

City Council Meeting Handouts

April 17, 2023

- I. The Counseling Place
- II. 2021 International Code Adoption
- III. The Spring 2023 Cottonwood Art Festival



The Counseling Place



Mental Health is Everything.



45-Year Partnership

Established – 1979

501(c)3 Status – 1981



Original Location – 312 E. Tyler St.

Early Organizational Structure

- 1 Full-Time Employee
- 1 Part-Time Employee
- 1 Volunteer
- Contract Therapists



Current Location – 375 Municipal Dr.

Current Organizational Structure

- 5 Full-Time Employees
- 9 Part-Time Employees
- 1 Contract Therapist
- 4 Volunteers



Therapists Use Creative, Innovative & Evidence-Based Therapeutic Strategies

- Eye Movement Desensitization and Reprocessing (EMDR)
- Internal Family Systems (IFS)
- Safe & Sound Protocol (SSP)
- Trauma-Focused Cognitive Behavioral Therapy
- Existentialism
- Positive Psychology and Mindfulness for our Mental Health Education and Enrichment Courses



Funding

- City of Richardson
- Government Victims' Services Grants
 - Federal (VOCA)
 - State (OVAG)
- Fee-based services (Sliding Scale)

Programs Serving COR

Victims' Assistance

- Advocacy and Counseling for referrals from Richardson PD

Youth Programs

- Juvenile First Offender Program (RPD)
- Project Positive (Court Referrals, Gen Pop)
- Individual Counseling

Community Counseling Programs

- General counseling services
- Support for First Responders (Police, Medical, Fire, Nonprofits)





COVID-19 created a new level of stress for our nonprofit, medical, & emergency first responders.

TCP wants to support you through & beyond this crisis.

Check In with Us

A check-in is a 15 minute phone call with an objective person trained in brain/mental health during which you can debrief, vent, or get help changing gears before heading home.

It's a way to give an honest answer to the question, "How are you doing?" without fear of judgment.

It's not a crisis call. It's not therapy. It is free.

SCHEDULE ONLINE:
<https://counselingplace.org/covid19-support-line>

SCHEDULE BY TEXT:
TO: 51555
MESSAGE: FIRSTS

The Counseling Place is a nonprofit 501(c)(3) corporation providing mental health and victim advocacy services since 1981.

Pandemic

- Converted to Telehealth
- Provided a support line and “check-in” services for MRMC, RISD employees, and emergency responders.
- Eliminated Team of Contract Counselors (6)
- Sold 4,200sqft suite

You're used to a high stress environment, but COVID-19 offers a special kind of crazy.

We're here to help you through and beyond these strange days.

Check In with Us!



First Responders

Take 15 minutes to debrief. It's free and confidential.

SCHEDULE A CHECK-IN BY TEXT:
TO: 51555
MESSAGE: FIRSTS



What we'll need:

- Your name, initials, or whatever name you wish you had.
- A phone number (because we'll need to call you).
- An email (because this is how we'll confirm your time slot. **We will not share or use your email for any other reason.**)

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www.counselingplace.org



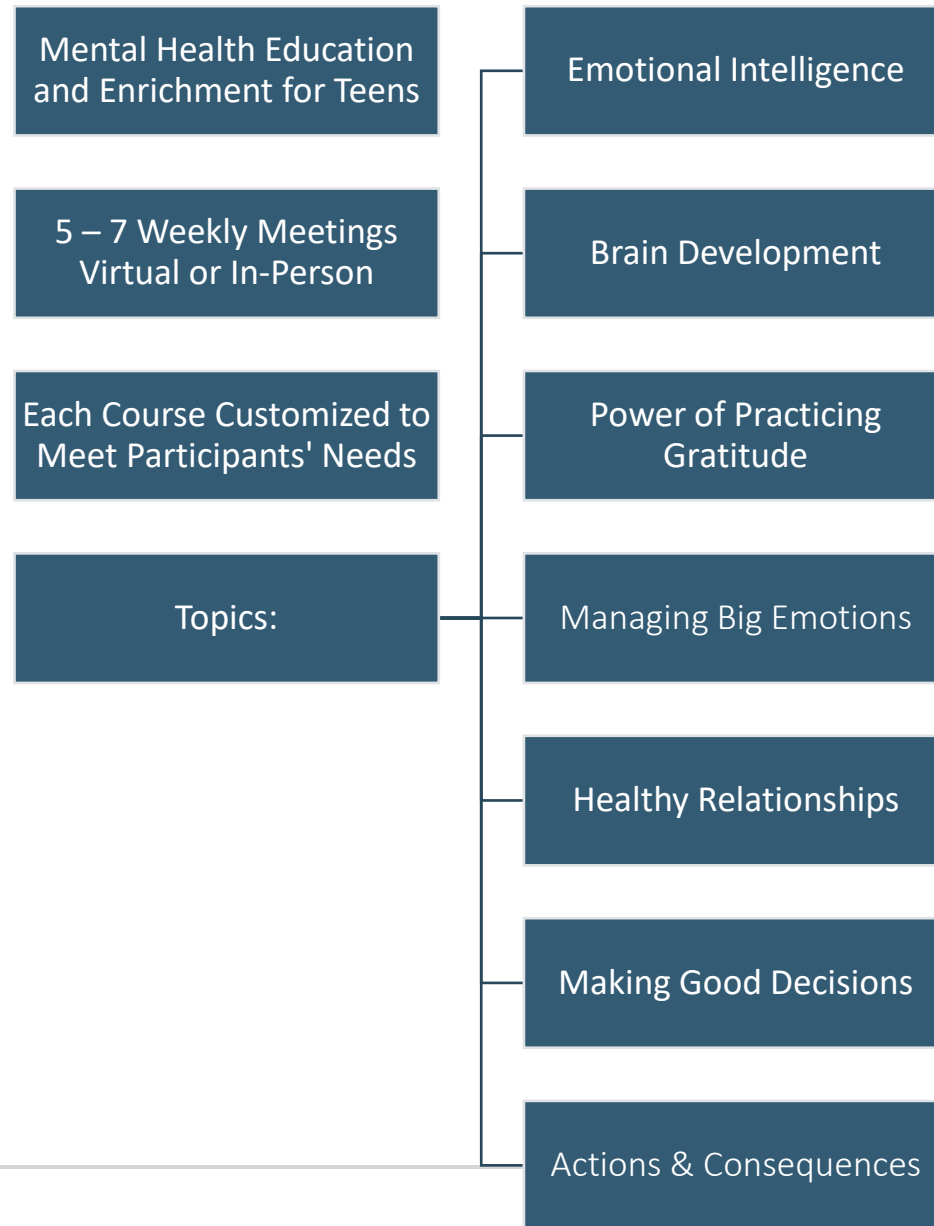
FY2022 Snapshot

- 1,557 People Served
- 1,269 Referred by RPD
- 288 Independent Referrals
- 2,230 Therapy Sessions

FY2022 Snapshot

- Victims Assistance
 - 1,027 served
- Project Positive/Juvenile First Offender Program
 - 48 Teens
 - 238 Classes

Project Positive: *What It Is.*





Project Positive: *What Students Say.*

My experience with Project Positive was a life-changing opportunity.

Project Positive made me open my eyes to a different perspective to life and decisions.

I learned how my friends can affect my life and hold me back.



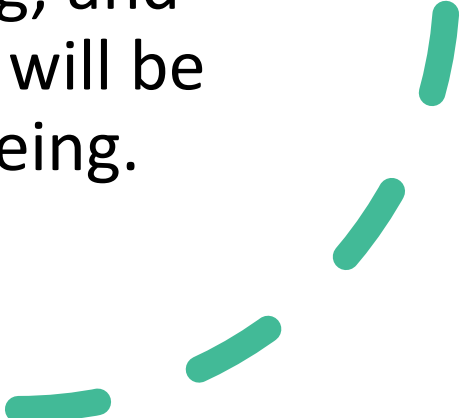
Project Positive: *What Parents Say*

I've noticed how my son stops to "smell the roses" through practicing gratitude.

My daughter told me she wanted to make a consequences web before she went out with her friends. Thank you!

I've noticed a difference in her emotions, especially anger. She is more aware of her emotions.

Project Positive: Why It Matters

- Mental health is **everything**.
 - Mental health is the strongest armor against suicide, domestic violence, substance abuse is mental health.
 - Mental health determines how we respond to challenges, setbacks, and how we celebrate successes.
 - Teens' brains are still developing, and healthy coping skills and habits will be woven into the fabric of their being.
- 

Summer Plans

- Take Project Positive into the Richardson community.
- Engage with RISD about serving the mental health needs of students and staff.





Mental Health Challenges for the Richardson Community

- In Texas, suicide is the second leading cause of death for ages 10-24.*
- The CP has experienced an increase in clients struggling with anxiety, depression, substance abuse, and suicidal ideation.
- Scarcity of *affordable* services.

In FY2022, The CP turned away 151 people. At least 100 were turned away due to funding.

Meeting the Need

To Serve 100 individuals:

- Cost of each Session - \$150
- Ideal Average of Sessions – 16
- 1,600 Sessions - \$240,000

One FTE Mental Health:

- Professional - \$144,000
- 60 clients
- 960 Sessions





The Counseling Place



Mental Health is Everything.



RICHARDSON

T E X A S

City of Richardson
Building Inspection



2021 International Code Adoption

Building Inspection

City Council Goals 2021-2023

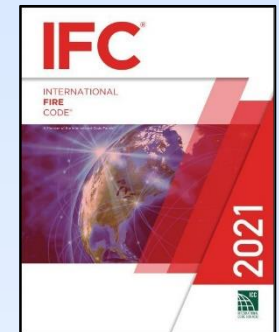
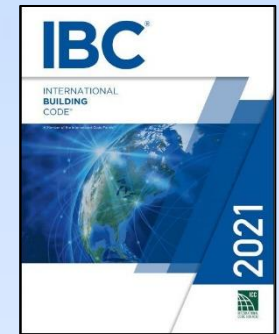
- City Council Strategy: Value, protect, and create a positive return on City, resident, and other stakeholder investments in the City
 - Review and adopt 2021 International Building Codes

Who is the ICC ?

- The International Code Council (ICC) was established in 1994 as a non-profit organization dedicated to developing a single set of model construction codes and standards to be used worldwide
- Publish a complete family of interconnected fire prevention and building codes; providing minimum safeguards for people at home, at school, and in the workplace
- Committed to developing standards used in the design, build, and compliance process to construct safe, sustainable, affordable and resilient structures
- Fifty states and Washington DC have adopted the I-Codes at the state or jurisdictional level

ICC New Code Development

- The ICC is constantly working to update their codes to incorporate new research and building technologies
- All codes are coordinated and compatible with each other. Cross references and duplication of code provisions occur between each I-Code
- Annual Code Hearings open to all interested parties to enable active participation in the development of new code editions. Attendees include Code Officials, Design Professionals, Trade Associations, Government Agencies, Manufacturers/Suppliers, and Builders/Contractors
- Every 3 years the ICC produces a new edition of model codes
- Most recent adoption occurred March 29th, 2021 – Council adopted Ordinances 4372, 4373 and 4374. Included were the 2018 International Codes and the 2017 National Electrical Code



Why Adopt the New I-Codes?

- Enables design professionals and business developers to find consistency between communities
- Simplifies education, compliance and creates ease of use for all parties involved with the family of I-Codes
- Code provisions that facilitate flexibility and innovation
- Latest code editions ensure continued construction quality and a safer building environment
- Increased efficiency and reduced construction costs resulting from modifications to previous code editions by defining the code language more clearly, methods for installation of materials, and the use of innovative systems
- Maintaining current codes guarantees the city will receive the strongest ISO rating, which in turn reduces insurance rates for our community

2021 I-Codes For Adoption

The City of Richardson currently operates under the 2018 Edition of the I-Codes and the 2017 edition of the National Electrical Code with local amendments. The following Codes are recommended for adoption:

- 2021 International Fire Code
- 2021 International Building Code
- 2021 International Residential Code
- 2021 International Mechanical Code
- 2021 International Plumbing Code
- 2021 International Fuel Gas Code
- 2021 International Energy Conservation Code
- 2021 International Existing Building Code
- 2021 International Swimming Pool & Spa Code
- 2020 National Electrical Code



Overview of 2021 I-Codes



2021 International Building Code

- Applies to the new construction of Commercial buildings or structures, including multi-family, retail, restaurants, office, warehouse, etc.
- Establishes safeguards for public health, safety, and general welfare
- Notable Changes:
 - ❖ Inspection requirements for weather- exposed balcony and walking surfaces
 - ❖ Specific code requirements for “Escape Rooms” or puzzle rooms
 - ❖ Activation of automatic-closing doors in care facilities
 - ❖ Shipping container regulations
 - ❖ Low frequency fire alarm signal
 - ❖ Accessible electrical vehicle charging stations



Overview of 2021 I-Codes

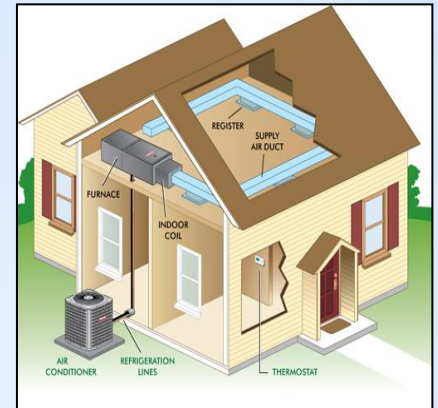


2021 International Residential Code

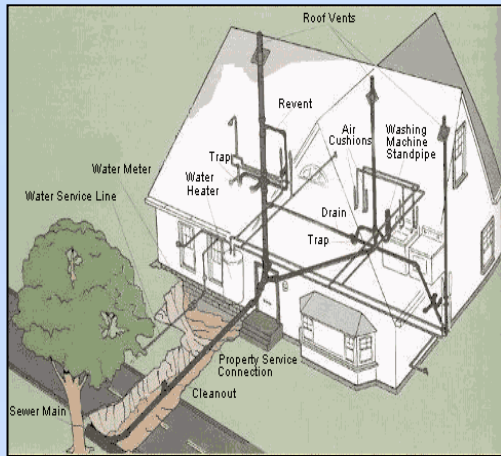
- Code provisions apply to construction of single-family residences, town houses, and duplexes
- Notable Changes:
 - ❖ Stairway clarification
 - ❖ New carbon monoxide alarms requirements
 - ❖ Use of shipping containers

2021 International Mechanical Code

- Design, installation, maintenance, and inspection of mechanical systems such as cooling and heating equipment
- Notable Changes:
 - ❖ Continuous exhaust system operations for manicure and pedicure stations
 - ❖ Termination location of dryer exhaust



Overview of 2021 I-Codes

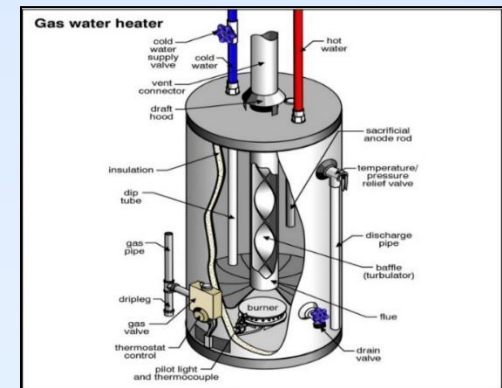


2021 International Plumbing Code

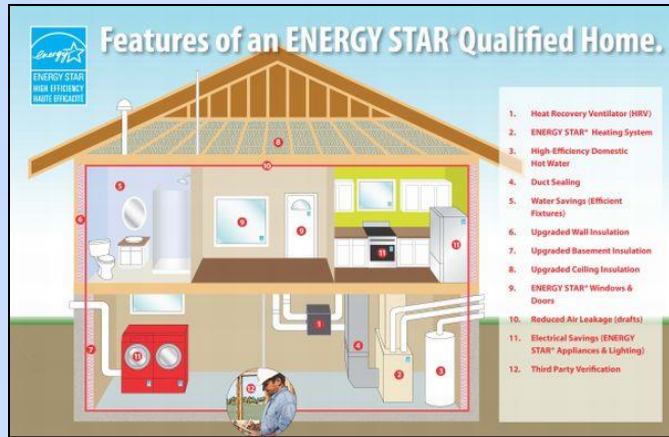
- The erection, installation, maintenance, and inspection of plumbing systems for domestic water and sewer
- Notable changes:
 - ❖ Nonseparated designs for multiple user facilities serving both sexes
 - ❖ Securing wall-hung water closets
 - ❖ Bathtubs no longer require overflow outlet

2021 International Fuel Gas Code

- Provides minimum standards for the installation of fuel gas burning appliances such as water heaters
- Notable changes:
 - ❖ System shutoff valve
 - ❖ Commercial listed cooking appliances are prohibited
 - ❖ Concealed condensate piping must be labeled



Overview of 2021 I-Codes

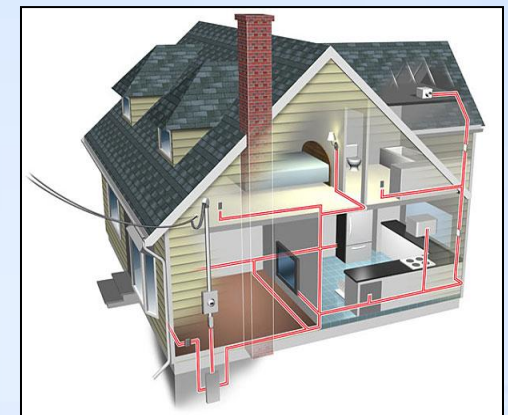


2021 International Energy Conservation Code

- Design and construction regulations to effectively conserve energy over the life of the building including appliances, windows, lighting
- Notable changes:
 - ❖ Increase in Ceiling R-Value requirements to R49
 - ❖ Exterior Lighting Controls

2020 National Electric Code

- Standards for the installation of electrical conductors and equipment for common wiring such as romex or conduit
- Notable changes:
 - ❖ Emergency disconnects residential
 - ❖ Automatic receptacle control
 - ❖ Receptacle outlet requirements for kitchen Islands

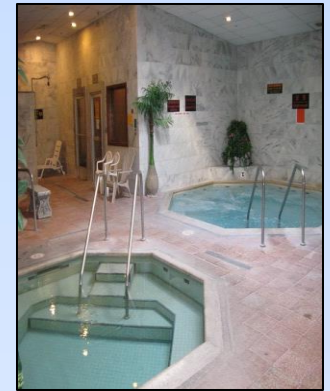


Overview of 2021 I-Codes



2021 International Swimming Pool & Spa Code

- Design, construction, alteration, repair and maintenance of private and public swimming pools, spas, hot tubs and aquatic facilities
- Notable changes:
 - ❖ Construction fencing at time of excavation
 - ❖ Clear zone around pool equipment



2021 International Existing Building Code

- Requirements for existing buildings to encourage flexible use and reuse of existing conditions while requiring reasonable upgrades and improvements
- Notable changes:
 - ❖ Maintenance of means of egress
 - ❖ Building additions may not increase existing nonconforming code conditions



Overview of 2021 I-Codes



2021 International Fire Code

- Minimum requirements for life safety and property protection from the hazards of fire, explosion or dangerous conditions in new and existing buildings or structures
- Provides for safety to fire fighters and emergency responders during emergency operations
- Notable changes:
 - ❖ Fire sprinkler requirements for parking garages
 - Open parking garages with a fire area > 48,000 sf
 - Enclosed parking garages with a fire area > 12,000 sf
 - ❖ Maintenance of aisle width retail stores
 - ❖ Fuel piping protection for emergency and standby generators
 - ❖ Fire fighter air replacement systems (FARS)
 - ❖ Non-sprinklered High-Rise building compliance schedule



Code Amendment Criteria

- Public hearing required for adoption of local amendments to the International Residential Code (IRC) and International Building Code (IBC)
 - H.B. 738 – Effective January 1st, 2022
 - Texas Local Govt. Code Section 214.212(e)
 - Texas Local Govt. Code Section 214.216(f)

Amendment Types

- **Regional Amendments via NCTCOG**

- Codes Coordination Committee (RCCC) includes five advisory boards that review latest editions of the I-Codes
- Comprised of local public and private code professionals
- Recommend uniform amendments for the North Central Texas region
- Encourage cities to adopt standardized codes and regional amendments
- Code consistency reduces construction costs for contractors, builders, and developers

- **Local Amendments to coordinate specific regulations within the COR**

- Floodplain Regulations – Chapter 9, Floodplain Management
- Property Maintenance Code – Chapter 6, Article VII, Property Maintenance
- Reinspection and required fees
- ZBA serves as the Board of Appeals

International Building Code Amendments

- Maintains all regional or local amendments adopted in the 2018 Code or prior versions
- New amendments for the 2021 Code Edition
 - ❖ **404.10 Exit stairways in an atrium**
 - Clarify requirements are applicable to exit access stairway not interior exit stairway; printed in error with code edition creating confusion
 - ❖ **708.4.2 Fireblocks and draftstops in combustible construction**
 - ❖ **718.3 Draftstopping in floors**
 - ❖ **718.4 Draftstopping in attics**
 - Each amended to clarify that sprinkler protection in combustible construction must be provided within the concealed space to eliminate the requirement for fire blocks and draftstopping
 - ❖ **1809.5.1 Frost Protection at required exits**
 - Delete requirement for protection at exterior exit doors; not applicable to TX climate zone
 - ❖ **2702.5 Designated critical operations areas (DCOA)**
 - Designers are advised of the requirements outlined in the NEC, specific to Critical Operations Power Systems (COPS) for areas requiring continuous operations

International Building Code Amendments

- Various code sections for Fire Protection and Life Safety Systems amended to mirror regional and local amendments to the International Fire Code for Fire Protection and Life Safety Systems
 - ❖ **901.4.7 Pump and riser room requirements**
 - To provide a protected space and sufficient working clearances for firefighters to access and control fire suppression and fire alarm systems.
 - ❖ **901.4.7.1 Access**
 - To require security for fire sprinkler system main controls.
 - ❖ **901.4.7.2 Marking access doors**
 - Applies Fire Department's "Signs Policy" to provides more detail on sign specifications and options.
 - ❖ **901.6.1.1 Standpipe Testing**
 - Increases the reliability of the fire protection system.

International Building Code Amendments

- SECTION 903 AUTOMATIC SPRINKLER SYSTEMS
 - ❖ 903.2 Where required
 - Refines requirements for expansion of existing buildings, while maintaining fire safety
 - ❖ 903.2.11.7 High-Piled Combustible Storage
 - Requires fire sprinklers for high-piled combustible storage
 - ❖ 903.2.11.8 Spray Booths and Rooms
 - Requires fire sprinklers in new and existing spray booths and rooms
 - ❖ 903.3.1.1.1 Exempt Locations
 - Eliminates an exception that might lead to combustible storage in rooms previously approve only for non-combustible storage
 - ❖ 903.3.1.2.2 Corridors and balconies
 - Requires fire sprinklers to protect all corridors and balconies in multi-family occupancies
 - ❖ 903.3.1.4 Freeze protection
 - Adds freeze protection to prevent breaks in water-filled sprinkler systems, most specifically in attic spaces.

International Building Code Amendments

- SECTION 904 ALTERNATIVE AUTOMATIC FIRE-EXTINGUISHING SYSTEMS

- ❖ 904.2.1

- Section was deleted to allow for an automatic fire-extinguishing system to replace fire sprinklers in portions of buildings approved by the Fire Code and Building Code Officials.

- ❖ 904.13.1 Manual system operation

- Allows flexibility in locating the hood suppression system manual pull station.

- SECTION 905 STANDPIPE SYSTEMS

- ❖ 905.8 Dry standpipes

- Requires supervision of dry standpipes to ensure reliability.

- SECTION 906 PORTABLE FIRE EXTINGUISHERS

- ❖ 906.1 Where required

- Deleted an exception eliminating fire extinguishers in warehouses under a certain conditions.

International Building Code Amendments

- SECTION 907 FIRE ALARM AND DETECTION SYSTEMS

- ❖ 907.2.3 Group E

- Added Exception 5 for consistency with State law concerning interconnected smoke alarms in certain residential in-home day cares.

- ❖ 907.5.2.2.3 Alternative uses

- The change permits overriding a manual fire alarm activation which might be initiated by a malicious actor. This change is generally intended for schools where the implementation of an emergency response plan is important to the successful outcome of lock-down situations.

- SECTION 910 SMOKE AND HEAT REMOVAL

- ❖ 910.2 Where Required

- Allows the fire department to control the smoke and heat during and after a fire event.

International Residential Code Amendments

- Maintains all regional and local amendments adopted in the 2018 Code or prior versions
- New Amendments for the 2021 Code Edition
 - ❖ **R302.1 Exterior walls**
 - To provide an exception for fire separation requirements for open or unenclosed structures (arbors, patio cover, carports) to be closer to property line consistent with local zoning regulations or ordinances
 - ❖ **Section R302.2.6 Structural independence**
 - Delete the exception allowing a NFPA 13D sprinkler system as a substitute to the required structural independence between townhome units. Provides clear separation between units since each unit is separately platted by individual property lines. Enables the adjacent unit to remain standing in a fire event or during a renovation or repair to eliminate impacts affecting both units
 - ❖ **R327.1.1 Adjacency to structural foundations**
 - Clarifying language the depth of a swimming pool or spa shall maintain a 1:1 ratio from the nearest building foundation or footing of a retaining wall designed by a licensed structural engineer

International Residential Code Amendments

❖ G2415.2 Corrugated Stainless Steel Tubing (CSST)

- Amended to require specific warning tags identifying operating gas pressure for CSST gas piping; protects homeowners and plumbers

❖ G2417.4 Test pressure measurement

- Amended to require the use of more accurate pressure test gauges; eliminates the use of inaccurate older spring gauges

Next Steps

- Draft copies of each ordinance with amendments have been attached to this agenda for public review
- Ordinances will be placed on the April, 24, 2023 Agenda for Public Hearing followed by Council consideration
- Staff will begin outreach program to inform design professionals, residents, contractors, etc. about the Code Edition change.
 - Building Inspection Web Page
 - Richardson Today Article
 - Week In Review
 - Email Update Features
 - Letters to builders and contractors



RICHARDSON
TEXAS

City of Richardson
Building Inspection



2021 International Code Adoption

Building Inspection

Cottonwood Art Festival

Spring 2023 Preview

Richardson City Council

April 17, 2023



Presentation Overview

- Festival Details
- Featured Artist
- Exhibiting Artist
- Emerging Artist Program
- Visiting Artist Program
- ArtStop Children's Area
- Imagery Courtyard
- Live Entertainment
- Food and Beverage
- Marketing



City Council Goals

- To have residents and other stakeholders choose Richardson as the best place to locate, contribute, and engage
- To effectively and efficiently manage city resources while maintaining and enhancing city services

Festival Details

- May 6-7, 2023
- 54th Anniversary for Cottonwood Art Festival
- Semi-Annual Festival held the first weekend in May and October
- Nominated as one of Sunshine Artist's 200 Best Fine Art Shows
- Thousands of people attend Cottonwood each festival weekend



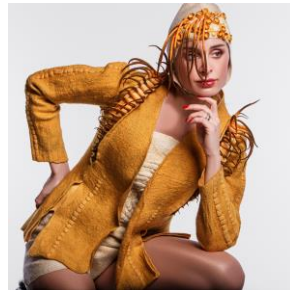
Featured Artist Karina Llegro

- First exhibited at Cottonwood – Spring 2019
- Exhibited at more than 35 shows across the country
- Born and raised in Mexico City
- Bachelor's Degree in Graphic Design and went on to study figurative and portrait art
- Using only a brush and paint to apply texture, Llegro shares fluid stories embracing optimism and strength



Exhibiting Artists

- 200+ exhibiting artists in 15 different mediums
- Selected from over 800+ applications
- “Blind Jury” selection process
- Jury panel includes artists, industry professionals, partner festival directors



Emerging Artist Program

- Program enhances the partnership with Richardson ISD
- 11 High School Seniors selected by jury to participate
- Artists exhibit artwork at the Eisemann Center during the month of April
- Scholarships provided to selected Best in Show, Second Place, Honorable Mention and People's Choice by Neighborhood Credit Union
- Participating Artists
 - **Berkner High School:** Sidra Siddiqui • Adam Teffera
 - **J.J. Pearce High School:** Skylar Caldwell • Baylee Cantrell • Julia Casales • Helen Levy • Emily Stansfield • Miranda Torres
 - **Richardson High School:** Alexis Dickson • Esmerelda Hernandez • Yaritza Pena



Visiting Artist Program

- Artistic program and partnership with Richardson ISD Fine Arts
- Designed to broaden the interest in visual arts and increase participation beyond the festival
- Opportunity for students to interact and learn from a professional artist
- An average of 8 artists participate each festival



ArtStop Children's Area

- Interactive on art and craft creations for children
- Engages and utilizes over 40+ volunteers to implement program
- Activities Include:
 - Canvas Classics
 - Clay Play
 - Cultural Corner – England
 - Dandy Dragonflies
 - Richardson Express
 - Throwin' Mud
 - Wee Weavers Sunflowers



Imagery Courtyard

- Select wine and craft beer garden
- Festival Headquarters for Information
- Cottonwood Boutique
 - Official 2023 Spring T-shirt and Tank-top
 - Retired t-shirts
 - Jackets
 - Stickers
 - Hats
 - Water Bottles
 - New and retired posters



IMAGERY.
WINE COLLECTION

Live Entertainment on Two Stages

Saturday, May 6

Imagery Courtyard Main Stage

- 10:00 a.m. – Lee Rotholz
- 11:45 a.m. – Texanadian
- 1:30 p.m. – Blurry
- 3:30 p.m. – Jon Christopher Davis
- 5:30 p.m. – Southpaw Preachers

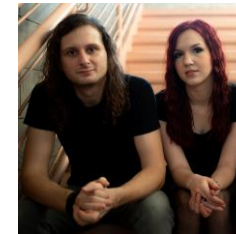
Sunday, May 7

Imagery Courtyard Main Stage

- 10:00 a.m. – Darrin Kobetich
- 11:45 a.m. – Jennifer Perryman
- 1:30 p.m. – Remy Reilly
- 3:30 p.m. – Mr. Inez Band

Acoustic Stage

- 11:00 a.m. – Jeff Groce
- 1:00 p.m. – Wyatt Martin
- 3:00 p.m. – Miller Campbell



Acoustic Stage

- 11:00 a.m. – Alex Lease
- 1:00 p.m. – Almost Jaded
- 3:00 p.m. – Matt Tedder



Artistic Food and Beverage Options

- Variety of food and beverage options
 - Al a Carte
 - Big D Kettle Corn
 - Churro Kings
 - Conway's
 - Eiland Coffee
 - Kona Ice
 - Mrs. Lively's Cajun
 - Murphy's Roasted Nuts
 - Satay Hut
 - Taylor's Sweet Shot
 - TC's Roasted Corn & Drinks
 - TM Frozen Treats
 - Wild West Soda
 - YUM Pig



Cottonwood Marketing

- On-air Radio
 - 91.7 KXTX
 - Classical 101.1 WRR-FM
- Digital Marketing
 - Digital Streaming Audio
 - CultureMap
 - Texas Monthly
 - KERA.org Art and Seek
 - Digital Billboard
 - Week in Review (Richardson Today)
 - Community Impact Newspaper
- Print
 - Dallas Observer
 - Richardson Today
 - Community Impact Newspaper
 - Utility Bill Insert
- Social Media Campaign - 23,000 likes, 24,000 followers





There's an art to having fun!