

Shining The Light on Bullying

The issue that I would like to shine a light on is bullying in school. I would like to talk about this issue because my brother has bullied me before and I think that might be the same as school bullying. According to the National Center for Education statistics, "One out of every five (20.2%) students report being bullied". (National Center for Education, 2019)

The person being bullied feels insecure, embarrassed, and angry. There are different types of bullying that I will write about in this essay.

Bullying is when someone is messing with someone that doesn't want to be messed with. It's when people are punching and embarrassing someone that is weaker than them. The three most common types of bullying that happen in Elementary are physical, verbal, and social bullying.

Physical bullying is when a person is hitting, punching, kicking, and even tripping another kid. All bodily attacks on another person is physical bullying. This kind of bullying can cause mental and physical health damage to kids. Verbal bullying is when someone insults another person, calls them names, makes mean remarks, or does any verbal abuse. Verbal bullying can cause painful emotional scars and doubt in the person getting bullied. Lastly, social bullying is lying to others about someone, playing mean jokes toward them, or telling others not to play with them. Social bullying can cause kids to feel alone, that no one likes them, and it makes them have a hard time trusting others.

Bullying can cause psychological, social, or physical harm. It can be harmful for your mental health, your self esteem, and your social relationships in school. A way you can stop bullying is to tell an adult. If you aren't at school and someone is getting bullied, you should tell your parents. You can also make sure that the bully knows you're recording them to encourage him or her to stop bullying other kids.

In conclusion, bullying is not the right thing to do because you are hurting someone and that is not the right thing to do. If we don't stop bullying we'll have a larger number of emotional damaged kids coming out of elementary. I have a dream that all kids can go to school together and not have to worry about being bullied physically, verbally, or socially. I have a dream that all differences between school kids can be appreciated by each other. I have a dream that we all can be emotionally okay in a world where there is no bullying!