer and first responder I appreciate the support the PSOs provide our officers in the field," Thompson said. "When I am working a vehicle crash and have a PSO there to assist, it pro-

vides an additional safety element because the officer will help with traffic control. If a vehicle needs to be towed, the PSO will oversee that, allowing me to get back on the road and respond to other calls."

While PSOs spend a lot of time helping motorists and working crash scenes, they are also out in the neighborhoods.

"The training the officers receive allows them to take after-incident reports for such calls as car burglaries, criminal mischief and identity theft, which gives them face-to-face interaction with our residents," Thompson said. "They serve as ambassadors for our police department and provide reassurance that the RPD is going to do all it can to resolve the issue."

# A brief glimpse of some of the services provided by the PSOs from Jan. 1-Aug. 5, 2016.

Motorist Assist/Traffic Hazard	67	77
Traffic/Crowd Control	62	29
Offense/Information Reports		38
Vehicle Impound		



Public Safety Officer Steve Hancock is pictured with his patrol truck. The vehicle carries traffic cones, a hydraulic jack and a gas can to aid motorists and assist in traffic control.

## Revitalization Award nominations due Sept. 16

The Richardson City Council created the Community Revitalization Awards in 1994 to recognize owners who have enhanced the community by making significant improvements to their properties. Both residential and non-residential properties are eligible for consideration, with more than 220 properties recognized since the program's inception. Because no one knows the city and their neighborhoods better than residents, the City is asking the public to identify candidates for the 2016 Community Revitalization Awards.

#### **Nomination process**

Nominations may be submitted by anyone, including the property owner, any time throughout the year. The nomination deadline for the 2016 awards is Friday, Sept. 16. Nominations received after Sept. 16 will be held for consideration next year.

Nominations must include the property address, a description of the exterior/site improvements that have been made, and any additional information available,

such as the property owner's name and contact information. Contact information for the person making the nomination should also be provided. Before and after photos are particularly helpful, but are not required. Additional information and an online application can be found on the Community Revitalization

Awards website at www.cor.net/

For more information on the awards or to submit a nomination, contact:

Keith Krum, Senior Planner Development Services Dept. 972-744-4240 keith.krum@cor.gov



This residence was one of 10 properties recognized by the City of Richardson with a 2015 Revitalization Award.

# **Annual North Texas Giving Day** raises funds to benefit nonprofits

On Sept. 22, area residents, as well as friends from across the globe, will come together for North Texas Giving Day, an online, one-day event that raises money for North Texas nonprofits. Since its inception seven years ago, North Texas Giving Day has provided more than \$119 million to nonprofits that serve within one or more of 16 area counties. Last year, \$33 million was raised to benefit 2,020 nonprofits.

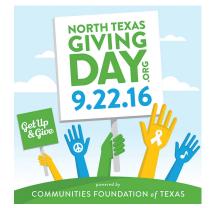
Several nonprofits with close ties to the City of Richardson are participants, including NET-WORK of Community Ministries, the Junior League of Richardson, Arts Incubator of Richardson (A.I.R.), the Eisemann Center Foundation and Special Olympics of Texas. The Richardson Adult Literacy Center (RALC), which often partners with the Library for ESL tutoring, tutor training and

fundraising events, has participated for five years, raising funds to help provide books and other supplies for their students and teachers.

"We've seen contributions through this event triple during the time we've participated." said Katie Patterson, Executive Director of RALC, "Partially because of increased communications from us to donors, but also because North Texas Giving Day continues to gain greater awareness as a thoughtful and efficient way to support multiple nonprofits that serve our community."

North Texas Giving Day began in 2009 by the Communities Foundation of Texas as a way to give nonprofits a needed boost at a time of the year when giving is traditionally low.

Those who log on to the website (www.northtexasgivingday.org)



from 6 a.m.-midnight Sept. 22 will be able to search the database for nonprofit organizations. Donors who wish to donate to several organizations may do so with one transaction.

All monies donated go directly to the chosen charities and receipts are provided immediately via e-mail. For more information and a list of all participating organizations, go to www.northtexasgivingday.org.

# Public Safety Expo is Sept. 17



The Richardson Police Department is hosting its third annual interactive Public Safety Expo Saturday, Sept. 17 from 9 a.m.-1 p.m. at the Richardson City Hall/Civic Center, 411 W. Arapaho Rd.

The Public Safety Expo is a free family-friendly event for anyone interested in getting a closer look at police and fire operations, as well as learning how to make their home and neighborhood safer.

The Public Safety Expo provides an opportunity for an up-close look at the various vehicles used by first responders and to see demonstrations by some operational units. It also helps to educate the public in a fun and interactive way.

The Richardson Police Department Crime Prevention Unit will be available to provide valuable safety information, and discuss volunteer opportunities within the Department. There will also be police and fire vehicles to view, along with a scheduled visit from an air medical helicenter.

Event activities will include demonstrations from, K9 and SWAT officers, visits from McGruff the Crime Dog mascot and "Nat" the National Night Out Knight mascot, face painting, a bounce house and more. Refreshments will also be available for purchase.

Additionally, representatives from Richardson's Office of Emergency Management, Richardson Fire Department, Home Depot, PHI Air Medical, North Texas Auto Theft Task Force and more will be on-hand to display safety and security products and materials.

# Free Medicare event is Sept. 15 at Civic Center

UnitedHealthcare will hold a free Medicare educational event Thursday, Sept. 15 from 10-11:30 a.m. at the Richardson City Hall/ Civic Center as part of National Medicare Education Week.

If you are looking for answers to Medicare questions? This event is a great time to get more information.

The Sept. 15 event will include local UnitedHealthcare representatives who will provide an educational seminar to help people learn the basics of Medicare, discover when to enroll and answer frequently asked questions about Medicare. Refreshments will be served.

For more information, call 214-438-5597.



# Calendar

# Senior Center 820 W. Arapaho Rd. • 972-744-7800

#### **EVENTS & ACTIVITIES**

Please call 972-744-7800 to RSVP for events that require registration.

#### **TEXAS WINDS QUARTET CONCERT**

10 a.m. There will be music in the air at the Senior Center. Start your day with the relaxing sounds of the Texas Winds Quartet. No fee.

#### Sept. 22

#### **LUNCH AND LEARN** 11 a.m.

Atria Senior Living hosts "Better Next Year," a program designed after Dr. Lodge's book, "Younger Next Year: The Science of Aging." The program will explore ways of improving lifestyles with healthy choices. Discussions will incorporate the most important factors that help promote successful aging: Exercise, Connection, Nutrition and Goal Setting. Please join us on this journey. RSVP required. Call 972-744-7800 to reserve your seat. No fee.

#### Sept. 20

**OUT TO LUNCH** The Out to Lunch Bunch will go to Cheddar's. The van will leave the Senior Center at 11 a.m. Cost is \$1 for transportation. Cost of lunch is on your

#### Oct. 3

NATIONAL NIGHT OUT Noon. Join the Senior Center and the Richardson Police Dept. as we host National Night Out at the Senior Center. We will provide the entertainment, hot dogs and sides, you bring a dessert. Come for fun and information on how to help fight crime in your neighborhood.

#### Sept. 21-22

FLU SHOT CLINIC Sept. 21, 9 a.m.-2 p.m., and Sept. 22, 1-6 p.m. Call 972-744-7800 to make your appointment.



Perot Museum—Sept. 14

TRAVEL OPPORTUNITIES

We will depart the Senior Center at 10:30 a.m. and return at 3 p.m. \$20

#### North Texas Horse Country—Sept. 17

We will depart from the Senior Center by motor coach at 8 a.m. and return to the Center around 4:30 p.m. \$99

#### Bureau of Engraving and Printing—Sept. 28 We will depart the Senior Center at 10:30 a.m. and return at 3 p.m. Bring a sack lunch. \$20

#### Fall in the Cajun Country—Oct. 17-20

We will visit antebellum mansions, eat at six of the best Cajun restaurants, visit Avery Island and Jungle Gardens, tour sugar cane plantations during the harvest, tour a swamp and visit America's oldest operating rice mill. Price is \$882 for a double room, \$1,030 for a single room.

> **Upcoming Travel Opportunity** Call 972-744-7810 for trip details

Christmas in Williamsburg—Nov. 28-Dec. 1

**ALL STORIES ARE TRUE AND SOME OF** 

Presented by storyteller Gwen Caldwell.

11:30 a.m.-12:30 p.m. Basement Program

**ROMANTIC INTERLUDES BOOK CLUB** 

10:30-11:45 a.m. Second Floor Conference

Room. Call Karen Gibbs at 972-744-4350 for

**COMPUTER CLASS: INTRODUCTION TO** 

MICROSOFT WORD 2010 10 a.m.-noon.

Public Library card needed to register. Call

Basement Training Room. Richardson

THEM ACTUALLY HAPPENED

# Library 900 Civic Center Dr. • 972-744-4350

#### **ADULT/GENERAL INTEREST**

#### Sept. 3

Sept. 8

Sept. 14

mation

Sept. 17

Sept. 21

#### **DEWEY KNIT**

2-4 p.m. First Floor Program Room. Call Jane Nearing at 972-744-4355 for information.

THE IMMIGRANT EXPERIENCE FROM

A "One Book" discussion with the Junior

League of Richardson. 7-8:30 p.m. Base-

**SECOND WEDNESDAY BOOKBABBLE** 

Room. "Finding Jake" by Bryan Reardon.

Call Janet Vance at 972-744-4352 for infor-

WORKSHOP 10:30 a.m.-noon. First Floor

Program Room. Richardson Public Library

card needed to register. Call 972-744-4359

**3D PRINTING WITH TINKERCAD** 

**COMMUNITY WRITERS' CRITIQUE** 

**GROUP** 7-8:45 p.m. Basement Training

Room. E-mail WGTCritiqueGroup@gmail.

10:30 a.m.-noon. Second Floor Conference

THE WOMEN'S PERSPECTIVE

ment Program Room.

# Sept. 5

#### LIBRARY CLOSED FOR THE LABOR DAY

**HOLIDAY** The Library will be open regular hours beginning Sept. 6.

#### Sept. 10

#### **BORN TO READ EARLY LITERACY** PARENT WORKSHOP

10 a.m.-noon. Basement Program Room. Call 972-744-4358 to register.

# Sept. 15

#### **RICHARDSON HISTORICAL AND GENEALOGICAL SOCIETY MEETING** "BRING A SALAD" LUNCHEON

11:30 a.m.-2 p.m. Second Floor Conference Room. Call Stacey Davis at 972-744-4350 for information.

7-8:30 p.m. Basement Program Room. Scrivener software presented by Monalisa Foster. Call Vrena Patrick at 972-744-4376 for information.

#### Sept. 27

#### FOURTH TUESDAY BOOKBABBLE

7:30-8:45 p.m. Second Floor Conference Room. "Calling Me Home" by Julie Kibler. Call Janet Vance at 972-744-4352 for infor-

#### Sept. 7

#### **FIRST WEDNESDAY BOOK CLUB**

7-8:45 p.m. First Floor Program Room. "Station Eleven" by Emily St. John Mandel. Call Tamara Golubski at 972-744-4393 for information.

#### Sept. 11

RICHARDSON POETS' GROUP READING PERFORMANCE 3-5 p.m. Basement Pro-

gram Room. Call Vrena Patrick at 972-744-4376 for information.

#### Sept. 15

#### **REAL READS BOOK CLUB**

7:30-8:45 p.m. Second Floor Conference Room. "Factory Man" by Beth Macy. Call Tamara Golubski at 972-744-4393 for information.

#### Sept. 21

Sept. 8

Sept. 13

Sept. 16

information.

#### THIRD WEDNESDAY BOOKBABBLE

972-744-4361 for information.

10:30-11:45 a.m. Second Floor Conference Room. "Delicious Foods" by James Hannaham. Call Tamara Golubski at 972-744-4393 for information.

#### Sept. 19

#### **WRITERS' GUILD OF TEXAS**

Sept. 20

#### **RCAS MEETING AND DEMONSTRATION** 6:30-8:45 p.m. Basement Program Room.

Walt Davis will speak about watercolor. Call Ludmila Pospelova at 972-744-4350 for information.

#### Sept. 30

INTRO TO FACEBOOK 10 a.m.-noon. Basement Training Room. Richardson Public Library card needed to register. Call 972-744-4361 for information.

#### CHILDREN/YOUTH

for more information.

com for information.

Please call 972-744-4358 for more information.

LIBRARY CLOSED FOR THE LABOR DAY HOLIDAY The

Library will be open regular hours beginning Sept. 6.

#### Sept. 8

#### A NOVEL IDEA TEEN BOOK CLUB

6-7 p.m. Second Floor Conference Room. "Shadowshaper" by Daniel Jose Older. Call Jenn Delmar-Rollings at 972-744-4358 for information.

#### **C-TECH LEARN, CREATE, CONNECT**

2-4 p.m. Basement Program Room.

#### Sept. 15

#### **COOKIES AND COLORING**

3:30-5:30 p.m. Basement Program Room.

#### Sept. 24

## **CRAFTIVITY! CHILDREN'S GAMES & CRAFTS**

2-4 p.m. Basement Program Room.

# Coming up at the Civic Center

**North Dallas Mothers of Twins Twice as Nice Sale** Oct. 1

www.ndmotc.org





411 W. Arapaho Rd.

Richardson, Texas 75080

www.cor.net/civiccenter



Accommodates groups from 10-750 Call us! 972-744-4090



Each Friday, the Richardson Chamber of Commerce's Shop/Dine Richardson program sends subscribers dining offers plus information and offers from local shopping outlets and professional services.

Shop/Dine Richardson is meant to provide more visibility to Richardson businesses and encourage subscribers to shop locally. You may sign up for the Shop/Dine Richardson weekly e-mail by going to www.richardsonchamber. com/shop.

#### Senior's Net seminar

Seniors' Net holds free monthly seminars on topics affecting the aging population. The September seminar will be 11:30 a.m.-2:30 p.m. at NETWORK of Community Ministries, 741 S. Sherman St.

#### Sept. 20 Flu Shot Clinic

For more information, call 972-234-8880, ext. 125, or visit www.thenetwork.org.

# Cultural Arts & Community

# Eisemann Center Presents season kicks off next month

Presents season begins next month with five fantastic shows. The October schedule has something for everyone, ranging from comedy and magic to classical music.

Visit www.eisemanncenter.com for ticket information, or call 972-744-4650. Groups of 10 or more qualify for ticket discounts by calling Group Sales at 972-744-4657.



**Doktor Kaboom!** 

#### **Doktor Kaboom!** Live Wire: The Electricity Tour 2:30 p.m. Oct. 9 Tickets \$12-\$20

Doktor Kaboom! performs original interactive science comedy shows for audiences of all ages. Creatively blending theater arts with the wonders of scientific exploration. Join Doktor Kaboom! for a sidesplitting journey of increasingly spectacular (and often successful) science experiments designed to involve, excite, educate and entertain. Commissioned

The 2016-17 Eisemann Center by the Kennedy Center. This production is part of the Methodist Richardson Family Theatre Series.



**Jeffrey Siegel** 

#### Jeffrey Siegel's **Keyboard Conversations®** 7:30 p.m. Oct. 10 Tickets \$28-\$34

Come hear the passionate melodies and intoxicating rhythms of some of Spain's greatest composers including Albeniz, Grandados, de Falla and others. Jeffrey Siegel's Keyboard Conversations® are concerts with broad, popular appeal and lively commentary, making the music more accessible and meaningful for all. Each piece is performed in its entirety and there is a question and answer session following the concert. Gain a whole new perspective and enrich your life with great music! If you're a newcomer to classical music, you'll be captivated to hear Siegel talk about the great composers' lives and illustrate musical themes from each featured work. If you're a seasoned listener, you'll delight in Siegel's fresh and intriguing insights into the music and be thrilled by his virtuoso performances.



**Sammy Miller** 

#### **Sammy Miller** 7:30 p.m. Oct. 15 Tickets \$28-\$38

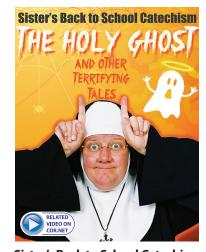
A native of Los Angeles, Grammy-nominated drummer Sammy Miller has become known for his unique maturity and relentless focus on making music that "feels good" as a drummer, singer and bandleader. Upon completing his Master's at The Juilliard School, Sammy formed his ensemble, The

Congregation. As a band they are focused on sharing the power of community through their musicjoyful jazz. This Spotlight Artist performance will take place in the Hill Performance Hall. Sammy Miller and the Congregation are part of the Eisemann Center Presents Spotlight Artists lineup.



#### The Futurist—Adam Trent 8 p.m. Oct. 22 Tickets \$32-\$48

Adam Trent is a star magician for a new generation of magic fans, fusing classic techniques, dancing, comedy and technology in a show that shatters stereotypes for those who think they've seen it all. His edgy, fun style has been described as "Justin Timberlake meets David Copperfield," and has put him on a fast-track to global fame. He performs more than 300 solo headline shows each year, national and international TV appearances and performed in Broadway's "The Illusionists."



Sister's Back to School Catechism

#### Sister's Back to School Catechism

8 p.m. Oct. 27-29 2 p.m. Oct. 29-30 Tickets \$42

Sister is preparing her class for another long year of Catechism. You're in store for another hysterical lesson with "Back to School Catechism: The Holy Ghost and Other Terrifying Tales." In this session we find out the Church's take on all the familiar Halloween tales of ghosts and goblins. Full of Sister's signature class participation, you may get hands-on experience in how to build a Catholic appropriate Halloween costume. This show is part of the Eisemann Center Presents Theatre Series.

# **—Eisemann Center**

For tickets visit www.eisemanncenter.com or call the Ticket Office at 972-744-4650

#### ARAMART INSTITUTE—KIOSK

(8 p.m. Sept. 3. \$45-\$75. Visit www.kiosktheband.com.)

#### **DESI ROCKSTAR RELOADED 2016—PUNJABI LIVE CONCERT**

(7:30 p.m. Sept. 4. \$35-\$75.)

#### **SPECTACULAR SENIOR FOLLIES**

(2 p.m. Sept. 15-18; 7 p.m. Sept. 17. \$18-\$50. Visit www.seniorfollies.com.)

#### "I'M DOING ME"

Presented by Jus Jazzi Productions. (8 p.m. Sept. 23-24; 2 p.m. Sept. 25. \$22.)

#### TI JAZZ BAND WITH JOHN PIZZARELLI

(3 p.m. Sept. 25. \$30-\$50.)

## RICHARDSON SYMPHONY ORCHESTRA OPENING NIGHT CONCERT

with guest artist Tessa Lark on violin.

(8 p.m. Oct. 1. \$15-\$87. Visit www.richardsonsymphony.org.)

RUSSIAN GRAND BALLET P (7 p.m. Oct. 6. \$17-\$100.)

# RCT presents "Steel Magnolias"

Repertory Company Theatre begins its 2016-17 season with "Steel Magnolias," Sept. 16-25.

"If you can't find anything good to say about anybody, come sit by me." These words of wisdom sum up Robert Harling's 1987 off-Broadway sensation and subsequent smash film, "Steel Magnolias." Set in a beauty parlor in Chinquapin, Louisiana, "Steel Magnolias" illustrates how the lives of six distinctly differ-



ent women interweave via the small town gossip that shadows the unending cycle of birth, marriage and death. The play draws on the town's underlying strength and love which gives the play, and its characters, the special quality to make them truly touching, funny and marvelously amiable company in good times and in bad.

Performances are held at the Promenade Theatre, 650 N. Coit Rd. Showtimes are 7:30 p.m. Fridays and Saturdays, and 2 p.m. Sundays. Tickets are \$25 for adults and \$15 for youth. For tickets visit www.rcttheatre.com or call 972-690-5029.

# Outstanding women honored at Altrusa's annual awards luncheon

Altrusa International of Richardson will hold its annual "Outstanding Women of Today ... Builders of Tomorrow" awards luncheon at noon, Oct. 28, at the Renaissance Dallas Richardson Hotel, 900 E.



ernment, education, health care, small business and nonprofit. An additional award, "Outstanding Woman of Tomorrow," will be given to a nominee 35 years old or younger who is employed in any of the above categories.

Awards luncheon tickets are \$50 and must be purchased by Oct. 14 at www.altrusarichardson.com/ outstanding-women. Chance drawing tickets are also available for purchase (\$10 each or three for \$25) and offer chances to win a pendant from Leland's Gold and Diamonds (\$1,650 value), a one-week stay for up to 10 people at a Scottish shooting lodge (\$1,300 value), dinner and wine for eight at Silver Fox Richardson (\$1,000 value), a prize package including certificates for dining, massage, hotel and cultural events (\$750 value), a sunset sail for two on Lake Grapevine (\$350 value), and a rustic Texas cooler handcrafted by Council Member Scott Dunn and stocked with craft beer and soft drinks (priceless!) All money raised at Altrusa's OWT awards luncheon provides funding for grants to area nonprofits, college scholarships and the club's service projects to the Richardson community.

## RTC to perform "Auntie Mame"

The Richardson Theatre Centre presents "Auntie Mame," Sept. 2-18.

In this play, Roaring Twenties socialite Mame Dennis teaches her orphaned nephew the nature of free living and free thinking, attempting to keep him from the clutches of the uptight world of his late father's estate executor and, later, his fiancée, in Jerome Lawrence and Robert E. Lee's adaptation of the Patrick Dennis novel.

Performances take place at 518 W. Arapaho Rd., Suite 113. Shows are Thursdays at 7:30 p.m., Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. Thursday and Sunday performances are \$20, while Friday and Saturday performances are \$22. Visit www.richardsontheatrecentre.net or call 972-699-1130 for more information.

#### Ricochet16 scheduled for Oct. 7-8

creative

energy

focusing on creativity and the arts

in Richardson. Presented Incubator Ricochet Arts Richardson of (AIR), Ricochet16 provides opportunities for artists and creatives to showcase their talents

while creating greater awareness of the vibrant arts and creative community in Richardson. Ricochet15, the inaugural event last year, reached a combined audience of more than 4,000.

Ricochet16 begins with a kickoff party at the Richardson Mercantile at 7 p.m. Friday, Oct. 7. Tickets are \$20 per person and include live entertainment, light bites and a cash bar.

The weekend continues on Saturday, Oct. 8, with a full day of Ricochet events throughout

Ricochet 16 is a citywide event the city including live musical and dancing performances, a pop-up

art exhibit, poetry readings, a chalk art exhibit and more! Four Bullets Brewery will also host Creativity Tap, an exhibit featuring art and creative works

based on beer. A Ricochet bicycle ride will also be held on Saturday.

Ricochet 16 is designed to dovetail with the City's long-range plan for Cultural Arts, create a cultural map that showcases the artists and creatives in the city, and celebrate October as National Arts and Humanities Month.

For more information on Ricochet16, and to purchase tickets for the kick-off party, visit AIR's website at www.artsincubatorrichardson.org.

**National Preparedness Month** 

# "File of Life" speaks for patients

When Richardson Fire Department paramedics respond to a call and enter the home to find the patient unconscious, precious life-saving minutes can be saved if important medical information is available. The "File of Life" provides citizens with a free lifesaving program that is a proven means for emergency personnel to quickly access the vital information on members of a household during an emergency.

Important medical and patient information and all vital informa-

Name:

Sex: □Male

tion, medical problems and medications are listed on an information form. Once the information sheet is complete on each member of the family, you then place the file on your refrigerator where your name is visible. A registration card is provided that can be dropped off at any Richardson Fire Station. This will allow the responding paramedics to know that you have a File of Life.

That is when the File of Life is designed to speak for you when

Richardson Fire Department

**FILE OF LIFE** 

**Richardson Fire Department** 

Instructions: Fill out one card per person. Place the card in the red magnetic pouch. Keep

Remember to keep you information updated regularly.

(Please print clearly)

☐ Female

you are unable to speak for yourself.

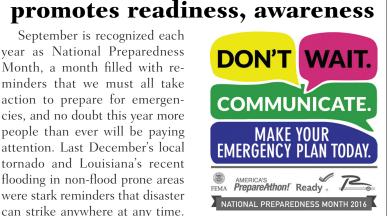
If this information is available immediately upon arrival of paramedics on the scene, minutes can be saved while treating the patient. If a patient is unconscious or unable to talk, the paramedics can look at the information sheet from the File of Life and retrieve the personal data, who to notify in case of emergency, health information, known medication allergies, medications in use, etc.

File of Life kits are FREE and are available at any Richardson Fire Station or the Richardson Senior Citizens Center located at 820 W. Arapaho Rd.

Kits contain:

- One plastic file sleeve, a medical information form and a registration card.
- One file per family.
- Every family member must complete a separate form.
- NO medication is to be kept in the file.
- KEEP ALL information updated regularly or as a change occurs.

If you have any questions contact the Richardson Fire Department at 972-744-5750 or visit www.cor.net/fileoflife.



contact for everyone to report to in case they can't reach each other. Communications plans can include friends, neighbors and co-workers, especially when there are concerns for children, seniors and pets. (More tips for creating a communications plan are available at www.ready.gov/make-a-plan)

Planning ahead can also involve stocking up on certain supplies, knowing where to shelter in your home, being prepared to evacuate quickly, and knowing how and where to get timely information in case of emergency. Put together an emergency kit and prepare for specific types of disasters with the following resources: www.ready. gov and www.cor.net/EM. To register for emergency notifications from the City of Richardson, go to www.cor.net/ENS.

# Richardson water wise landscape tour

Tour beautiful city landscapes that have thrived in the Texas summer heat!

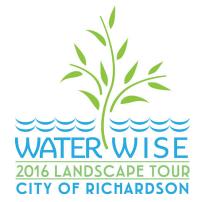
#### Saturday, Oct. 8

9 a.m.-1 p.m.

Tour Headquarters
Municipal Service Center
1260 Columbia Dr.

- "Ask and Expert" about irrigation and landscaping
- Pick up plant lists and home tour details
- Receive a free soil moisture meter while supplies last

Find tour information and view the map at www.cor.net/landscapetour



#### Save the Date!—Oct. 15

**Electronics recycling/shredding event** 

The Citizens Police Academy Alumni Association will host an electronics recycling/shredding event Saturday, Oct. 15 from 9 a.m.-1 p.m. at the Richardson City Hall/Civic Center south parking lot. Please note that "old style" CRT TVs or computer monitors CANNOT be accepted. Flat screen monitors and televisions are OK. More information will be published in the October issue of *Richardson Today*.

# Parks Open Space Master Plan community meeting is Sept. 15

The Richardson Parks and Recreation Department will hold a community meeting to discuss the Parks, Recreation and Open Space Master Plan Thursday, Sept. 15 in the Richardson Room at the City Hall/Civic Center, 411 W. Arapaho Rd. The meeting will begin at 6 p.m. and last until 7:30 p.m. Parks staff will provide updates on the Master Plan and attendees will be given the opportunity to provide feedback

For more information, contact Superintendent of Parks Planning Kurt Beilharz at 972-744-4307 or kurt.beilharz@cor.gov.

#### **New school hours for RISD**

The August issue of *Richardson Today* contained incorrect information regarding the school hours for some Richardson ISD schools. The school hours for RISD schools during the 2016-17 school year are:

• Morning Pre-K: 7:50-10:50 a.m.

According to FEMA, preparing

for an emergency in advance of

an event makes a real difference

in a person's ability to take imme-

diate and informed action, which

enables them to recover more

of money or time to make a disas-

ter preparedness plan," said Alisha

Gimbel, Preparedness and Miti-

gation Coordinator for the City of

Richardson. "A few simple steps

such as having a disaster supply

kit with enough food and water

for 72 hours could help save your

always together during emergen-

cies, so it is important to have a

discussion about where you would

meet away from home, both in your neighborhood and within the

city, and to have an out-of-state

Gimbel said families are not

"You don't have to spend a lot

quickly and assist others.

- Junior High: 8:15 a.m.-3:30 p.m.Senior High: 9 a.m.-4:10 p.m.
- Afternoon Pre-K: noon-3 p.m.Grades K-6: 7:50 a.m.-3 p.m.

Breckinridge Blvd

Senior High: 9 a.m.-4:10 p.m

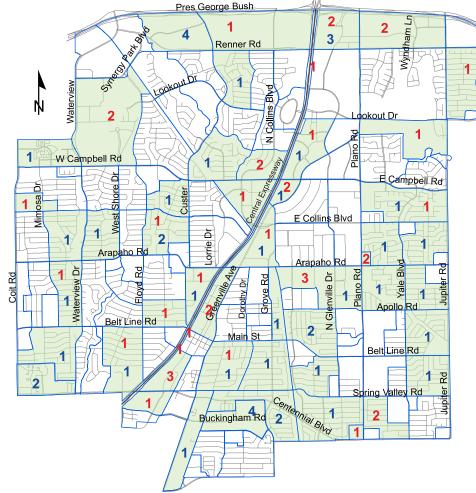
# Fire Station 6 offers blue bags Sept. 10

Due to the Labor Day holiday, Fire Station 6 will offer blue recycling bags for purchase Saturday, Sept. 10 from 10 a.m.-4 p.m. The 30-gallon bags are sold in rolls for \$3.50 for residents, or \$4 for non-residents. Blue bag letters are redeemable at this location as well. Credit and debit cards are accepted.

Normally, Fire Station 6 offers the bags on the first Saturday of every month. The station is located at 3591 Park Vista Rd. For more information, call 972-744-4111.



# Residential/business burglaries May 16-Aug. 15



The Richardson Police Department Crime Prevention Unit reports crime statistics by Incident Reporting Areas (IRAs). Locate your residence or business on the IRA map. If the IRA in which you reside or have a business is shaded, the number represents the total burglaries reported. If the IRA is not shaded, no burglaries were reported.

Visit the Police Department website at www.cor.net/crimestats for online statistics. If you have any questions about these statistics, contact the Richardson Crime Prevention Unit at 972-744-4955.

Residential burglaries reported in blue.

Business burglaries reported in red.

# Parks & Recreation

# Three remaining Urban Naturalist walks planned for fall

Three upcoming walks are planned as part of Richardson's Urban Naturalist program, which seeks to connect residents to the natural world in an urban environment. The walks are \$5 for adults 18 and older plus \$2 for non-residents. Register for the walks by calling Heights Recreation Center (972-744-7850) or Huffhines Recreation Center (972-744-7881), or online at www.cor.net/parksonline. No drinking fountains or restrooms are available in the portions of Breckinridge Park and the Spring Creek Nature Area where the walks will occur. Feel free to bring water bottles, snacks, notebooks, binoculars and cameras. Long pants and sturdy shoes are recommended. Children may attend for free but must be accompanied by a paying adult. Walkers should meet at 3404 Moroney Dr. for the walk at Breckinridge Park, and along Braeburn Drive adjacent to Foxboro Park for the Spring Creek Nature Area walks. Once parked, take the paved trail that travels under Plano Road and into the south end of the Spring Creek Nature Area.

#### **IDENTIFICATION OF INVASIVE SPECIES PLANTS**

Join Texas Master Naturalist Rich Jaynes for a walk in the recently acquired northern acreage of Spring Creek Nature Area to identify and discuss invasive plants and their effect on plant community ecology. Jaynes has a background in plant community ecology and hydrology. He has worked as a plant biologist and hydrologist for the U.S. Forest Service, has been an instructor for college botany and ecology courses, a field botanist for the Texas Parks and Wildlife Department's prairie remnant survey, and currently works as a senior environmental scientist for a local engineering firm.

Saturday, Oct. 8, 8:30-10:30 a.m., 25 participants, Course Number: 92065

#### **BIODIVERSITY OF WILDLIFE IN THE SPRING CREEK NATURE AREA**

Join Sam Kieschnick, Urban Wildlife Biologist with the Texas Parks and Wildlife Department, for an informative

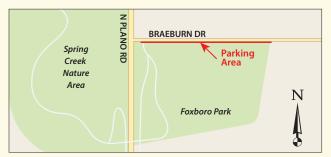
nature walk and exploration in Spring Creek Nature Area to spot and identify a variety of interesting bugs, plants and evidence of wildlife. The Nature Area is under pressure from intense urban development on all sides and Kieschnick will discuss how this is affecting wildlife habitats in urban areas. Be sure to bring a camera and a curious mind—you never know what we'll find!

Saturday, Nov. 5, 9-11 a.m., 25 participants, Course Number: 92066

#### THE GEOLOGY OF BRECKINRIDGE PARK

Why is there rock under the soil and how did it get there? What happened in nature over time to produce the landscape of North Texas? Join geologist Conrad Harrison for a guided nature walk in the lowlands and highlands of Breckinridge Park as he explains the story of the physical structure and the history of the land and the processes that have acted on it.

Saturday, Nov. 12, 8:30-10:30 a.m., 25 participants, Course Number: 92067





## City's 44th Annual Christmas Parade set for Dec. 3

The 44th Annual Richardson Christmas Parade has been scheduled for Saturday morning, Dec. 3. The City of Richardson is excited to announce that this year's theme will be "Magical, Musical Christmas!" Individuals and groups

are encouraged to represent this theme with their costumes, vehicles and floats. The registration form will be available online under Christmas Parade at www.cor.net beginning Nov. 1. The deadline for registration is Nov. 27.

For information regarding the parade or becoming a Friend of the Parade, contact Parade Manager Allison Rhinebarger at allison.rhinebarger@cor.gov or 972-744-7853.

#### **Gymnastics**

#### **Gymnastics Banquet**

The annual gymnastics banquet was held Aug. 14 to celebrate the 2016 competitive season. The Spirit Award and Junior Spirit Award were given to McKenzie Proctor and Gillian Russell respectively. The Gymnast of The Year award was given to Tyler Davis, the first Level 10 National Championship qualifier from Richardson Gymnastics in more than 10 years. The program had three Western National qualifiers (Kacey Middelkoop, Eugenie Schraufnagel and Catherine Valadez), while Tenna Poulsen, Sam Dupuis and Fia Kobs qualified for the regional championship. Catherine Valadez, the team's sole graduating senior, was also honored and gave a very moving speech.



#### **Huffhines Tennis Center**

#### **Private Lessons**

Lessons for juniors and adults are available at the Huffhines Tennis Center. Group lessons are available in three-week blocks for \$60-\$108. Private lessons are also available in 30-minute or one-hour blocks.

Huffhines Tennis Center is located at 1601 Syracuse Dr. near Huffhines Recreation Center. Visit www.cor.net/tennis for more information.

# Four golf tournaments planned

Richardson golfers will have several opportunities to show off their skills over the next six weeks, with three upcoming tournaments at Sherrill Park and one at Canyon Creek Country Club.

The tournaments kick off Sept. 10-11 with the City Championship on Sherrill Park Course 1, which was rescheduled from August. The entry fee is \$150, or \$80 and two punches on a resident punch card. The cost includes green fees, cart and Saturday lunch. The tournament will be flighted by handicap, and it is preferred that entrants have a verifiable USGA handicap. Trophies and awards will be given for all flights, as well as a ladies' flight. The resident champion will have his name inscribed on the trophy and will take home a plaque.

For more information, contact the Pro Shop at 972-234-1416.

NETWORK of Community Ministries' 19th Annual Golf Classic will be Sept. 16 at Sherrill Park. For more information, visit www. thenetwork.org.

A Sherrill Park two-man tournament will be held Sept. 18. Contact the Pro Shop for more information.

Finally, the Richardson Chamber Golf Classic is slated for Oct. 4 at Canyon Creek Country Club. For more information, visit www. richardsonchamber.com/pages/ golfclassic.

#### **Additional Tournaments at Sherrill Park**

Oct. 16

Two-man

Nov. 5-6 Richardson Cup

**Dec.** 18

Year-end Two-man Stableford





#### Start & Finish Location: Galatyn Plaza

Registration begins: 7:30 a.m. Kickstands up: 9:30 a.m.

#### Festivities begin: 11:30 a.m.

Music • Food • Raffle Drawings • Vendors

#### **RAIN OR SHINE EVENT**

For registration visit: www.COR.net/GreatRide For additional questions: Donna.Leach@COR.Gov • 972-744-4092









972-744-7800

All activities listed on pages 10-11 take place at the Richardson Senior Center unless otherwise noted. Additional Senior Center related activities can be found on page 6. Call 972-744-7800 for more information.

Hours of Operation: Mon., Tue., Thurs., 8 a.m.-9 p.m.—Wed. and Fri., 8 a.m.-5 p.m.—Sat., 1-5 p.m.

#### **Special Events and Trip Information**

Special events and trip information can be found on page 6 of this publication.

## Classes

For all classes, unless otherwise noted, you may pay online (www.cor.net and scroll down to online registration), by phone with a credit card or in person with a credit card, check or cash.

#### **NEW!!** Technology Help Desk

Instructor Ed Sanders offers 30-minute individual assistance for any portable device (iPhone or Android smartphone, cell phone, iPad, reader, laptop) or any topic accessible via the device (e-mail, Facebook, website maintenance, photography, texting/Tweeting, Microsoft Office, etc.) Register in advance at the Senior Center or by calling 972-744-7800. Assistance is available the fourth Saturday of every month. First 30-minute session starts at 1 p.m. and last session begins at 4:30 p.m. Cost is \$20 a session with a membership; \$23 without.

#### NEW!! Technology Monday How to Reduce Paper Clutter

Learn about an economical and practical method for electronically capturing, filing and sharing information (documents, photos, receipts, home inventory videos and more) on your portable devices. Next class is Sept. 12, 6-7:30 p.m. Cost is \$20 with membership; \$23 without.

#### Senior Holiday Bazaar

Our annual Senior Holiday Ba zaar will be held Friday and Saturday, Nov. 11 and 12, from 9 a.m.-5 p.m. at the Richardson Senior Center. If you are 55 or older, a resident and would like to participate in our annual craft sale, please fill out the registration form and mail it to The Richardson Senior Center, 820 W. Arapaho Rd., Richardson, TX 75080 Attn.: Holiday Bazaar. Robin's Nest crafters who were active crafters as of July 1 will have priority. All items must be handmade by the crafter. Non-residents may now register. Eight-toot tables with two chairs will rent for \$30 each. A Tax ID will be required to participate. Name:

1 variic.
D.O.B.:
Address:
Phone:
Tax ID#:
Craft items to be sold include:
Tables requested:
Any special requests?

#### iPad Instruction 101

Learn how an iPad will make your PC information portable and convenient. Bring your iPad to class Monday, Sept. 12 from 3:30-4:30 p.m. Cost of the class is \$60 with membership; \$63 without.

#### iPad Instruction 102

This class will cover all of the functions and applications available for your iPad. Bring your iPad to class Monday, Sept. 12 from 4:30-5:30 p.m. Cost is \$60 with a membership; \$63 without a membership.

#### iPhone 101

This beginner's class covers the basics of the iPhone. Bring your iPhone to class Saturday, Sept. 17 from 2-3 p.m. Cost is \$49 with membership; \$52 without. Ages 18 and over are welcome.

#### iPhone 102

This class covers how to use functions and applications of your iPhone. Bring your iPhone to class Saturday, Sept. 17 from 3-4 p.m. Cost is \$49 with membership; \$52 without. Ages 18 and over are welcome.

# **NEW!!** Learn the Right Way to Sell Your Treasures

Are you thinking of downsizing? This class will show you how to present items for sale on various online list sites that do not involve shipping and handling or fees. Bring your laptop with you and let's get started. Next class is Sept. 27 from 7-9 p.m. Cost is \$20 with Senior Center membership; \$23 without.

#### NEW!!

#### Learn to Ride with Uber

This class will cover Uber transportation, its cost, where it is available, safety, how to request the service and how to request food delivery. You will also learn about other transportation services available through Uber. Next class is Sept. 17 from 1:30–3:30 p.m. Cost is \$10 with membership; \$13 without. Please bring your iPhone or Android smartphone to class.

#### **Great Family Storytelling 1.0**

L.E. Taylor, author of "Elgan and Grace-A Twentieth Century Saga," believes "everyone has a story to tell." This workshop will stimulate and strengthen the brain through personal recall of life experiences. You do have your own story to tell and the joy of sharing your story with others. Next session starts Sept. 6, 1-3 p.m. Cost is \$80 with membership.

#### **Oil and Acrylic Painting**

Joanna Clifton provides oil painting instruction the first Thursday of each month from 1-4 p.m. Beginner and intermediate levels of painters are encouraged to attend. Next session starts Sept. 1. Cost is \$80 for four classes with a membership.

#### Fun with Oils

A new session of oil painting classes begins the first Thursday of each month from noon-4 p.m. Instructor Andrew Wages has 20 years of experience teaching and has painted for 50 years. Cost for the class is \$85 a month with membership.

The Richardson Senior Center welcomes adults ages 55 and older. This facility is especially designed for senior enjoyment, and the staff looks forward to the opportunity to provide an atmosphere of enrichment and fellowship.

Unfortunately, the Center is not licensed to provide the services of an Adult Care facility. So, for the benefit of all patrons, the Center requires that all participants take full responsibility of their own physical care and hygiene. Those patrons needing assistance, or who lack the ability to navigate a wheelchair or walker independently, are welcome to be accompanied by a caregiver or an assistant. Your understanding and cooperation is appreciated.

#### **NEW!!**

#### "Color My World"

Come join in the newest craze, coloring for adults. Coloring is reintroducing art as an important component of health and wellness. Color pens, crayons and pictures will be provided or bring your own. A table will be set up with coloring supplies every Thursday from 1-4 p.m. for visiting and coloring. A multi-generational table is available for you to enjoy the fun of coloring with your grandchildren. No fee.

#### **NEW!!** Watercolor

Renata Sharman will offer watercolor classes for beginners. Students will learn the basics of materials, tools and techniques of watercolor. Intermediate and advanced self-paced students are welcome. Classes are held Tuesdays for four consecutive weeks from 10 a.m.-1 p.m. New session starts Sept. 6. Cost is \$80 with membership or \$22 per class. Please call 972-744-7800 for the class supply list.

#### **NEW!!** Ukulele Players

Attention all ukulele enthusiasts and potential ukulele players. Let's get together to play, share songs and techniques. All levels of players are welcome. Thursday nights, 7-9 p.m. No fee. Senior Center membership required.

#### Beginner Square Dance

Lessons are Tuesday nights from 7-9 p.m. Cost of class is \$75 per person with membership or \$78 per person without membership.

#### Square Dance: The Incredibles

This group will be dance angels for the beginner's class that started Aug. 2. The group will dance the last hour as members of The Incredibles. Cost is \$65 per person for the quarter or \$10 nightly fee.

#### **ADD Plus Square Dance**

Dance the first, third and fifth Monday from 7-9 p.m. Cost is \$50 per dancer per quarter with membership, \$53 without; \$10 drop-in fee with membership or \$13 drop-in fee without. Session ends Sept. 19.

#### Plus Square Dance Lessons

Plus Square dance lessons are held Thursday evenings 7-9 p.m. and started July 28. Lessons will be every Thursday evening for 15 weeks. Cost is \$75.

#### Plus Funshop

Dance the second and fourth Monday 7-9 p.m. Club Level Plus Dance. Cost is \$42 per quarter with membership, \$45 without; \$10 drop-in fee with membership or \$13 drop-in fee without. Session ends Sept. 26.

#### NEW!! Bridge Lessons

Learn how to play Party Bridge Wednesdays from 2-4 p.m. Call 972-744-7800 for next session. Cost is \$50 with membership; \$53 without.

#### **Adult Piano Lessons**

Dr. Margaret Mulvey Claiborne offers piano lessons to adults 55 and older on a monthly basis. Cost is \$85 with membership. Call 972-744-7800 for an appointment.



# AARP "Smart Driver" Program

Anyone 50 years and older may attend. The completion certificate is used for automobile insurance premium reductions. Please check with your insurance company for percentage of reduction. The certificate does not qualify for a traffic citation dismissal. Cost is \$15 for AARP members and \$20 for non-members. Reservations may be made by calling 972-744-7800. Please pay the instructor at the time of the class. Classes are held at the Richardson Senior Center.

Sept. 1	8:30 a.m12:30 p.m.		
Sept. 15	6-10 p.m.		

#### Crochet

Classes are taught Thursdays from 2:15-4:15 p.m. The price is \$5 per class. For new students, please bring a #J or #H crochet hook and a skein of four-ply yarn.

#### **Quilt Essentials**

Learn the art of hand piecing and quilting as well as sewing machine piecing and quilting. Beginner and experienced quilters welcome. Class meets Tuesdays from 10 a.m.-8:30 p.m. Cost for beginners and first-time students is \$35 per month and for advanced students is \$15 per month with a membership. Free buddy-sewing time is from 8-10 a.m. Tuesdays. Darlene Martin is the instructor.

#### **ABC Quilting**

Beginning students will go through the basic appliqué techniques to build their skills and tabletop basting will be taught. A large standing basting frame will be available for those who have constructed quilt tops and need to pin, thread baste or tie their quilts. Hand piecers are welcome in this class, as are other quilters needing extra time to "catch up" on their quilt tops. Class meets every Monday from 2-6 p.m. Cost for the class is \$16 a month with membership. Jan Eby is the instructor.

#### **Conversational Spanish**

Brush up on your Spanish skills by joining our intermediate Spanish class. Some knowledge of the Spanish language is required. Next eight-week class session starts Oct. 20 from 1-2 p.m. Cost is \$48 with membership.

#### **Pocket Billiards Class**

Ted Swanson offers individually scheduled two-hour classes tailored for the student's needs. Classes are Saturdays, 1:30-3:30 p.m. Each class has a two student maximum. Beginner to advanced skill levels are welcome. Please register before day of class or call 972-744-7800 to register. Cost is \$10 per person/per class.

#### **Programs**

#### **AARP Richardson Chapter**

The Richardson AARP Chapter #1651 meets the third Monday of the month at 1 p.m. at the Senior Center. All are welcome.

#### **Senior Table Tennis**

Players who love the game are invited to play Thursday from 7-9 p.m. and Saturday from 1-4:45 p.m.

#### Shuffleboard

Shuffleboard is available for play during regular Senior Center hours.

#### Pool Tournaments

Pool tournaments are every Friday at 1 p.m. with registration beginning at 12:30 p.m. Due to Friday pool tournaments, open play is from 3:30-5 p.m. only.

#### Tennis League

Richardson's Huffhines Tennis Center offers times exclusive to seniors. The senior men's group plays Mondays, Wednesdays and Fridays from 8 a.m.-noon. The ladies group plays Tuesdays and Thursdays from 10 a.m.-noon. A 3.0 (intermediate skill level) is required for both men and women players. Lessons are available to help players achieve this level. For information, call 972-744-7870.

#### **Senior Golf League**

The Richardson Senior Golf League is open to men and women 55 years or older playing at all skill levels. The members are divided evenly into four flights. All play is at Sherrill Park on Monday mornings with a shotgun start. The league is for the enjoyment of golf, and several league rules have been adapted to speed up play and increase the pleasure of the game. Please contact Alan Tanowitz, president, 972-231-6882.

#### **Senior Bowling League**

The Roadrunner Bowling League is a great way to meet new people and exercise at the same time. We have openings for regular members and subs for the 2015-16 season. For more information, contact Richard Steffen-Pres., 972-865-9613.

#### Richardson Public Library

The Richardson Public Library provides the Richardson Senior Center with books on CD and large-print books.

#### **Happy Birthday Party**

We celebrate birthdays that are in the seasons of SPRING, SUM-MER, FALL or WINTER. Cake and punch is served at 1 p.m. The next celebration is Sept. 26 at 1 p.m. for birthdays in September, October and November.

#### Bingo

Next Bingo is Sept. 15 at 2 p.m.

# **Senior Center**

#### Sing-A-Long

Come and sing your favorite melodies at our sing-a-long at 1 p.m. the second Tuesday of each month.

The Richardson Red Hatters The Richardson Red Hatters welcome all women to put on their red hats, join the group and have some fun. Next meeting is Nov. 7 at 11:30 a.m. Please bring a sack lunch or you may purchase a lunch from the Senior Center's conces-

#### **Photography Club**

If photography is your hobby or you just love to take pictures, how about joining a photography club to share ideas and know-how? You do not need professional equipment, just the love of capturing a moment. Meetings are held on the first Thursday of every month, 7-9 p.m. No fee.

#### **Texas Reelers Square Dance**

The Texas Reelers Square Dance Club sponsors square and round dancing the first and third Friday of every month from 7:30-10 p.m. Like us on Facebook at www. facebook.com/TheTexasReelersSquareDance. Admission is \$7.

#### **Rebel Rousers Square Dance**

The Rebel Rousers Square Dance Club hosts a square dance the third Saturday of each month from 7:30-10:30 p.m. Fee is \$7 per person.

# Emeritus Plus 50 Program at Richland College

Explore life-long learning with classes at Richland College. If you are 65 years or over and live in Dallas County, you may be eligible for FREE classes. Day, evening and Saturday classes are available. Call 972-238-6972 or visit www.richlandcollege.edu/emeritus.

#### **Tatting**

Tatting is an ancient art of making lace with a shuttle and string using only one stitch. We meet every Tuesday from 3:30-8 p.m. and have supplies for you to start. Free and open to all ages.



#### Yarn Arts

Yarn Art is held Monday evenings from 6-9 p.m. Call Barbara at 972-235-4976 for more information.

#### Needleworks

Bring your needlework and join us for a day of friendship and hand-crafts. We meet Tuesdays from 10 a.m.-2 p.m.

#### **Chess Club**

The chess club meets Thursday nights from 6-9 p.m. Youth and adults of all playing strengths are welcome. The club activities include Swiss Tournaments, Opening Theme matches and video matches. Call the Senior Center 972-744-7800 for more information.

#### The Richardson Senior Dance

The calendar lists the dates for this month's ballroom dances.

Sept. 3	Doc Gibbs
Sept. 10	Bill G Band
Sept. 24	Tommy Chandler

Dances begin at 7 p.m. at the Senior Center, 820 W. Arapaho Rd., and end at 9:30 p.m. Dances are \$5 per person. Light refreshments are served.

#### **NEW!! Scrabble Club**

Come join us Wednesdays from 1-4 p.m. to meet new friends, exercise your mind and have a fun time playing scrabble. Those 16 and over are welcome to participate. Ages 12-15 must be accompanied with an adult.

#### Let's Play "42"

Regular "42" games are scheduled Thursday afternoons from 12:30-4 p.m. at the Richardson Senior Center. New players welcome.

#### **Services**

#### City of Richardson Transportation Service

Transportation is offered to Richardson residents ages 55 and over. The City's van service operates Monday through Friday from 8:30 a.m.-4 p.m. Persons may ride anywhere within the city limits of Richardson for 25 cents each way. For general transportation, we begin taking reservations on Friday at 8:30 a.m., prior to the week you need service. For doctor's appointments, we begin taking reservations at 3 p.m. Thursday. Call 972-744-7805 for reservations.

#### The Seniors' Net

The NETWORK of Community Ministries Seniors' Net program provides a variety of services to help seniors in the community remain independent and in their own homes for as long as possible. Programs include: handyman program, senior informational seminars, Loaves of Love, home delivered groceries, medical equipment and holiday baskets. The "Loaves of Love" program has expanded! Seniors residing within the Richardson ISD may shop for free loaves of bread at the NETWORK offices located at 741 S. Sherman St. in Richardson. The program is open Thursdays and Fridays from 9-11 a.m. Call Rosemary Conoley at 972-234-8880 ext. 125.

#### **Hearing Screening**

Zounds Hearing of North Texas will offer free hearing screenings and check hearing aids the first Friday of each month from 1:30-3 p.m. Call 972-744-7800 for appointment.

#### Chair Massage

Lavona Kirtley, our chair massage therapist, offers chair massage on Tuesday mornings. Call 972-744-7800 to make your appointment.

#### **Benefits Counseling**

The Dallas Area Agency on Aging is able to assist with questions about eligibility requirements for Medicare, Medicaid, SSI and other public health benefits. Please call 972-744-7800 to schedule an appointment for Oct. 7.

#### RSVP Volunteer Program

If you are looking for a way to give back to your community, how about becoming a volunteer for the "Richardson Rowdies"? If you are age 55 or older, you are invited to become a Rowdies volunteer. The Rowdies volunteer at various nonprofits throughout Dallas County and Collin County helping with mail outs, assembling "goodie bags" and other light tasks. The Rowdies meet at the Richardson Senior Center. Transportation is provided by RSVP to and from the volunteer locations. For more information on how to become involved, call Shannon McElvany-Ballard at 214-525-6167.

#### **Flu Shot Clinic**

820 W. Arapaho Rd.

Flu shots will be offered at the Senior Center Sept. 21, 9 a.m.-2 p.m. and Sept. 22, 1-6 p.m. Please call 972-744-7800 to make an appointment.

#### Health Connection Sept. 22—11 a.m.—No Fee

Atria Senior Living will host a lunch and learn "Better Next Year." The program is designed after Dr. Lodge's book, "Younger Next Year: The Science of Aging". The program will explore ways of improving lifestyles with healthy choices. Discussions will incorporate the most important factors that help promote successful aging: exercise, connection, nutrition and goal setting. RSVP required. Please call 972-744-7800 to reserve your seat.

#### First Richardson Helpers

First Richardson Helpers (FRH) is staffed by senior volunteers who provide minor home maintenance and repair service to seniors. Basic services include installation of bathroom grab bars and outdoor hand rails, repair of dripping faucets, running toilets and minor electrical problems as well as maintenance items such as caulking, light bulb and A/C filter replacement. In addition, FRH provides assistance with code enforcement issues. To request service, call the 24-hour hotline at 972-996-0160 or online at www. firstrichardsonhelpers.org. Click on "Request for Services.

#### **The Memory Café**

The Senior Center hosts a new free program called "The Memory Café" that is designed for both those who suffer from Alzheimer's/dementia and their family/friends. Participants will be able to socialize, share concerns/ideas and learn more about the issues facing those with memory loss and dementia. It is held the first Thursday of the month from 10-11 a.m. The next meeting is Sept. 1.

#### **Blood Pressure Checks**

Free blood pressure screenings are available Wednesdays from 9-11 a.m. at the Senior Center.

#### **Volunteer Opportunities**

Call Scarlett at 972-744-7811 for various volunteer opportunities at the Senior Center.

#### **Fitness**

#### **Pilates Class**

Learn the basics of mat Pilates. Class meets every Monday from 10-11 a.m. Beginners as well as those with more experience are welcome. This class is done on the floor with a mat. Strengthen your core muscles to help improve posture, reduce lower backaches and gain balance. Class is for all ages and fitness levels. Please call 972-744-7800 for more information.

#### Tai Chi for all ages

Philip Russell teaches this fun and energizing way to better health. The cost is \$7 per class with membership. Classes are Mondays from 10:30-11:15 a.m.

#### Hatha Yoga for all ages

Bharati Amin instructs classes every Tuesday, Thursday and Friday from 9:30-11 a.m. and Tuesday and Thursday evenings from 5:30-6:45 p.m. Cost is \$5 with membership.

#### **Zumba Gold**

This Zumba class has been modified for older participants. Zumba Gold is geared to active older adults, as well as those just starting their fitness journey. Class is first Monday of month at 9 a.m. Cost is \$25 a month (four classes) or \$7 per class with membership.

#### Fit for Life—Beginning Strength Training Class

Strength training that works all muscle groups. Two classes offered the first Monday of month: 11:30 a.m.-12:30 p.m., four weeks; first Wednesday of month: 11:30 a.m.-12:30 p.m., four weeks. Cost is \$25 for four weeks or \$7 per class. Cooper Institute certified personal trainer Elaine Hosage is the instructor.

#### Fit for Life—Intermediate Strength Training Class

Classes for this next level of fitness begin the first Monday of the month from 1-2 p.m. and the first Wednesday from 10-11 a.m. for four weeks. Cost is \$25 for four weeks or \$7 per class. Cooper Institute certified personal trainer Elaine Hosage is the instructor.

#### Stretch and Strengthen

This class is designed for men and women of all fitness levels. You will regain or improve muscle tone, balance and flexibility. Wear comfortable loose-fitting clothing. Classes are Wednesday from 10-11 a.m. Cost is \$4 per class.

# Private Trainer How is Your Balance?

This personalized fitness program is designed to help increase cardiovascular endurance, strength, flexibility and balance. All sessions are in a private room and are \$60 each with a six-session commitment (\$90 each session for couples). Call 972-744-7800 to make your appointment with personal trainer Elaine Hosage. She is certified in special population (older adult) and general population by the Cooper Institute.

#### NEW!! Chair Yoga

Chair yoga is a gentle form of yoga that is practiced sitting in a chair and helps you with flexibility, breathing, relaxation and overall physical fitness without the difficulty of getting down or up from the floor. Class is held Mondays at 9 a.m. Cost is \$6 per class or \$20 monthly (four classes) with membership.

#### Pickleball

The Richardson Senior Center pickleball instruction and play is offered every Friday at Huffhines Recreation Center, 200 N. Plano Rd., 11 a.m.-2 p.m. Cost is \$16 a month (refunds not available) plus membership or \$5 per lesson plus membership. (Richardson resident Senior Center only membership cost is a one-time fee of \$5. Nonresident Senior Center only membership is \$15 a year.) Instructor is David Wilmot. If you would like more information call 972-744-7800.

#### **Aerobic Exercise**

Renate Racher teaches exercise class Tuesday and Thursday mornings from 8:15-9:15 a.m. Cost is \$2 with a membership.



#### **Water Aerobic Classes**

The fall Water Aerobics session begins Friday, Sept. 2. Classes meet Monday, Wednesday and Friday at J.J. Pearce High School Natatorium located at 1600 N. Coit Rd. Class is held from 9:30-10:30 a.m. Cost for the class is \$30 a month or \$40 for a 10-class punch card (three month expiration). Call the information line at 972-744-7800. For more information, call the information line at 972-744-7813 or the Richardson Senior Center at 972-744-7800.

#### Games

Canasta

Thur. and Fri. 9:30 a.m.

Pinochle

Mon., Tue., Wed., 9:30 a.m. **Duplicate Bridge** 

# Wednesday and Friday, 9:30 a.m. **Party Bridge**

Friday, 10 a.m. If you are interested in taking bridge lessons, please call 972-744 7800.

#### Bunco

Friday, 12:30 p.m. **Scrabble** 

Saturday, 1:30 p.m.

Cribbage

Tuesday, 10 a.m.

#### Mah Jongg

Wed. and Thur. 9:30 a.m.-4:30 p.m. Many other games such as Chess,

Skip-bo, Rummi-Cubes, Dominos and "42" are played by our patrons.

## **Robin's Nest Craft Store**

For those special gifts, shop at the Robin's Nest Craft Store inside the Senior Center. Our senior consignment shop is open Monday through Friday, 10 a.m.-2 p.m. and is located inside the Senior Center at 820 W. Arapaho Rd. Stop by, browse and admire the handmade crafts that are for sale. Open to the public.

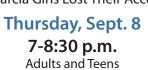
Dance Classes at the Senior Center				
Class	Day	Time	Fee	Instructor
Adv. Line Dance	Mon.	2:30-4:30 p.m.	\$3	Aubrey
Beg. Line Dance	Tues.	9:30-10:30 a.m.	\$11/Month	Halvorson
Int. Line Dance	Tues.	10:45-11:45 a.m.	\$2	Halvorson
Int./Adv. Ballroom	Wed.	2-4 p.m.	\$50 Couple/Month	Faris
			\$25 Single/Month or	
			\$10 per class	
Group Ballroom	Fri.	3-4 p.m.	\$10 Couple	Faris
		_	\$5 Single	
Private Ballroom	Appointment		\$40	Faris

972-744-4350

**Book Discussion:** 

#### The Immigrant Experience from the Women's Perspective

Join the Junior League of Richardson and the Library for coffee, cookies and discussion of "Spare Parts" and "How the Garcia Girls Lost Their Accents."



**Basement Program Room** 





Registration not required. Call 972-744-4376 for more information.



#### All Stories Are True and Some of **Them Actually Happened Storyteller Gwen Caldwell**

Listen to a wonderful mix of personal tales, legends, folk tales and literary tales with bowed psaltery tunes to set the mood for each story.

Adults and Teens

Thursday, Sept. 8 Basement Program Room 11:30 a.m.-12:30 p.m.

Registration not required. Call 972-744-4376 for more information.

#### **Born to Read** Early Literacy Parent Workshop

Explore ways to build your child's pre-literacy skills using books, songs, manipulatives and activities that emphasize the basics of Every Child Ready to **Read** at this informative and interactive program.

Saturday, Sept. 10 10 a.m.-noon **Basement Program Room** 

Parents with children ages birth to 5 are welcome. Registration is required. Call 972-744-4358 or stop by the Youth Services Help Desk.



Sunday, Sept. 11 3-5 p.m.

**Basement** 

FIFTH ANNUAL POETRY READING

Readings by members of the Richardson Poets Group

Leigh Joan Canby Kenneth Matt Bell Dalzell Cornelia **Ernest** 

lla Sharma Marjorie Rosenfeld John

Blair Ochoa Call 972-744-4376 for more information.



# Learn. Create. Connect.

Constructive fun with Science, Technology, Engineering and Math

Ozobots: For ages 6+ MaKey MaKey: For ages 8+

Everyone

is invited

to attend

this FREE

program!

Saturday, Sept. 10 2-4 p.m. **Basement Program Room** 

Families tinker and experiment together! Snap Circuits Jr.: For ages 8+ Quercetti Kaleido Gears: For all ages



**Crafts & Games!** 

Come and go family fun for all ages!

Saturday, Sept. 24 3-4:30 p.m.

> **Basement Program Room**

No registration required

For more information, call 972-744-4358.



#### **Cookies & Coloring** for kids of all ages!

Thursday, Sept. 15 3:30-5:30 p.m.

**Basement Program Room** No registration required.

# Joshua Davis discusses "One Book" selection

Joshua Davis, author of the 2016 Richardson Reads One Book pick, "Spare Parts," corresponded with Janet Vance, Richardson Reads One Book President, by e-mail to discuss

#### Would you tell us a little bit about the process of telling this inspiring story?

I first heard about Carl Hayden Community High School via a badly formatted press release they put together in 2004. The press release was hard to follow and I almost deleted it. But something made me hesitate and I archived it. A few months later, it popped back into my mind and I decided to call the school. They told me I was the first national journalist to respond to the release and then told me more about their robotics team. I was amazed and flew out to Phoenix in January 2005. What I found there deeply impressed me and I've been committed to telling the story of the teachers and students at that school for over a decade now.

#### When you got to know the four Hispanic teenagers (three of them undocumented immigrants) who are the subjects of "Spare Parts," how did their stories affect your view of current events relating to immigration?

I hadn't thought deeply about immigration before I began to report this story. It was something I read about in the news and of course I understood that my family had immigrated here generations ago. But I wasn't well versed in the arguments on either side of the debate. Once I began reporting, it was important for me to meet people who were dealing with the repercussions of public policy—to see what that looked like and what impact it was having on the growth of the country. The book is the result of that reporting.

#### Were you surprised by the dedication and affection shown by the robotics advisors to the stu-

I am always blown away by the commitment of teachers. It is a profession that does not get the ap-



#### **Joshua Davis lecture information**

When: 7:30 p.m. Tuesday, Sept. 20 Richardson High School, 1250 W. Belt Line Rd. Tickets: Free. Available beginning Sept. 6.

Call 972-744-4350 or visit the Richardson Public Library More information: http://onebook.cor.net

preciation it deserves, both in terms of social status and compensation. Teachers have an enormously difficult job. Everybody should spend a day standing in front of a classroom of teenagers and try holding their attention. It will likely be excruciating. Teachers are on the front line of the American dream and we need to honor them to a greater extent.

#### Do you think that the environment of the robotics team members helped to foster their impressive problem solving skills and creativity?

I think it's really important that book learning is coupled with handson, practical learning. It's certainly cheaper to line kids up in rows and make them read from books. But is cheaper really the goal of education? We want kids to be able to create things. They need to be able to start doing that in school and robotics clubs are one way to foster that.

In our communities, we are seeing more and more immigrant children shouldering adult responsibilities for their non-English speaking parents. Why did you add the boys' accounts of these experiences to your book about an underdog robotics team?

I set out to tell the true story of the lives of these students and their teachers. It was important to me to show as much as possible of their lives as I could capture. In the end, I hope it shows that these students faced significant struggles and still were able to do something amazing.

In general, do you think that public high schools are offering more opportunities for students to find a place to "fit in" and thrive than were offered a decade ago?

I think that there has been a flourishing of "maker" culture, including a proliferation of robotics teams around the country. It's fantastic but it also points to something somewhat confounding to me. Robotics teams are almost always after-school programs. It's surprising to me that policy makers and administrators don't take more notice of the joy and learning these programs provide and integrate them into the curriculum

Prior to your visit to Carl Hayden High School to report on the success of their first robotics team, you were told that other journalists had only visited to report on gangs and crime and weren't interested in good news from the high school. Do you think that stereotyping is a problem in the reporting profession?

If you watch the nightly news, you'll likely come away feeling terrified. The truth is that crime rates have steadily been decreasing for many years now. It's important to get outside the bubble that we all naturally live in and meet people who you wouldn't normally meet. It can be hard to do but it's the best antidote to stereotypes and makes life richer along the way.

#### Can you tell us what you are working on now?

In 2013, I co-founded Epic Magazine (www.epicmagazine.com). We travel around the world finding and telling extraordinary true stories.

#### What books are on your bedside table?

I just finished "Ready Player One," which I completely enjoyed. I'm currently reading Patrick O'Brien's Aubery/Maturin series of historical fiction about British naval warfare, which are modern classics.

# Intro to **FACEBOOK**

Hands-On Class



## Friday, Sept. 30 10 a.m.-noon

**Adults and Teens Basement Training Room** 

Learn how Facebook can reconnect you with acquaintances from your past, help you keep up with current family and friends, and follow your favorite organizations!

Bring your own laptop or smart device. Call 972-744-4359 to register and for more information.



Tue

Wiggle Worms begins Monday, Sept. 19, and ends Thursday, Oct. 27. A six-week storytime program for Richardson residents ages 12-36 months old, accompanied by at least one parent. Walking and wiggling toddlers will be introduced to books and reading using stories, fingerplays, rhymes

# **Wiggle Worms**

Please choose ONE of the following times: Mon 10:15-10:35 a.m. Group WW AM1 11-11:20 a.m. Group WW AM2 6-6:20 p.m. Group WW PM Thu 10:15-10:35 a.m. Group WW AM3

11-11:20 a.m. Group WW AM4

Registration begins Tuesday,

Sept. 6. (Children must be 12 months old by Sept. 1, 2016.)

A valid Library card is required for registration. Parents may register their own children in the Children's Department, or by calling 972-744-4358.

# 3-6 Year Old Storytime



A six-week program for Richardson residents, ages 3-6 years old, filled with stories, songs, fingerplays, draw and tells, and puppets. Children attend independently and must be 3 years old by Sept. 1, 2016.

Please choose ONE of the following times: 6:45-7:15 p.m. Group ST1 Wed 10:15-10:45 a.m. Group ST2 3:30-4 p.m. Group ST3

Registration begins Tuesday, Sept. 6. Storytime starts Tuesday, Sept. 20 and ends Wednesday, Oct. 26. A valid Library card is required for registration. Parents may register their own children in the Children's Department, or by calling 972-744-4358.