

Updated
11/1/24

HEIGHTS GYM SCHEDULE - NOVEMBER 2024



Gym is open during Heights Recreation Center operating hours, unless a program is using the space.

Hours of Operation: Mon-Thur: 6AM - 10PM Fri: 6AM - 9PM Sat: 8AM - 5PM Sun: 11AM - 5PM

White = Full Gym Open		Burnt Orange - Half Gym Closed			Green = Full Gym Closed			
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
6:00 AM	CLOSED						CLOSED	
6:30 AM								
7:00 AM								
7:30 AM								
8:00 AM								
8:30 AM								
9:00 AM								Soccer Sparks (9:00am - 12:30pm)
9:30 AM								
10:00 AM								
10:30 AM								
11:00 AM		Pickleball Open Play (11:00am - 3:00pm)		Pickleball Open Play (11:00am - 3:00pm)				
11:30 AM								
12:00 PM								
12:30 PM								
1:00 PM								
1:30 PM								
2:00 PM	Table Tennis Club (2:00pm - 5:00pm)							
2:30 PM								
3:00 PM								
3:30 PM								
4:00 PM								
4:30 PM								
5:00 PM	CLOSED		Archery (4:30pm - 6:30pm)				CLOSED	
5:30 PM		NOW Sports (5:30pm - 7:30pm)		NOW Sports (5:30pm - 7:30pm)				
6:00 PM						Table Tennis Club (6:00pm - 9:00pm)		
6:30 PM								
7:00 PM								
7:30 PM								
8:00 PM					Dodgeball (7:30pm - 10:00pm)			
8:30 PM			Adult Basketball (8:00pm - 10:00pm)		Adult Basketball (8:00pm - 10:00pm)	*Full Gym 11/7 only*		CLOSED
9:00 PM								
9:30 PM								

