

2024 WINTER RECREATION GUIDE

To enrich our community through innovative recreation and leisure experiences.

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INCLUSION POLICY

The City of Richardson's Parks and Recreation Department encourages people of all abilities to participate in the recreational activities that are of interest to them. We strive to enrich our community through innovative recreation and leisure experiences, and opportunities to increase life and leisure satisfaction. It is our goal that people achieve a more positive, independent leisure lifestyle while participating in all of the activities. If you require special assistance to participate in any classes or activities, call 972-744-7881 or 972-744-7850 or call the Therapeutic Recreation Coordinator at 972-744-7854. Any participants requiring assistance with matters not directly related to the activities and needing assistance with medications, toileting and feeding must bring a chaperone/aid. Volunteers are needed to work with individuals who require special assistance. Special skills are needed but not required. For information, please contact 972-744-7854.

To ensure the safety and enjoyment of others in recreation programs, participants are expected to display appropriate behaviors. The success of all recreation activities depends not only on good planning and instruction, but the conduct of participants. Appropriate behavior includes the ability to follow instructions and interact with other individuals in a positive manner. Parks and Recreation staff will discuss behaviors of concern with the participant and his/her family when necessary.

Holiday Facility Closure Schedule

Gymnastics Center
 Nov. 22 (camps only)
 Nov. 22 (closed)
 Nov. 23 (closed)
 Nov. 24 (closed)
 Dec. 23 (closed)
 Dec. 24 (closed)
 Dec. 25 (closed)
 Dec. 26 (closed)
 Dec. 31 (closed)
 Jan. 1 (closed)
 Jan. 2 (closed)

Heights & Huffhines Recreation Centers
 Nov. 22 (closes at 5 p.m.)
 Nov. 23 (closed)
 Nov. 24 (open 8 a.m.-5 p.m.)
 Dec. 23 (open 8 a.m.-5 p.m.)
 Dec. 24 (closed)
 Dec. 25 (closed)
 Dec. 26 (closed)
 Dec. 31 (closed)
 Jan. 1 (closed)
 Jan. 2 (open 6 a.m.-10 p.m.)

Huffhines Tennis Center
 Nov. 23 (closed)
 Dec. 24 (closed)
 Dec. 25 (closed)
 Dec. 31 (open 8 a.m.-5 p.m.)
 Jan. 1 (closed)
Senior Center
 Nov. 22 (closes at 5 p.m.)
 Nov. 23 (closed)
 Nov. 24 (closed)
 Dec. 23 (open 8 a.m.-1 p.m.)
 Dec. 24 (closed)

Dec. 25 (closed)
 Dec. 26 (closed)
 Dec. 31 (closed)
 Jan. 1 (closed)
 Jan. 2 (open 8 a.m.-8 p.m.)

Sherrill Park Golf Course
 Nov. 23 (closed)
 Dec. 25 (closed)

www.cor.net/holidayschedule

Heights Recreation Center



711 W. Arapaho Rd. • 972-744-7851

Hours of Operation:
 Monday-Thursday: 6 a.m.-10 p.m.
 Friday: 6 a.m.-9 p.m.
 Saturday: 8 a.m.-5 p.m.
 Sunday: 11 a.m.-5 p.m.

Huffhines Recreation Center



200 N. Plano Rd. • 972-744-7881

Hours of Operation:
 Monday-Thursday: 6 a.m.-10 p.m.
 Friday: 6 a.m.-9 p.m.
 Saturday: 8 a.m.-5 p.m.
 Sunday: 11 a.m.-5 p.m.

Rec centers offer affordable way to reach fitness goals

Being a resident of the City of Richardson comes with many perks, and one of them is being able to use the fitness facilities at the City's two recreation centers, Heights and Huffhines, at a very reasonable cost. Yearly memberships ranging from \$35-\$60 (\$70-\$120 for nonresidents) allow access to both centers, which include a cardio fitness area/weight room, a full-sized gym including a regulation-sized basketball court, a game room, free WiFi, a sauna and locker rooms. Since both centers were built within the last decade, members enjoy modern workout equipment and facilities.

Both Heights and Huffhines offer activities unique to their location that can be added on to a workout for a separate charge (or enjoyed without a membership). Across Duck Creek from Huffhines lies Huffhines Tennis Center, which features 10 lighted courts and is open year-round. Huffhines Tennis Center has a fully stocked pro shop and offers private and semi-private lessons for juniors and adults. Group lessons are also available in three-week blocks.

Summertime workouts at Heights can include a swim, thanks to the nearby Heights Family Aquatic Center and its lap pool. The summer swim season opens in late May and extends through Labor Day weekend.

Both recreation centers host activity classes for all ages year-round through the Parks and Recreation Department. Classes include martial arts, a variety of dance forms for children and adults, yoga, Zumba, Pilates and fitness boot camps. Non-physical classes offered at the two rec centers include arts and crafts for all ages, music, acting and educational classes designed to get preschoolers ready to enter kindergarten.

Rec center membership costs vary by age. Please note that children under 6 are not required to have a membership, but must be accompanied by an adult member. Resident rates are available only to persons who live in the City of Richardson and provide a driver's license and current water bill. People who work in Richardson may purchase a corporate membership by providing a recent paycheck stub or a corporate photo ID.

Memberships may be purchased in person at either center or through www.cor.net/parksonline. For more information



Age Group	Residents			Nonresidents		
	Annual	Daily	Monthly	Annual	Daily	Monthly
Youth (6-17)	\$35	\$5	\$10	\$70	\$10	\$20
Adult (18-54)	\$60	\$7	\$15	\$120	\$14	\$30
Senior (55 and up)	\$35	\$5	\$10	\$70	\$10	\$20
Family (up to 4)	\$135	N/A	N/A	\$270	N/A	N/A
Corporate	N/A	N/A	N/A	\$90	\$8	N/A

tion about the recreation centers and memberships, go to www.cor.net/parks. Information about rec center classes may be found at www.cor.net/parksonline. For aquatics

and tennis information, visit www.cor.net/aquatics and www.cor.net/tennis.



Adaptive and Special Events

Letter from Santa Request Form

Send your child a personalized letter from Santa Claus! For children of all ages, each letter is addressed specifically to the individual child and sent on very special stationery!

No registrations taken after Dec. 6 to ensure delivery before Christmas Eve. Letters will start being mailed the last week of November. Please use the form below. Please use a separate form for each child. Forms may be copied. One check can be written for multiple forms.

Child's name _____

Mailing address _____

City _____

State _____ **ZIP** _____

Name child goes by _____

Boy _____ **Girl** _____ **Date of birth** _____

One or two items requested for Christmas

This form is for a letter from Santa only. The City of Richardson does not provide the items requested.

Your name _____

Date of birth _____

Telephone number _____

Address _____

State _____ **ZIP** _____

E-mail _____

\$5 fee per letter by check or money order, payable to City of Richardson

MasterCard or Visa card number: _____

Cardholder name: _____

Exp. Date: _____

Mail requests to: Letter from Santa, 200 N. Plano Road, Richardson, TX 75081 **Registration #36573**

Santa's Village AT HUFFHINES PARK

ADAPTIVE DAY

Experience Santa's Village in a sensory sensitive environment!

SUNDAY, DEC. 3

Huffhines Park | 1500 Apollo Rd.
Open to all ages

- Attendees can select specific entry times starting at 2 p.m.
- Please limit additional guests to immediate family so more can enjoy.

SCAN NOW
TO REGISTER!

PRE-REGISTRATION
REQUIRED

Visit cor.net/santasvillage or call 972-744-4580.

Breakfast with Santa

Create a holiday memory and share breakfast with Santa Claus! Your child will also make a craft.

HUFFHINES RECREATION CENTER
Saturday, Dec. 16 | 9:30 a.m.-noon
\$10 per child | Ages 2-10
Please register by Dec. 13.
#37997

ADAPTIVE

Santa's COUNTRY CHRISTMAS

Park

#38032

FRIDAY, DEC. 22

5:15-10 p.m. | \$10

Come with us as we take a van ride to see Santa's Country Christmas drive thru lighted park in Seagoville. We will stop and get something to eat on the way to the park so bring money for food and drink. We will go to Granny's Fried Chicken for dinner on the way. The themed lighted displays have over 2.5 million led Christmas lights to brighten the park as you drive through.

ADAPTIVE

THE DALLAS WORLD AQUARIUM

#38038

SATURDAY, JAN. 13

9:15 a.m.-4:15 p.m. | \$35

Join us as we venture to the Dallas World Aquarium where we will see all kinds of animals that live in the waters beneath the surface. This will be quite the learning experience for all the landlovers in our midst. We look forward to starting this new year off with a wild adventure into the depths of what covers 2/3 of the surface of this planet we call home.

OUT OF THIS GALAXY

DADDY DAUGHTER DANCE

FRIDAY, FEB. 9

6:30- 9:30 P.M.
RICHARDSON SENIOR CENTER | #38523

\$70 PER COUPLE FOR RESIDENTS
\$72 PER COUPLE FOR NONRESIDENTS

INCLUDES:
Dinner, favor bag and photograph of you and your daughter from a professional photographer

EACH ADDITIONAL DAUGHTER IS:
\$45 with a photograph or \$35 without a photograph

LIMITED SPACE AVAILABLE!
Registration deadline is Feb. 1 or when full

Registration available online, via phone or in person at Heights Recreation Center,

972-744-7850

2024 PHOTO CONTEST

2023 Best of Show and Best of Division Winners and 2023 Judges Exhibit
Jan. 13-Feb. 2 | Huffhines Recreation Center

Entries Accepted
Jan. 13-28 | Huffhines Recreation Center

Results Available Feb. 2 at
www.cor.net/photocontest

2024 Contest Results Exhibit
Feb. 3-20 | Huffhines Recreation Center

2024 Awards Ceremony and Judges Workshop
Thursday, Feb. 22, 6-8 p.m.
Eisemann Center Bank of America Hall

Entry forms available to pick up at Huffhines Recreation Center or to download at www.cor.net/photocontest

ENTRY FEES
Student: \$5 | Adult Amateur & Proficient: \$10

ADAPTIVE

Valentine Jubilee

#38031

SATURDAY, FEB. 10

7-9:30 p.m. | \$30

We will be celebrating this exciting and romantic holiday with a dinner and a dance! It will surely be all your heart desires! No date is necessary, so come enjoy a fabulous evening with your friends. You will have dinner and a full night of dancing to music from our disc jockey. We will have plenty of fun with food, dancing, contests and more! Space is limited so sign up today! Due to catering, registration ends Feb. 6, or when full. Sorry, no drop-in registrations will be available.

Registration begins Nov. 1. See full class descriptions and register online for the weekend events at www.cor.net/parksonline.



Adaptive Classes

Adaptive Dance Class

Ages 16 and up. This introductory course is designed to learn different styles of social and performance dances. It promotes aerobic exercise and basic choreography. New dances are learned each week. No experience necessary.

38021 W	Jan 17-Mar 6	6:15p-7:00p	HTS	\$48
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All About Adaptive Tennis

Ages 12 and up. Each week you will learn the different aspects of tennis and how to modify the game to fit your specific needs.

38034 W	Dec 6-Feb 28	4:00p-5:00p	HTS	\$20
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Archery for All

Ages 10 and up. This class will focus on range safety, proper shooting techniques and a basic knowledge of the steps to shooting archery (target style). Parent or guardian must be on the premises if child is under 18 years of age or if needed to assist the participant while in class. All equipment is included.

38035 T	Dec 5-Dec 26	6:30p-7:30p	HTS	\$20
38036 T	Jan 9-Jan 30	6:30p-7:30p	HTS	\$20
38037 T	Feb 6-Feb 27	6:30p-7:30p	HTS	\$20

Beyond Karate

Beyond Karate classes are designed for students with special needs and their siblings. Both regular and adapted curriculum is offered. Karate uniform will be provided. Belt promotion fee applicable upon student's readiness for a belt test. Enrollment in either a Tuesday class at Heights or a Friday class at Huffhines gains you admission into not only that class, but also the corresponding class the other day at the other recreation center. You get two classes for the price of one. For more information, visit www.beyondkarate.com.

Beginner Heights (Ages 6 and up)

38025 T	Dec 5-Dec 12	5:00p-6:00p	HTS	\$50
38026 T	Jan 9-Jan 30	5:00p-6:00p	HTS	\$86
38027 T	Feb 6-Feb 27	5:00p-6:00p	HTS	\$86

Beginner Huffhines (Ages 6 and up)

37798 F	Dec 1-Dec 15	5:00p-6:00p	HUF	\$50
37799 F	Jan 5-Jan 26	5:00p-6:00p	HUF	\$86
37800 F	Feb 2-Feb 23	5:00p-6:00p	HUF	\$86

Intermediate Heights (Ages 12 and up)

38028 T	Dec 5-Dec 12	6:00p-7:00p	HTS	\$50
38029 T	Jan 9-Jan 30	6:00p-7:00p	HTS	\$86
38030 T	Feb 6-Feb 27	6:00p-7:00p	HTS	\$86

Intermediate Huffhines (Ages 12 and up)

37801 F	Dec 1-Dec 15	6:00p-7:00p	HUF	\$50
37802 F	Jan 5-Jan 26	6:00p-7:00p	HUF	\$86
37803 F	Feb 2-Feb 23	6:00p-7:00p	HUF	\$86

Advanced Heights (Ages 14 and up)

38022 T	Dec 5-Dec 12	7:00p-8:00p	HTS	\$50
38023 T	Jan 9-Jan 30	7:00p-8:00p	HTS	\$86
38024 T	Feb 6-Feb 27	7:00p-8:00p	HTS	\$86

Advanced Huffhines

37804 F	Dec 1-Dec 15	7:00p-8:00p	HUF	\$50
37805 F	Jan 5-Jan 26	7:00p-8:00p	HUF	\$86
37806 F	Feb 2-Feb 23	7:00p-8:00p	HUF	\$86

Shining Soccer Stars NEW!

Our Shining Stars program teaches soccer skills in a fun, non-competitive educational environment. We use soccer to promote socialization, strengthen peer interactions and advance gross and fine motor skills. A onetime \$30 materials fee includes an Adidas jersey and soccer ball.

Ages 4-10

38331 Sa	Jan 6-Jan 27	10:05a-10:50a	HTS	\$99
38332 Sa	Feb 3-Feb 24	10:05a-10:50a	HTS	\$99

Ages 10-29

38334 Sa	Jan 6-Jan 27	10:55a-11:40a	HTS	\$99
38335 Sa	Feb 3-Feb 24	10:55a-11:40a	HTS	\$99



Preschool Classes

Arts and Crafts

Little Artists

Ages 2-3. Come join us for a fun parent and me arts and crafts class. Each class includes a themed craft using paints, glue, markers, crayons and more. Dress appropriately, things can get messy.

Butterflies and Hearts

38074 F	Jan 26-Feb 16	10:00a-11:00a	HUF	\$45
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Precious Pets

37891 T	Feb 6-Feb 27	10:00a-11:00a	HUF	\$45
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Winter Wonderland!

38075 T	Jan 9-Jan 30	10:00a-11:00a	HUF	\$45
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Educational



Little Science Explorer

Ages 3 1/2-5. Your child will enjoy a science curriculum and group play while socializing with other children all while you get to enjoy some "me time" at Huffhines. We are not a licensed day care facility. Parents must stay on premises while your child is in class and the child must be potty trained.

37892 F	Dec 1-Jan 19	9:00a-11:00a	HUF	\$60
37893 F	Jan 26-Feb 23	9:00a-11:00a	HUF	\$50



Preschool Classes

My Morning Preschool

Ages 4-5. Get a jump on kindergarten! Participants will learn about ABC's, 123's, arts, crafts, music, games, life skills and much more. These courses are designed to ease your child into a regular kindergarten routine.

37907 T,Th	Dec 5-Jan 25	9:00a-11:00a	HUF	\$120
37908 T,Th	Jan 30-Feb 29	9:00a-11:00a	HUF	\$100

Music

Kindermusik Away We Go

Ages 1-3. This class will focus on transportation, a favorite topic for toddlers who are on the go, go, go! Sing and play along with favorite songs such as "I've Been Working on the Railroad" and "Wheels on the Bus."

38016 W	Jan 31-Apr 24	10:00a-10:45a	HTS	\$195
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Kindermusik Level 1: Cock-a-doodle Moo & Dewdrops

1 year olds. You will sing songs about the farm including "Old MacDonald," "Hayride" and "Clever Cows." You'll engage in rituals and playful activities with your baby, including infant massage, lap bounces, exercise and quiet time. Then, parents and babies will play and move together to songs about flowers such as "Jasmine Flower," "How Does Your Garden Grow" and "White Coral Bells." You'll also hear traditional Irish music, dance a jig and move to the "Irish Trot."

38017 W	Jan 31-Apr 24	11:00a-11:45a	HTS	\$195
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Sports

Shining Soccer Stars—Parent & Me NEW!

Ages 1-2. This class will focus on simplifying soccer into specific components, while teammates work together to build new skills in a fun, non-competitive class. Our puppet friends, Mimi and Pepe, take you and your little one through exciting activities. A onetime \$30 materials fee includes an Adidas jersey and soccer ball.

38328 Sa	Jan 6-Jan 27	9:30a-10:00a	HTS	\$99
38329 Sa	Feb 3-Feb 24	9:30a-10:00a	HTS	\$99



Children/Youth Classes

Arts and Crafts

Candle-Making

Ages 12 and up. Create your very own customized luxury candle with sustainable and high quality ingredients. Light refreshments will be served. There is an additional \$20 supply fee that will be paid to the instructor.

37813 Sa	Dec 9	noon-2:00p	HUF	\$25
37814 Sa	Dec 30	noon-2:00p	HUF	\$25
37815 Sa	Jan 20	noon-2:00p	HUF	\$25
37816 Sa	Jan 27	noon-2:00p	HUF	\$25
37817 Sa	Feb 17	noon-2:00p	HUF	\$25
37818 Sa	Feb 24	noon-2:00p	HUF	\$25

Crochet Classes

Ages 9 and up. Begin your journey from basic to more complex stitches while moving at your own, comfortable, pace. Yarn and hooks are provided. Please bring something to take notes.

37841 Sa	Dec 2	1:30p-3:00p	HUF	\$35
37842 Sa	Jan 6	1:30p-3:00p	HUF	\$35
37843 Sa	Feb 3	1:30p-3:00p	HUF	\$35

Cooking

Chefville—Noodles

Ages 7-14. Chefs will make and explore ramen and udon noodles as well as soups, stocks and garnishes for the noodles. Supply fee of \$12 due to the instructor on the first day of class.

37819 Sa	Feb 10	10:00a-noon	HUF	\$22
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Chefville—Snacks vs. Chef

Ages 7-14. Come help us recreate some of the world's most popular snacks. We will be working with ingredients that are sweet, salty and sour. How would you like to learn how fruit roll-ups, Oreos, and other snacks are made? Come join us for a morning of fun and discovery. Supply fee of \$12 due to the Instructor on the first day of class.

37823 Sa	Jan 13	10:00a-noon	HUF	\$22
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Drama

Drama Kids Composite Program

Ages 6-11. Drama Kids develops all kids. We are a place where all children, from the shy to the outgoing, can develop at their own pace with plenty of positive encouragement. Our specialty is using a wide range of unique drama activities to focus the bold, outspoken child and to draw out the quiet child or the inarticulate child and help them reach into themselves to discover their full potential. To learn more about our program visit, www.dramakids.com/tx3.

38205 Th	Jan 4-Feb 29	6:00p-7:00p	HTS	\$176
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Educational

Create and Learn Virtual Classes

These classes teach students to develop programs using a variety of platforms and techniques. For full class descriptions, prerequisites and technology requirements, search by class number on www.cor.net/parksonline.

Minecraft Modding Quest Units 1 & 2 (Ages 8-11)

38048 T-F	Dec 26-Jan 5	noon-12:55p	HUF	\$138
38049 W	Jan 17-Mar 6	7:30p-8:25p	HUF	\$138
38050 M	Jan 22-Mar 11	4:30p-5:25p	HUF	\$138



Children/Youth Classes

Modern Web Design w/ WIX: Units 1&2 (Ages 10-17)

37833 T	Dec 12-Feb 13	4:30p-5:25p	HUF	\$216
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Python for A.I. Units 1-3 (Ages 10-17)

37834 Th	Dec 14-Mar 7	4:30p-5:25p	HUF	\$246
38051 Th	Jan 18-Apr 4	4:30p-5:40p	HUF	\$246
38052 Th	Jan 25-Apr 4	6:00p-7:10p	HUF	\$246

Scratch Junior (Ages 5-7)

37835 F	Jan 5-Feb 9	6:00p-6:45p	HUF	\$105
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Scratch Ninja Units 1-2 (Ages 7-10)

38044 T-F	Dec 26-Jan 5	11:00a-11:55a	HUF	\$138
38045 T	Jan 9-Feb 27	7:30p-8:25p	HUF	\$138
38046 Sa	Jan 20-Mar 9	11:30a-12:25p	HUF	\$138
38047 W	Jan 31-Mar 20	4:30p-5:25p	HUF	\$138

Scratch Ninja Units 1-3 (Ages 7-11)

37836 M	Dec 11-Feb 26	3:00p-3:55p	HUF	\$197
37837 Sa	Dec 16-Mar 2	4:30p-5:25p	HUF	\$197

The Home School Life NEW!

Ages 5-11. Each session/week will have a character trait theme such as gratitude, peace, empathy, resilience, growth mindset, compassion or leadership. Students will learn social skills, yoga, art, crafts and teambuilding. For a full description, visit www.cor.net/parksonline. Supply Fee: \$10.

Three Classes Per Week

38146 M,W,F	Jan 8-Jan 31	11:00a-noon	HUF	\$65
38147 M,W,F	Feb 2-Feb 28	11:00a-noon	HUF	\$65

Two Classes Per Week

38149 M,W,F	Feb 2-Feb 28	11:00a-noon	HUF	\$45
38148 M,W,F	Jan 8-Jan 31	11:00a-noon	HUF	\$45

One Class Per Week

38150 M,W,F	Jan 8-Jan 31	11:00a-noon	HUF	\$25
38151 M,W,F	Feb 2-Feb 28	11:00a-noon	HUF	\$25

First Aid & Safety

ASHI Childcare & Babysitting

Ages 11-17. The No. 1 priority of this course is to provide individuals with a clear and comprehensive understanding for confident and effective care while babysitting. This program covers age-appropriate CPR and first aid, choking for an infant and child, diaper changing, burping, feeding and how to run an effective babysitting business. Students will receive a workbook and certification card (valid for two years) upon completion.

38155 Sa	Dec 9	10:00a-2:00p	HTS	\$100
38321 Sa	Feb 10	10:00a-2:00p	HTS	\$100

Core AED/CPR & First Aid

Ages 11 and up. The goal of the Core CPR course is to familiarize individuals with the manual application of CPR in a clear and effective manner. AED instruction will ensure comprehensive discernment of how to manipulate the machine successfully, while understanding how and when it should be applied. The curriculum is consistent with widely accepted 2020 guidelines for cardiopulmonary resuscitation. Upon completion of this course, students will receive a two-year certification.

38195 Th	Jan 11	6:00p-8:30p	HTS	\$58
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Fitness/Sports

Basketball Shooting Class

Ages 5-16. Elevate your shooting skills to the next level with our comprehensive program, now featuring the cutting-edge Shoot-A-Way shooting machine! This state-of-art technology will revolutionize your training, allowing you to focus on form, repetition and muscle memory.

38174 S,Sa	Dec 9-Dec 31	noon-1:00p	HTS	\$200
38175 S,Sa	Jan 6-Jan 28	noon-1:00p	HTS	\$200
38176 S,Sa	Feb 3-Feb 25	noon-1:00p	HTS	\$200

Beginner Basketball Skills, Drills, & Play

Ages 4-18. Our experienced coaches will guide you through our training curriculum, focusing on fundamental techniques, agility, shooting, teamwork and strategic gameplay. Each session will consist of drills designed to improve shooting, ball handling, passing, defense, footwork and confidence. \$20 drop in registration available.

38180 T,Th	Dec 5-Dec 28	5:00p-6:00p	HTS	\$150
38181 T,Th	Jan 2-Jan 30	5:00p-6:00p	HTS	\$150
38182 T,Th	Feb 1-Feb 29	5:00p-6:00p	HTS	\$150

Heights Future Stars Open Runs and Training

Ages 6-16. Athletes will be put on teams coached in scrimmages. We will focus on increasing confidence, commitment, and persistence.

38632 Th	Dec 7-Dec 28	6:00p-7:30p	HTS	\$50
38633 Th	Jan 4-Jan 25	6:00p-7:30p	HTS	\$50
38634 Th	Feb 1-Feb 29	6:00p-7:30p	HTS	\$50

Home School Basketball NEW!

Ages 4-14. Our program focuses on developing fundamental basketball skills, teamwork and sportsmanship in a supportive environment. We provide a well-rounded and inclusive

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Registration begins Nov. 1. See full class descriptions and register online at www.cor.net/parksonline.



Children/Youth Classes

Intermediate/Advanced Basketball Skills, Drills & Play

Ages 4-18. Take your basketball game to new heights with our exclusive program tailored to elevate your skills. Join a community of dedicated athletes, train with elite coaches and engage in intense drills, tactical strategies and competitive gameplay.

38250 T,Th	Dec 5-Dec 28	6:00p-7:00p	HTS	\$200
38251 T,Th	Jan 2-Jan 30	6:00p-7:00p	HTS	\$200
38252 T,Th	Feb 1-Feb 29	6:00p-7:00p	HTS	\$200

Intro to Archery

Ages 10 and up. Introduction of the basic steps of how to shoot archery (target style). See and use different styles of equipment while learning from a USA Archery Certified Instructor and benefit from years of knowledge in the sport. Parent or guardian must be on the premises if child is under 18 years of age.

38260 T	Dec 5-Dec 26	4:30p-5:30p	HTS	\$20
38261 T	Jan 9-Jan 30	4:30p-5:30p	HTS	\$20
38262 T	Feb 6-Feb 27	4:30p-5:30p	HTS	\$20

Middle School Basketball Academy NEW!

Ages 10-17. This is the perfect place for young athletes to begin their basketball journey or further develop their skills. We'll also have organized games on Saturdays where members of the Academy will have the chance to apply what they've learned in a game setting and build confidence. Please contact Coach Stevenson at 214-463-1979 before signing up.

38266 M,W	Dec 4-Dec 27	5:00p-6:00p	HTS	\$180
38267 M,W	Jan 3-Jan 31	5:00p-6:00p	HTS	\$180
38268 M,W	Feb 5-Feb 28	5:00p-6:00p	HTS	\$180

Point Guard University

Ages 10-17. At Point Guard University athletes will learn all the different aspects of playing the point guard position. We will help your leadership skills, game situations, pick n roll, ball handling, passing, defense, footwork, and finishing moves as well as confidence and understanding of the game.

38340 M,W	Dec 4-Dec 27	6:00p-7:00p	HTS	\$200
38341 M,W	Jan 3-Jan 31	6:00p-7:00p	HTS	\$200
38342 M,W	Feb 5-Feb 28	6:00p-7:00p	HTS	\$198

Skyhawks Basketball

This fun, skill-intensive program is designed for the beginning to intermediate player. Using our progression curriculum, we focus on the whole player, teaching sportsmanship and teamwork. Students will learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based instruction and small-sided scrimmages.

Ages 4-6				
37925 T	Jan 9-Jan 30	5:00p-6:00p	HUF	\$75
37926 T	Feb 6-Feb 27	5:00p-6:00p	HUF	\$75

Ages 7-12				
37928 T	Jan 9-Jan 30	5:00p-6:00p	HUF	\$75
37929 T	Feb 6-Feb 27	5:00p-6:00p	HUF	\$75

Skyhawks Flag Football

Ages 7-12. Give your child the perfect introduction to America's favorite game with Skyhawks Flag Football Fueled by USA Football. Students learn fundamentals like passing, receiving, kicking and flag pulling in a fun, positive environment.

37931 W	Jan 10-Jan 31	6:00p-7:00p	HUF	\$75
37932 W	Feb 7-Feb 28	6:00p-7:00p	HUF	\$75

Skyhawks Volleyball

Ages 6-12. Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. This program is designed for the beginning to intermediate player.

37934 M	Jan 8-Jan 29	5:00p-6:00p	HUF	\$75
37935 M	Feb 5-Feb 26	5:00p-6:00p	HUF	\$75

Soccer Sparks

Soccer Sparks fosters skill improvement and builds player confidence. Learn how to perfect skills such as dribbling, passing, shooting and teamwork in a fun and encouraging environment.

Kickin' with the Parents (Ages 2-3)				
37943 F	Jan 5-Jan 26	4:30p-5:00p	HUF	\$52
38284 Sa	Jan 6-Jan 27	9:30a-10:00a	HTS	\$52
37944 F	Feb 2-Feb 23	4:30p-5:00p	HUF	\$52
38285 Sa	Feb 3-Feb 24	9:30a-10:00a	HTS	\$52

Kick the Ball (Ages 3-4)				
37940 F	Jan 5-Jan 26	5:00p-5:30p	HUF	\$52
38281 Sa	Jan 6-Jan 27	9:00a-9:30a	HTS	\$52
37941 F	Feb 2-Feb 23	5:00p-5:30p	HUF	\$52
38282 Sa	Feb 3-Feb 24	9:00a-9:30a	HTS	\$52

Dribble, Kick and Pass (Ages 4-5)				
37937 F	Jan 5-Jan 26	5:35p-6:20p	HUF	\$52
37938 F	Feb 2-Feb 23	5:35p-6:20p	HUF	\$52
38278 Sa	Jan 6-Jan 27	10:00a-10:45a	HTS	\$52
38279 Sa	Feb 3-Feb 24	10:00a-10:45a	HTS	\$52

Youth Soccer (Ages 6-9)				
37946 F	Jan 5-Jan 26	6:25p-7:10p	HUF	\$52
38287 Sa	Jan 6-Jan 27	10:45a-11:30a	HTS	\$52
37947 F	Feb 2-Feb 23	6:25p-7:10p	HUF	\$52
38288 Sa	Feb 3-Feb 24	10:45a-11:30a	HTS	\$52

Youth Soccer (Ages 9-12)				
38324 Sa	Jan 6-Jan 27	11:35a-12:20p	HTS	\$52
38325 Sa	Feb 3-Feb 24	11:35a-12:20p	HTS	\$52

Games

Chess Class—Beginner

Ages 6 and up. Beginner Chess is an 8-9 week course for students with limited or no experience with chess.

37824 Th	Dec 7-Jan 25	5:00p-6:00p	HUF	\$80
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Part 2				
37825 Th	Dec 7-Dec 28	5:00p-6:00p	HUF	\$40
37827 Th	Feb 1-Feb 29	5:00p-6:00p	HUF	\$40

Part 1				
37826 Th	Jan 4-Jan 25	5:00p-6:00p	HUF	\$40



Children/Youth Classes

Chess Class—Intermediate

Ages 6 and up. Intermediate-level students will learn the intricacies of chess in a fun and exciting environment. Our one-month curriculum includes lessons for seasoned players who want the time and space to challenge themselves. Classes will be scaled to the intermediate level and structured with a combination of lessons and practice time.

37828 Th	Dec 7-Dec 28	6:00p-7:00p	HUF	\$40
37829 Th	Jan 4-Jan 25	6:00p-7:00p	HUF	\$40
37830 Th	Feb 1-Feb 29	6:00p-7:00p	HUF	\$40

Mini Camps

Animal Professors

Ages 5-8. Learn about fish, amphibians, reptiles, mammals and birds! Discover more about their behaviors and habitats, and even compare skeletons of various creatures.

38073 T-F	Jan 2-Jan 5	9:00a-noon	HUF	\$120
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Artful Explorations Winter Camp

Ages 6-12. Give your young artist an opportunity to peak their interest in fine art by painting four oil or acrylic paintings in two days! Students will learn about color theory, brush strokes, perspective and more! Please wear an apron and bring some paper towels and a snack each day. NOT CRAFTS! \$60 supply fee

37786 T-F	Jan 2-Jan 5	1:00p-4:00p	HUF	\$69
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Crochet Camp

Ages 7-16. Campers will learn the foundation stitches of crochet and make fun projects to practice and learn great crochet skills. Yarn, hooks and snacks will be provided. Please bring something to take notes.

38053 T-F	Jan 2-Jan 5	1:00p-3:00p	HUF	\$104
38058 M	Feb 19	1:00p-3:00p	HUF	\$50

Heights Day Camps NEW!

Ages 5-12. These camps take place during RISD Staff Development/Student Holidays. We will have fun in the sun at Heights Park and then retreat to Heights Recreation Center for indoor activities. Come with a sack lunch, water bottle, plenty of snacks and your playful side. A \$15 late registration fee will apply to campers who register for camps late.

Recess Camp				
37755 M,T	Nov 6-Nov 7	7:30a-6:00p	HTS	\$85
37758 M	Feb 19	7:30a-5:30p	HTS	\$40

Fall Break Camp				
37760 M-W	Nov 20-Nov 22	7:30a-6:00p	HTS	\$75

Winter Break Camp				
38003 W-F	Dec 27-Dec 29	7:30a-6:00p	HTS	\$75
38004 T-F, M	Jan 2-Jan 8	7:30a-6:00p	HTS	\$125

Holiday Construction Camp

Ages 5-7. Experience the basics of support and stress while building bridges, castles, cabins, space ships and more using recycled items, magnetic blocks, Lincoln logs, tinker toys and other materials. Bring a snack.

38077 W-F	Dec 27-Dec 29	9:00a-noon	HUF	\$110
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Science Professor's Camp

Ages 5-7. Hands on activities, crafts and videos open the worlds of crystals, chemistry, space, plants, animals, rocks and minerals to young scientists. Bring a snack.

37923 M-F	Dec 18-Dec 22	9:00a-noon	HUF	\$130
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Music

Instant Guitar for Hopelessly Busy People NEW!

Ages 13 and up. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question-and-answer session. Class is held online using Zoom and is partly hands-on instruction and partly lecture/demonstration. For more information, contact Craig Coffman at chordsarekey@gmail.com.

38239 T	Jan 30	6:30p-9:00p	HTS	\$70
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Instant Piano for Hopelessly Busy People NEW!

Ages 13 and up. Learn to play piano the way professionals do: using chords. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question-and-answer session. Class is held online using Zoom and is partly hands-on instruction and partly lecture demonstration. For more information, contact Craig Coffman at chordsarekey@gmail.com.

38240 M	Jan 29	6:30p-9:30p	HTS	\$70
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Ivory Clusters NEW!

Ages 7-10. Ivory Clusters is a performance-based, group voice lessons tailored to beginner musicians to teach them the foundations of music and vocal techniques.

38263 Th	Dec 7-Dec 21	5:00p-6:00p	HTS	\$60
38264 Th	Jan 18-Jan 25	5:00p-6:00p	HTS	\$40
38265 Th	Feb 1-Feb 29	5:00p-6:00p	HTS	\$100

Music Discovery Piano—Beginner NEW!

Ages 7-11. Learn the basics of playing piano including proper playing technique, note recognition and the fundamentals of music theory. Instruction is based on age-appropriate learning materials. Activities include worksheets, solo and group performance. \$5 supply fee for lesson books. The morning classes are homeschool classes.

37898 W	Dec 6-Dec 20	10:00a-10:30a	HUF	\$52
37895 Th	Dec 7-Dec 21	4:45p-5:15p	HUF	\$52
37899 W	Jan 3-Jan 24	10:00a-10:30a	HUF	\$69
37896 Th	Jan 4-Jan 25	4:45p-5:15p	HUF	\$69
37897 Th	Feb 1-Feb 22	4:45p-5:15p	HUF	\$69
37900 W	Feb 7-Feb 28	10:00a-10:30a	HUF	\$69



Children/Youth Classes

Music Discovery Piano—Intermediate NEW!

Ages 7-11. Learn the basics of playing piano including proper playing technique, note recognition and the fundamentals of music theory. Instruction is based on age-appropriate learning materials. Activities include worksheets, solo and group performance. \$5 supply fee for lesson books. The morning classes are homeschool classes.

37901 W	Dec 6-Dec 20	10:35a-11:05a	HUF	\$52
37904 Th	Dec 7-Dec 21	5:20p-5:50p	HUF	\$52
37902 W	Jan 3-Jan 24	10:35a-11:05a	HUF	\$69
37905 Th	Jan 4-Jan 25	5:20p-5:50p	HUF	\$69
37906 Th	Feb 1-Feb 22	5:20p-5:50p	HUF	\$69
37903 W	Feb 7-Feb 28	10:35a-11:05a	HUF	\$69

Violin—Beginners

Ages 4-6. You can never start too young when introducing your child to the beat rhythm and a musical instrument. After the session you will be able to play "Twinkle, Twinkle Little Star." Violin, Suzuki Book I and shoulder pad are required. No class on Dec. 26.

37963 T	Dec 5-Feb 27	3:45p-4:15p	HUF	\$144
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Violin—Beginner/Intermediate

Ages 7-12. Students will learn the sight reading, beat counting and techniques of violin/viola to apply to school orchestra. Violin, Suzuki Book I and shoulder pad are required. No class on Dec. 26.

37962 T	Dec 5-Feb 27	4:15p-4:45p	HUF	\$144
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Adult Classes

Arts and Crafts

Candle-Making

Ages 12 and up. Create your very own customized luxury candle with sustainable and high quality ingredients. Light refreshments will be served. There is an additional \$20 supply fee that will be paid directly to the instructor.

37813 Sa	Dec 9	noon-2:00p	HUF	\$25
37814 Sa	Dec 30	noon-2:00p	HUF	\$25
37815 Sa	Jan 20	noon-2:00p	HUF	\$25
37816 Sa	Jan 27	noon-2:00p	HUF	\$25
37817 Sa	Feb 17	noon-2:00p	HUF	\$25
37818 Sa	Feb 24	noon-2:00p	HUF	\$25

Crochet Classes

Ages 18 and up. Begin your journey from basic to more complex stitches while moving at your own, comfortable, pace. Yarn and hooks are provided. Please bring something to take notes.

37846 M	Dec 4	7:15p-8:45p	HUF	\$35
37849 M	Dec 18	7:15p-8:45p	HUF	\$35
37844 M	Jan 8	7:15p-8:45p	HUF	\$35
37847 M	Jan 22	7:15p-8:45p	HUF	\$35
37845 M	Feb 5	7:15p-8:45p	HUF	\$35
37848 M	Feb 26	7:15p-8:45p	HUF	\$35

Photography Class

Ages 18 and up. All levels are included. In this class you will receive instruction on photographic elements of exposure, composition, artistic design and understanding light and ways to manipulate the light in your photography. The primary goal is to learn to create, process and edit digital images to articulate previsualized messages. Required Course Materials: A digital 35 mm camera, APS-C or Full Frame sensor. The camera should be capable of producing RAW data files. To deliver your files for critique you will need at least two 128GB USB drives.

37910 F	Dec 1-Dec 22	6:00p-8:00p	HUF	\$175
37911 F	Jan 5-Jan 26	6:00p-8:00p	HUF	\$175
37912 F	Feb 2-Feb 23	6:00p-8:00p	HUF	\$175

Dance

Adult Ballet

Ages 18 and up. Students will enhance movement, rhythm, coordination and musicality while perfecting beginner/intermediate skills and terminology.

37782 W	Jan 17-May 22	7:30p-8:15p	HUF	\$155
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Adult Tap

Ages 18 and up. A fun and artistic form of exercise for any age. During class we will learn and enhance the fundamentals of tap, discuss tap history and work on rhythm and musicality.

Beginner				
37784 M	Jan 22-May 20	7:30p-8:15p	HUF	\$155

Registration begins Nov. 1. See full class descriptions and register online for the weekend events at www.cor.net/parksonline.



Adult Classes

37882 T	Jan 9-Jan 30	11:00a-12:15p	HUF	\$20
37883 T	Feb 6-Feb 27	11:00a-12:15p	HUF	\$20
Improver/Intermediate (Ages 15 and up)				
38235 S	Dec 3-Feb 25	1:30p-4:30p	HTS	\$95
Intermediate (Ages 18 and up)				
37884 Th	Dec 7-Dec 14	11:15a-12:45p	HUF	\$10
37885 Th	Jan 11-Jan 25	11:15a-12:45p	HUF	\$15
37886 Th	Feb 8-Feb 29	11:15a-12:45p	HUF	\$20
Intermediate/Advanced (Ages 18 and up)				
38259 F	Dec 1-Feb 23	5:30p-8:30p	HTS	\$112
38253 M	Dec 4-Dec 11	1:30p-3:00p	HTS	\$8
38254 M	Jan 8-Jan 29	1:30p-3:00p	HTS	\$16
38255 M	Feb 5-Feb 26	1:30p-3:00p	HTS	\$16
38256 W	Dec 6-Dec 13	1:30p-3:00p	HTS	\$8
38257 W	Jan 10-Jan 31	1:30p-3:00p	HTS	\$16
38258 W	Feb 7-Feb 28	1:30p-3:00p	HTS	\$12
Intermediate Open Line Dancing				
38245 F	Dec 1-Dec 15	11:00a-1:00p	HTS	\$10
38246 F	Jan 19	11:00a-1:00p	HTS	\$5
38247 F	Feb 9-Feb 23	11:00a-1:00p	HTS	\$10

Educational

C&L Virtual: Digital Design & Video Creation with Canva & AI NEW!

Ages 18 and up. We will learn Canva, a powerful and trendy graphic design platform with a simple interface for designing posters, videos, cards and a lot more. This course will also explore examples of great graphic design and video storytelling. Last but not the least, we will learn how you can create amazing art elements using the latest generative AI tools and incorporate them into your artwork. By the end of the class, you will have your own design portfolio and ready to create even more! Technical Requirements: Students must have a laptop or desktop device with Zoom, a Chrome browser and high internet connectivity.

38054 T	Jan 16-Feb 20	1:00p-1:55p	HUF	\$126
38055 S	Feb 11-Mar 17	3:00p-3:55p	HUF	\$126

Fitness

Awesome Exercise

Ages 13 and up. Cardio ... Pilates ... Yoga! This class uses all three to strengthen, stretch and create balance and harmony in your life.

38156 M,W,F	Dec 1-Dec 29	8:00a-9:00a	HTS	\$50
38157 M,W,F	Jan 3-Jan 31	8:00a-9:00a	HTS	\$50
38158 M,W,F	Feb 2-Feb 28	8:00a-9:00a	HTS	\$50
Two Days Per Week				
38159 M,W,F	Dec 1-Dec 29	8:00a-9:00a	HTS	\$40
38160 M,W,F	Jan 3-Jan 31	8:00a-9:00a	HTS	\$40
38161 M,W,F	Feb 2-Feb 28	8:00a-9:00a	HTS	\$40



Boot Camp

Ages 16 and up. Boost your health, blast calories and maximize your weight loss. Sleep better and experience an improved mental outlook. Beginners and advanced students will be challenged.

38184 M,W,F	Dec 1-Dec 29	6:00a-7:00a	HTS	\$50
38187 M,W,F	Jan 3-Jan 31	6:00a-7:00a	HTS	\$50
38190 M,W,F	Feb 2-Feb 28	6:00a-7:00a	HTS	\$50
One Day Per Week				
38185 M,W,F	Dec 1-Dec 29	6:00a-7:00a	HTS	\$25
38188 M,W,F	Jan 3-Jan 31	6:00a-7:00a	HTS	\$25
38191 M,W,F	Feb 2-Feb 28	6:00a-7:00a	HTS	\$25

Fit4Mom: Body Boost NEW!

Ages 18 and up. Body Boost is a 60-minute workout that is challenging, empowering, and energizing. By combining cardio, strength, and core training, you will leave this workout refreshed and recharged for all that comes with motherhood. Body Boost is designed for moms in all stages of motherhood, and kids are welcome in strollers.

38635 W	Jan 10-Feb 28	9:00a-10:00a	HTS	\$100
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Flexibility—Use It Or Lose It!

Ages 18 and up. Class will provide guided, gentle stretching in a friendly atmosphere. Standing, seated and floor exercises. Classes are tailored to the needs of the participants.

37851 T,Th	Dec 5-Dec 28	noon-1:30p	HUF	\$49
37852 T,Th	Jan 4-Jan 30	noon-1:30p	HUF	\$56
37853 T,Th	Feb 1-Feb 29	noon-1:30p	HUF	\$56

Hatha Yoga—All Levels

Ages 6 and up. Hatha yoga stretching and breathing exercises help relieve stress and relax the mind and body. They may also increase strength, flexibility and resistance to disease. Yoga may give relief to neck/back/shoulder and knee pain, asthma, arthritis, insomnia, depression, diabetes and heart disease. Visit www.startyoga.com for more information. Please bring a towel or a mat.

38215 Sa	Dec 2-Dec 23	11:00a-noon	HTS	\$20
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Adult Classes

38209 T	Dec 5-Dec 26	6:00p-7:00p	HTS	\$20
38212 Th	Dec 7-Dec 28	6:00p-7:00p	HTS	\$20
38210 T	Jan 2-Jan 30	6:00p-7:00p	HTS	\$25
38213 Th	Jan 4-Jan 25	6:00p-7:00p	HTS	\$20
38216 Sa	Jan 6-Jan 27	11:00a-noon	HTS	\$20
38214 Th	Feb 1-Feb 29	6:00p-7:00p	HTS	\$25
38217 Sa	Feb 3-Feb 24	11:00a-noon	HTS	\$20
38211 T	Feb 6-Feb 27	6:00p-7:00p	HTS	\$20



Personal Training with Damon

All ages. Reach your customized goals with a skilled, knowledgeable trainer who will work at the perfect pace for your individual ability level. Put the "personal" back into "personal training" with 30-minute sessions available at both Huffhines and Heights. Call 469-952-0005 or e-mail damon@tbbff.com for availability and pricing. Contact Damon first to schedule session then pay before the session starts at the recreation center.

ReFit Revolution NEW!

Ages 14 and up. Dance fitness that focuses on community: Every.Body.Belongs. ReFit moves the body into a lifechanging experience. We believe the heart is both a muscle and a soul, and the impact of this targeted approach creates a deeper sense of connection, self-worth and lasting change. Monday classes are 6-7 a.m. and Wednesday classes are 4:15-5:15 p.m.

38315 M,W	Dec 4-Dec 20	Varies	HUF	\$40
38316 M,W	Jan 8-Jan 31	Varies	HUF	\$40
38317 M,W	Feb 5-Feb 28	Varies	HUF	\$40
One Class Per Week				
38318 M,W	Dec 4-Dec 20	Varies	HUF	\$20
38319 M,W	Jan 8-Jan 31	Varies	HUF	\$20
38320 M,W	Feb 5-Feb 28	Varies	HUF	\$20

The Vibrant Life: Functional Wellness for Women NEW!

Ages 16 and up. Functional Wellness is a holistic approach to women's wellness including balance, strength, cardio, multi-directional movements, stretching and yoga, using body weight, resistance bands and light weights. Also included is one free monthly personalized health/life coaching session to set your health and wellness goals, simple nutrition plans and to explore what obstacles may be getting in your way to having the vibrant life you so deserve! For information, visit www.thehealthcoach.life or e-mail t.fulbright@outlook.com. Equipment needed: athletic shoes, fitness mat, water. Monday, Tuesday and Friday classes are 8-8:45 a.m.; Wednesday and Thursday classes are 6-6:45 a.m.

Five Classes Per Week				
38131 M-F	Dec 1-Dec 20	Varies	HUF	\$85
38132 M-F	Jan 2-Jan 31	Varies	HUF	\$105
38133 M-F	Feb 1-Feb 29	Varies	HUF	\$105

Four Classes Per Week				
38134 M-F	Dec 1-Dec 20	Varies	HUF	\$70
38135 M-F	Jan 2-Jan 31	Varies	HUF	\$85
38136 M-F	Feb 1-Feb 29	Varies	HUF	\$85

Three Classes Per Week				
38137 M-F	Dec 1-Dec 20	Varies	HUF	\$55
38138 M-F	Jan 2-Jan 31	Varies	HUF	\$65
38139 M-F	Feb 1-Feb 29	Varies	HUF	\$65

Two Classes Per Week				
38140 M-F	Dec 1-Dec 20	Varies	HUF	\$40
38141 M-F	Jan 2-Jan 31	Varies	HUF	\$45
38142 M-F	Feb 1-Feb 29	Varies	HUF	\$45

One Class Per Week				
38143 M-F	Dec 1-Dec 20	Varies	HUF	\$20
38144 M-F	Jan 2-Jan 31	Varies	HUF	\$25
38145 M-F	Feb 1-Feb 29	Varies	HUF	\$25

Total Body Boot Camp

Ages 17 and up. Come burn fat and tone your muscle. You'll learn effective ways to plan your fitness and nutrition routines. For more information, e-mail: damon@icangetuift.com

37959 M,W	Dec 4-Dec 27	6:30p-7:30p	HUF	\$103
37960 M,W	Jan 3-Jan 24	6:30p-7:30p	HUF	\$103
37961 M,W	Feb 5-Feb 28	6:30p-7:30p	HUF	\$103
One Day Per Week				
37956 M,W	Dec 4-Dec 27	6:30p-7:30p	HUF	\$52
37957 M,W	Jan 3-Jan 24	6:30p-7:30p	HUF	\$52
37958 M,W	Feb 5-Feb 28	6:30p-7:30p	HUF	\$52

Warrior Goddess Self Defense for Women

Ages 14 and up. Warrior Goddess is a three-tier class designed with a non-martial artist in mind. Women are taught simple, effective moves that are easy to remember and use in stressful situations. Tier 1 - Striking, Tier 2 - Defense vs. Grabs, Tier 3- Your Weapons vs. Anatomy.

37967 Sa	Dec 9	1:30p-4:30p	HUF	\$120
37968 Sa	Dec 23	1:30p-4:30p	HUF	\$120
37969 Sa	Jan 13	1:30p-4:30p	HUF	\$120
37970 Sa	Jan 27	1:30p-4:30p	HUF	\$120
37971 Sa	Feb 10	1:30p-4:30p	HUF	\$120
37972 Sa	Feb 24	1:30p-4:30p	HUF	\$120



Adult Classes

Yoga & Pilates

Ages 10 and up. A balanced approach to tone, strengthen and align the skeletal system, while also gaining flexibility. Pilates' core strengthening and yoga's balance and grace are connected in this mind and body workout. For more information, e-mail erikabugno@yahoo.com.

Three Classes Per Week				
37985 M,W,F	Dec 1-Dec 29	10:00a-11:00a	HUF	\$65
37986 M,W,F	Dec 1-Dec 29	6:00p-7:00p	HUF	\$65
37987 M,W,F	Jan 3-Jan 29	10:00a-11:00a	HUF	\$65
37988 M,W,F	Jan 3-Jan 29	6:00p-7:00p	HUF	\$65
37989 M,W,F	Feb 2-Feb 28	10:00a-11:00a	HUF	\$65
37990 M,W,F	Feb 2-Feb 28	6:00p-7:00p	HUF	\$65

Two Classes Per Week				
37979 M,W,F	Dec 1-Dec 29	10:00a-11:00a	HUF	\$45
37980 M,W,F	Dec 1-Dec 29	6:00p-7:00p	HUF	\$45
37981 M,W,F	Jan 3-Jan 29	10:00a-11:00a	HUF	\$45
37982 M,W,F	Jan 3-Jan 29	6:00p-7:00p	HUF	\$45
37983 M,W,F	Feb 2-Feb 28	10:00a-11:00a	HUF	\$45
37984 M,W,F	Feb 2-Feb 28	6:00p-7:00p	HUF	\$45

One Class Per Week				
37973 M,W,F	Dec 1-Dec 29	10:00a-11:00a	HUF	\$25
37974 M,W,F	Dec 1-Dec 29	6:00p-7:00p	HUF	\$25
37975 M,W,F	Jan 3-Jan 29	10:00a-11:00a	HUF	\$25
37976 M,W,F	Jan 3-Jan 29	6:00p-7:00p	HUF	\$25
37977 M,W,F	Feb 2-Feb 28	10:00a-11:00a	HUF	\$25
37978 M,W,F	Feb 2-Feb 28	6:00p-7:00p	HUF	\$25

Yoga with Chrissy

Ages 18 and up. This class is a great way to begin, restart or enrich your yoga practice. Learn how to gain strength, flexibility and balance in a safe and easy-to-understand way. Yoga is for every BODY. Bring a mat and a towel/blanket to class. Check out www.yogawithchrissy.com for more info.

38294 T,Th	Dec 5-Dec 21	8:00a-9:00a	HTS	\$45
38297 T,Th	Jan 2-Jan 30	8:00a-9:00a	HTS	\$72
38300 T,Th	Feb 1-Feb 29	8:00a-9:00a	HTS	\$72
One Class Per Week				
38295 T,Th	Dec 5-Dec 21	8:00a-9:00a	HTS	\$23
38298 T,Th	Jan 2-Jan 30	8:00a-9:00a	HTS	\$40
38301 T,Th	Feb 1-Feb 29	8:00a-9:00a	HTS	\$40

Zumba Fitness

Ages 17 and up. A fitness party with a contagious blend of Latin and international rhythms that provide a fun and effective workout. Perfect for anybody and everybody. A total workout combining all elements of fitness: cardio, muscle conditioning, balance and flexibility. \$10 drop-in fee for one session.

Two Classes Per Week				
37991 M,W	Dec 6-Dec 27	6:15p-7:15p	HUF	\$35
37992 M,W	Jan 3-Jan 29	6:15p-7:15p	HUF	\$35
37993 M,W	Feb 5-Feb 28	6:15p-7:15p	HUF	\$35
One Class Per Week				
37994 M,W	Dec 6-Dec 27	6:15p-7:15p	HUF	\$25
37995 M,W	Jan 3-Jan 29	6:15p-7:15p	HUF	\$25
37996 M,W	Feb 5-Feb 28	6:15p-7:15p	HUF	\$25

Mind and Body

Sensational Living: Growth & Happiness Through Our Senses NEW!

Ages 15 and up. Research has shown that by engaging our senses we are able to increase creativity, energy and focus while reducing anxiety and stress. Join Chrissy Cortez-Mathis for a fun afternoon of learning and exploring our senses. Check out www.ChrissyCortezMathis.com for more information.

38326 Sa	Jan 13	1:00p-3:00p	HTS	\$35
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Music

Instant Guitar for Hopelessly Busy People

Ages 13 and up. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question-and-answer session. Class is held online using Zoom and is partly hands-on instruction and partly lecture/demonstration. For more information, contact Craig Coffman at chordsarekey@gmail.com.

38239 T	Jan 30	6:30p-9:00p	HTS	\$70
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Instant Piano for Hopelessly Busy People

Ages 13 and up. Learn to play piano the way professionals do: using chords. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question-and-answer session. Class is held online using Zoom and is partly hands-on instruction and partly lecture demonstration. For more information, contact Craig Coffman at chordsarekey@gmail.com.

38240 M	Jan 29	6:30p-9:30p	HTS	\$70
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Ivory Clusters

Ages 7-10. Ivory Clusters is a performance-based, group voice lessons tailored to beginner musicians to teach them the foundations of music and vocal techniques.

38263 Th	Dec 7-Dec 21	5:00p-6:00p	HTS	\$60
38264 Th	Jan 18-Jan 25	5:00p-6:00p	HTS	\$40
38265 Th	Feb 1-Feb 29	5:00p-6:00p	HTS	\$100

Sports

Badminton

Ages 16 and up.				
37787 Sa	Dec 2-Dec 30	3:00p-5:00p	HUF	\$25
37788 Sa	Jan 6-Jan 27	3:00p-5:00p	HUF	\$20
37789 Sa	Feb 3-Feb 24	3:00p-5:00p	HUF	\$20

Heights Adult Basketball

Ages 21 and up. Half court and full court play available for both men and women. Basketballs and jerseys are provided.

38218 M,W	Dec 4-Jan 17	8:00p-9:55p	HTS	\$25
38219 M,W	Jan 22-Feb 28	8:00p-9:55p	HTS	\$25

2024 WINTER GUIDE

Registration begins Nov. 1. See full class descriptions and register online at www.cor.net/parksonline.



Adult Classes

Intermediate Archery

Ages 10 and up. Expand your archery skills with USA Archery Certified Instructor Lindsay Norwick. Learn more about different types of competition rounds including World Archery and National Field Archery formats. Prerequisite: Intro to Archery Parent or guardian must be on the premises if child is under 18 years of age.

38241 T	Dec 5-Dec 26	5:30p-6:30p	HTS	\$30
38242 T	Jan 9-Jan 30	5:30p-6:30p	HTS	\$30
38243 T	Feb 6-Feb 27	5:30p-6:30p	HTS	\$30

Intro to Archery

Ages 10 and up. Introduction of the basic steps of how to shoot archery (target style). See and use different styles of equipment while learning from a USA Archery Certified Instructor and benefit from years of knowledge in the sport. Parent or guardian must be on the premises if child is under 18 years of age.

38260 T	Dec 5-Dec 26	4:30p-5:30p	HTS	\$20
38261 T	Jan 9-Jan 30	4:30p-5:30p	HTS	\$20
38262 T	Feb 6-Feb 27	4:30p-5:30p	HTS	\$20



Intro to Pickleball

Ages 15 and up. This instructed course will cover the basics of Pickleball rules, terminology, primary skills, coordination, beginner court time and more.

38468 F	Dec 1	9:00a-10:45a	HUF	\$25
38469 F	Dec 15	9:00a-10:45a	HUF	\$25
37864 F	Jan 5	9:00a-10:45a	HUF	\$25
37865 F	Jan 19	9:00a-10:45a	HUF	\$25
37866 F	Feb 2	9:00a-10:45a	HUF	\$25
37867 F	Feb 16	9:00a-10:45a	HUF	\$25



Dance Classes

Heights Recreation Center

We strongly encourage all students enrolled in more than one form of dance to study ballet, as the technique is found in every dance class. E-mail instructor at Holly.Baxter@risd.org for more information. Some classes include a \$65 costume fee due to the instructor by the first class and a recital fee due closer to the recital date. See the specific class on www.cor.net/parksonline for more information.

Baby Ballet I (2-3 year olds)

38164 Sa	Jan 27-Mar 9	9:00a-9:30a	HTS	\$70
38162 Th	Feb 1-Mar 7	11:15a-11:45a	HTS	\$55

Baby Ballet II (Ages 2-3)

38168 Sa	Jan 27-Mar 9	9:30a-10:00a	HTS	\$70
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Baby Ballet III (Ages 3-4)

38166 M	Jan 29-Mar 4	3:45p-4:15p	HTS	\$66
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Baby Ballet IV (Ages 3-4)

38171 Th	Jan 11-May 2	9:45a-10:30a	HTS	\$165
38172 Sa	Jan 13-May 4	10:45a-11:30a	HTS	\$165

Ballet I (Ages 4-6)

38220 Th	Jan 11-May 2	10:30a-11:15a	HTS	\$165
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Ballet II (Ages 5-7)

38221 M	Jan 8-Apr 29	4:15p-5:00p	HTS	\$165
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Ballet III (Ages 7-12)

38222 Sa	Jan 13-May 4	12:15p-1:00p	HTS	\$165
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Ballet IV—Pre Pointe & Point (Ages 11-15)

38223 W,Sa	Jan 10-Feb 10	4:30p-12:15p	HTS	\$115
38224 W,Sa	Feb 14-Mar 23	4:30p-12:15p	HTS	\$115

Jazz and Hip Hop (Ages 6-9)

38227 Sa	Jan 13-May 4	11:30a-12:15p	HTS	\$165
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Tap and Ballet I (Ages 4-6)

38229 W	Jan 10-May 1	3:45p-4:30p	HTS	\$165
38230 Sa	Jan 13-May 4	10:00a-10:45a	HTS	\$165

Tap and Ballet III (Ages 7-9)

38231 M	Jan 8-Apr 29	5:00p-6:00p	HTS	\$175
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Heights Broadway Dance

Ages 5-7. Love to sing and dance? This class is for you. Students will need tap and ballet shoes for this class.

38226 W	Jan 17-May 1	5:30p-6:15p	HTS	\$165
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Huffhines Recreation Center

Huffhines Dance Classes have great options for girls and boys of all ages and interests. Classes include a \$85 costume and recital fee due to the instructor. See the specific class on www.cor.net/parksonline for more information. Please contact our instructor



Martial Arts Classes

Blakey's Tae Kwon Do

Learn the fluid movement of kicks, punches and jumps while adding other martial arts for well-rounded physical fitness and self-defense training.

Ages 6 and up

37810 Th	Dec 7-Dec 28	7:00p-7:45p	HUF	\$45
37811 Th	Jan 4-Jan 25	7:00p-7:45p	HUF	\$45
37812 Th	Feb 1-Feb 29	7:00p-7:45p	HUF	\$45

Ages 55 and up

38533 Th	Dec 7-Dec 28	11:30a-12:15p	HUF	\$25
38534 Th	Jan 4-Jan 25	11:30a-12:15p	HUF	\$25
38535 Th	Feb 1-Feb 29	11:30a-12:15p	HUF	\$25

Brazilian Jiu-Jitsu 101

Ages 11 and up. Brazilian Jiu-Jitsu is a martial art and combat sport that focuses on grappling and ground fighting. It teaches that a smaller, weaker person can successfully defend against a bigger, stronger assailant by using leverage and proper techniques. You will learn the basics and apply them in live grappling situations.

38192 S-M,W	Dec 3-Dec 27	11:30a-7:30p	HTS	\$100
38193 S-M,W	Jan 3-Jan 31	6:15p-7:30p	HTS	\$100
38194 S-M,W	Feb 4-Feb 28	11:30a-7:30p	HTS	\$100

Ages 6-15

38312 M,W	Dec 4-Dec 27	5:30p-6:15p	HTS	\$75
38313 M,W	Jan 3-Jan 31	5:30p-6:15p	HTS	\$75
38314 M,W	Feb 5-Feb 28	5:30p-6:15p	HTS	\$75

Dragon School of Tae Kwon Do

Ages 10 and up. Our school teaches a traditional style that emphasizes respect, discipline and self-control while promoting greater physical and mental well-being. Classes are led by 7th and 8th degree black belt instructors. For more information visit www.dragonschool.com.

38202 T,Th	Dec 5-Dec 21	6:30p-8:00p	HTS	\$40
38203 T,Th	Jan 4-Jan 30	6:30p-8:00p	HTS	\$40
38204 T,Th	Feb 1-Feb 29	6:30p-8:00p	HTS	\$40

Girl's Self-Defense & Tae Kwon Do

Ages 6-14. Girls will learn tae kwon do with a focus on self defense. The class purposefully has an all-female environment (including instructors) to provide the opportunity for girls to gain confidence, strength and unity among one another. The head instructor, Samira Elmazouni is a locally certified 4th Dan (4th degree black belt) in tae kwon do with over 15 years of instructing experience. Supplies needed: All White World Tae Kwon Do Uniform and tae kwon do gear (e-mail instructor at samira.elmazouni@gmail.com for more information).

38039 T,Th	Jan 4-Apr 4	6:00p-6:45p	HUF	\$150
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Kung Fu Qi-Gong Fitness

Ages 6 and up. Kung Fu is a high-impact form of exercise that includes a full body workout, stretching, self defense and martial art forms. We combine Kung Fu with Qi-Gong, which is an energy cultivation art form, resulting in a high-energy, immune system boosting program that promotes total physical athleti-



Dance Classes

Samantha Cinalli at HuffhinesDanceDepartment@gmail.com if you have placement questions.

Pre Ballet (Ages 3-4)

38106 W	Jan 17-May 22	4:00p-4:40p	HUF	\$155
37914 M	Jan 22-May 20	9:00a-9:40a	HUF	\$155
38107 M	Jan 22-May 20	3:15p-3:55p	HUF	\$155

Ballet I (Ages 5-7)

37790 M	Jan 22-May 20	4:45p-5:25p	HUF	\$155
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Ballet I/II (Ages 6-9)

37791 W	Jan 17-May 22	4:45p-5:25p	HUF	\$155
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Ballet II A Advanced (Ages 8-11)

37792 M	Jan 22-May 20	6:15p-6:55p	HUF	\$155
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Ballet II B Beginner (Ages 8-11)

38099 T	Jan 16-May 21	6:00p-6:40p	HUF	\$155
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Ballet III (Ages 9-14)

37793 F	Jan 19-May 24	5:45p-6:25p	HUF	\$155
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Ballet IV (Ages 14-18)

37794 T	Jan 23-May 21	6:00p-6:40p	HUF	\$155
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Contemporary I (Ages 9-12)

37831 F	Jan 19-May 24	7:00p-7:40p	HUF	\$155
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Contemporary II (Ages 13-15)

37832 Th	Jan 18-May 23	6:15p-7:00p	HUF	\$155
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Hip Hop I (Ages 6-10)

37855 W	Jan 17-May 22	6:00p-6:40p	HUF	\$155
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Homeschool Ballet I (Ages 6-8)

37856 T	Jan 16-May 21	9:45a-10:25a	HUF	\$155
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Homeschool Ballet II (Ages 8-11)

37857 M	Jan 22-May 20	9:45a-10:25a	HUF	\$155
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Homeschool Jazz (Ages 7-9)

37858 T	Jan 16-May 21	11:15a-noon	HUF	\$155
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Homeschool Tap I (Ages 6-8)

37859 T	Jan 16-May 21	10:30a-11:10a	HUF	\$155
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Homeschool Tap II (Ages 8-11)

37860 M	Jan 22-May 20	10:30a-11:10a	HUF	\$155
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Jazz I (Ages 5-7)

37868 W	Jan 17-May 22	4:00p-4:40p	HUF	\$155
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Jazz II (Ages 8-10)

37869 T	Jan 16-May 21	6:45p-7:25p	HUF	\$155
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Jazz III (Ages 10-14)

37870 F	Jan 19-May 24	5:00p-5:40p	HUF	\$155
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Jazz IV (Ages 13-18)

37871 T	Jan 16-May 21	7:30p-8:15p	HUF	\$155
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Tap I (Ages 5-7)

37952 T	Jan 16-May 21	4:00p-4:40p	HUF	\$155
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Tap II (Ages 8-10)

37953 M	Jan 22-May 20	5:30p-6:10p	HUF	\$155
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Martial Arts Classes

cism, self-discipline, plus mental and physical fitness. Uniform required. Instructors: Min Min Sun-Valenti. For more information, please visit us at www.SunQiFitness.com.

37874 Sa	Dec 2-Dec 30	9:30a-10:30a	HUF	\$65
37875 Sa	Jan 6-Jan 27	9:30a-10:30a	HUF	\$55
37876 Sa	Feb 17-Feb 24	9:30a-10:30a	HUF	\$28

Qi-Gong Kung Fu Private Lessons

Ages 25 and up. One-on-one fitness program that has great benefits by creating a strong body, powerful, spirit and peaceful mind \$75 per one-hour session. By appointment only at Heights. Contact instructor Min Min Sun-Valenti at 214-418-4236.

Qi-Gong Tai Chi Private Lessons

Ages 18 and up. One-on-one light intensity fitness program with great benefits for adults and seniors. Improve balance, flexibility, energy, circulation, reduce stress and pain relief. Uniform required. \$75 per hour session by appointment only at Heights. Contact instructor Min Min Sun-Valenti at 214-418-4236.

Qi-Gong Tai Chi

Ages 25 and up. Sun Qi Fitness is a low-impact fitness program. Benefits include increased balance and flexibility, enhanced energy and circulation, and reduced stress and pain. Qi-Gong is an energy cultivation art while Tai Chi is a fluid art form with total body movements to produce a stimulating workout. Sun Qi Fitness is certified by Master Hsieh Chin-Hua, head coach of Taiwan Contest Wu Shu Association.

Heights

38274 F	Dec 1-Dec 29	9:45a-10:45a	HTS	\$75
38275 F	Jan 5-Jan 26	9:45a-10:45a	HTS	\$60
38276 F	Feb 23-Mar 1	9:45a-10:45a	HTS	\$30

Huffhines

37949 Sa	Dec 2-Dec 30	10:45a-11:45a	HUF	\$75
37950 Sa	Jan 6-Jan 27	10:45a-11:45a	HUF	\$60
37951 Sa	Feb 17-Feb 24	10:45a-11:45a	HUF	\$30

Traditional Japanese Karate and Self Defense

Ages 14 and up. The class promotes physical fitness, makes use of martial arts training to discipline the mind and elevates the spirit, while introducing common sense self-defense concepts that are part of karate training.

38290 M,Th	Dec 4-Dec 28	6:30p-7:30p	HTS	\$75
38291 M,Th	Jan 4-Jan 29	6:30p-7:30p	HTS	\$75
38292 M,Th	Feb 1-Feb 29	6:30p-7:30p	HTS	\$75

Virtual Kung Fu Fitness

Ages 5-11. Virtual learning via Facebook Live. We combine Kung Fu with Qi-Gong, resulting in a high-energy, immune system boosting program that promotes total physical athleticism and self-discipline, plus mental and physical fitness. Uniform required. Membership and schedules are listed on our website, www.sunqifitness.com. Instructor: Min Min Sun-Valenti and John Valenti.

37964 T	Dec 5-Dec 26	6:00p-7:00p	HUF	\$50
37965 T	Jan 2-Jan 30	6:00p-7:00p	HUF	\$50
37966 T	Feb 6-Feb 27	6:00p-7:00p	HUF	\$50

Registration begins Nov. 1. See full class descriptions and register online for the weekend events at www.cor.net/parksonline.



Gymnastics



RESIDENT/NONRESIDENT FEES

Unless otherwise noted, Richardson residents pay the fee as it is listed. Nonresidents pay an additional \$5 per class, per month. There is a one-time \$30 registration fee for each new student in the program.

All classes are held at the
Richardson Gymnastics Center
 300 E. Arapaho Rd.—972-744-7860

The City of Richardson gymnastics program is a continuous year-round program and offers something for everyone. Classes are geared toward the student who just wants to have fun while trying to improve coordination and motor skills, and for the student who wants to be a serious competitor. We offer an 8:1 student/teacher ratio. Classes are open to anyone who wishes to participate. If your child is coming from another gymnastics program, he or she will need to be tested to determine the appropriate class level. Please call 972-744-7860 to set up an appointment.

Registration Procedures: All classes are on a monthly basis. If a class has a five-digit number before the day of the week, you may register for the class online. For classes without a five-digit number, call the Richardson Gymnastics Center at 972-744-7860.

Preschool/Kindergarten

The preschool program is divided by age. The program is designed for boys and girls ages 2-5. If you are unsure of your child's class placement, please call Richardson Gymnastics Center at 972-744-7860.

Moms and Tots

This class is for socially mature 2 year olds. An adult must attend class with the student as support for child and instructor. Coordination, introduction to gymnastics equipment and safety rules, and preparation for learning are some of the areas covered.

M	9-9:45 a.m.	\$38
Tu	9-9:45 a.m.	\$38
W	9-9:45 a.m.	\$38
Th	9-9:45 a.m.	\$38
F	9-9:45 a.m.	\$38
S	9-9:45 a.m.	\$38

3-year-olds

This class is for students who are ready to take class without a parent. The student must be potty trained. Coordination, introduction to gymnastics equipment, safety rules and preparation for learning are some of the areas covered.

M	10-10:50 a.m.	\$48
M	Noon-12:50 p.m.	\$48
Tu	10-10:50 a.m.	\$48
Tu	Noon-12:50 p.m.	\$48
W	10-10:50 a.m.	\$48
W	Noon-12:50 p.m.	\$48
Th	10-10:50 a.m.	\$48
F	10-10:50 a.m.	\$48
2	10-10:50 a.m.	\$48
S	11-11:50 a.m.	\$48

4-year-olds

Emphasis in the class is on coordination, beginning strength, flexibility positions, safety rules, introduction to basic skills on equipment and lots of fun. Students are grouped according to age, physical ability and skill level.

M	11-11:50 a.m.	\$48
Tu	11-11:50 a.m.	\$48
W	11-11:50 a.m.	\$48
Th	11-11:50 a.m.	\$48
Th	1-1:50 p.m.	\$48
F	10:50-11:40 a.m.	\$48
S	10-10:50 a.m.	\$48
S	11-11:50 a.m.	\$48

Kindergarten Girls

Emphasis in the class is on coordination, beginning strength, flexibility, safety rules, introduction of basic skills on equipment and lots of fun. This class is for all-day kindergarten girls.

M	3:30-4:20 p.m.	\$48
M	4:30-5:20 p.m.	\$48
M	6:30-7:20 p.m.	\$48
Tu	3:30-4:20 p.m.	\$48
Tu	4:30-5:20 p.m.	\$48
Tu	5:30-6:20 p.m.	\$48
Tu	6:30-7:20 p.m.	\$48
W	4:30-5:20 p.m.	\$48
W	5:30-6:20 p.m.	\$48
W	6:30-7:20 p.m.	\$48
Th	4:30-5:20 p.m.	\$48
Th	5:30-6:20 p.m.	\$48
S	9-9:50 a.m.	\$48

Elementary

The elementary program is set up on a level system to ensure the proper progression for all students. The program is designed for boys and girls grades 1-6. The children will be placed in groups according to age and ability. If you are unsure of your child's class placement, please call Richardson Gymnastics Center at 972-744-7860.

Elementary Boys 5-7 years

Emphasis in the class is on coordination, strength, flexibility, safety rules and introduction to basic skills on boys equipment. This class is for all-day kindergarten and first grade boys.

M	4:30-5:20 p.m.	\$48
M	5:30-6:20 p.m.	\$48
Tu	5:30-6:20 p.m.	\$48
Th	3:30-4:20 p.m.	\$48
Th	4:30-5:20 p.m.	\$48

Elementary Boys 8-10 years

A beginner program for older boys interested in gymnastics. Beginner through advanced beginner skills are emphasized. Emphasis in the class is on coordination, strength, flexibility, safety rules and introduction of basic skills on boys equipment.

Th	5:30-6:20 p.m.	\$48
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Elementary Beginner Girls 6-12 years

This program teaches the basic gymnastic skills on vault, bars, balance beam, tumbling and trampoline.

M	3:30-4:50 p.m.	\$63
M	5-6:20 p.m.	\$63
M	6-7:20 p.m.	\$63
M,W	3:30-4:20 p.m.	\$85
M,W	4:30-5:20 p.m.	\$85
M,W	5:30-6:20 p.m.	\$85
M,W	6:30-7:20 p.m.	\$85
Tu	3:30-4:50 p.m.	\$63
Tu,Th	4:30-5:20 p.m.	\$85
W	4-5:20 p.m.	\$68
W	4:30-5:50 p.m.	\$63
W	6-7:20 p.m.	\$63
Th	5-6:20 p.m.	\$63
Th	6:30-7:50 p.m.	\$63
F	4-5:20 p.m.	\$63
F	5:30-6:50 p.m.	\$63
S	9:30-10:50 a.m.	\$63
S	11 a.m.-12:20 p.m.	\$63

Elementary Intermediate Girls 7-14 years

Instructor recommendation only. This program continues to build on the basic skills learned in the beginner program. Conditioning is added to help prepare for more difficult skills.

M	3:30-5:20 p.m.	\$80
M,W	5:30-6:50 p.m.	\$100
Tu,Th	4-5:20 p.m.	\$100
Tu,Th	5:30-6:50 p.m.	\$100
F	4-5:50 p.m.	\$80
F	5:30-7:20 p.m.	\$80
S	9-10:50 a.m.	\$80
S	11 a.m.-12:50 p.m.	\$80

Elementary Advanced Girls

Pre-competitive girls gymnastics grades 1-6. Instructor recommendation only. The advanced girls program is for those girls who have progressed through the beginner and intermediate programs and are ready to work on a pre-competitive level.

M,W	6:30-8:30 p.m.	\$120
Tu,Th	6:30-8:30 p.m.	\$120

Girls Competitive Team

The girls competitive teams compete in the USAG Junior Development program.

Team Group—Coach recommendation only. Call 972-744-7860 for more information.

Tumbling

Coed Tumbling ages 8-17

Students will work on skills and/or drills that are appropriate to their skill ability level. The Monday night and Saturday afternoon classes are for beginner tumblers.

M	7:30-8:20 p.m.	\$48
S	1-1:50 p.m.	\$48



Private/Semi-Private Lessons

These lessons are to learn new skills or to perfect skills with that little bit of extra special attention. Call the Richardson Gymnastics Center at 972-744-7860 to set up day and time.

Birthday Parties

Saturdays
 2:15-3:45 p.m.
 4-5:30 p.m.
 5:45-7:15 p.m.

Cost: 1-10 children (2 instructors including party host)
 \$125 resident, \$129 nonresident
Cost: 11-20 children (3 instructors including party host)
 \$160 resident, \$164 nonresident
Cost: 21-30 children (4 instructors including party host)**
 \$185 resident, \$189 nonresident
****There is a fee of \$10 per child for more than 30 children.**
Full price for expected attendance is due at the time of the reservation.

Come celebrate your child's birthday at Richardson Gymnastics Center. Our friendly staff is here to provide a unique and very enjoyable birthday experience. We provide a party room, tables, chairs, tablecloths and games in the gym. The party is for 90 minutes, one hour in the gym area and 30 minutes in the party room. The final number of attendees is required 10 days in advance of the party to guarantee adequate staffing.

There is a \$50 non-refundable fee and a required 14-day notice for cancellations and date changes. For more information or to make a reservation, please call Richardson Gymnastics at 972-744-7860 or contact Allison Vining at gymparty@cor.gov.

Evening Preschool

Mondays, Wednesdays, Thursdays
 5:30-6:15 p.m. and 6:30-7:15 p.m.
Fridays

4:30-5:15 p.m. and 5:30-6:15 p.m.
Ages 3 and 4 year old girls and boys—\$43 per child, \$48 nonresident

This class is for children who are ready to participate without a parent. The student must be potty trained. They will start class by jumping on the trampoline. Students will then go to the multi-purpose room, where they will be working on all their other gymnastics skills. Children will be in an enclosed room during most of the class for their safety and to provide a quiet learning environment. You can register in person at the Richardson Gymnastics Center or call us at 972-744-7860.

Friday Night Fun!

Friday nights from 7-10 p.m.
Ages 4-14 years
\$10 per person, resident
\$15 per person, nonresident

Parents can register online, over the phone or in person. Parents are encouraged to register early for a spot as spaces fill quickly! The online registration deadline is Thursday at midnight. After midnight on Thursday, there will be a \$5 late fee assessed for all registrations and is subject to availability. Richardson Gymnastics requires a 24-hour notice to change a date. There is a one-time limit on changing dates. NO REFUNDS.

38351 F	Dec 1	\$10
38528 F	Dec 8	\$10
38525 F	Jan 5	\$10
38527 F	Jan 12	\$10
38526 F	Jan 19	\$10
38532 F	Jan 26	\$10
38529 F	Feb 16	\$10
38530 F	Feb 23	\$10

Holiday Blast

Dec. 28—8:30 a.m.-4 p.m.
Ages 4-13 girls and boys

These are full days of gymnastics, games, movies, crafts and lots of fun. Child must bring two snacks and a sack lunch. Registration and payment deadline is Dec. 13. Cost is \$50 for one day or \$90 for both days. You can register in person at the Richardson Gymnastics Center or call 972-744-7860. You can also register online at www.cor.net/parksonline.

2024 WINTER GUIDE

Registration begins Nov. 1. See full class descriptions and register online at www.cor.net/parksonline.



Tennis

Huffhines Tennis Center 1601 Syracuse Dr., 972-744-7870

Junior Development

Six levels of Junior Development (JD) classes are offered at Huffhines Tennis Center. Lessons run in three-week sessions. Classes meet twice a week for three weeks, either Monday and Wednesday or Tuesday and Thursday. Only classes canceled due to weather will be made up.

Dates:

Nov. 27-Dec. 14 Jan. 8-25 Feb. 5-22

The levels are:

Future Stars (Ages 5-7) M, W 5-5:30 p.m. or Tu, Th 4:30-5 p.m. Cost: \$45. Emphasis is on basic tennis fundamentals, working on hand-eye coordination and ball contact. Basics on grips and strokes are also covered. Main emphasis is playing tennis-related games and having fun.

JD-1 Beginner (Ages 8-14) M, W 4-5 p.m. or Tu, Th 5-6 p.m. Cost: \$72. This level is for children with little or no previous experience. Focus is on hand-eye coordination and ball contact. Basics on grips and strokes are also covered. Main emphasis is stroke production, playing tennis-related games and making tennis fun.

JD-2 Advanced Beginner (Ages 9-16) M, W 5:30-7 p.m. Cost: \$90. This level is for those who have had some previous instruction, can hit forehands and backhands consistently, but have had little success with the serve and volley. Should be paired with one private lesson a week to help build the student's skills.

JD-3 Intermediate (Ages 10-16) M, W 6-7:30 p.m. Cost: \$90. Students must have instructor approval. These students must be able to rally consistently enough to start playing points. Instruction is given on more advanced strokes, i.e., volleys, lobs, overheads and spins. Emphasis is on stroke production, drills and match play.

JD-4 Advanced (Ages 10-18) Tu, Th 6-7:30 p.m. Cost: \$108. Students must have instructor approval. This class will be comprised of players advanced enough to start Level 7 USTA tournament competition and will be encouraged to do so as part of training. This class is geared for the player who is playing tournaments or preparing for junior high tennis team.

JD-Excellence (Ages 10-18) Tu and Th, 6-7:30 p.m. Cost: \$108. Students must have instructor approval. This class will be comprised of players advanced enough for competition such as inter-club matches and Level 7 & 6 USTA tournaments and will be encouraged to do so as part of training. This class is geared for the player who is playing tournaments or playing on a school tennis team.

Winter Break Tennis Camp

Dec. 26-29, Jan. 2-5

Tuesday-Friday, 9 a.m.-1 p.m.

Cost: \$160/four days

**** If there is bad weather, the camp will be held inside the Huffhines Recreation Center gymnasium.**

Group Lessons—Adult

Dates:

Six levels of Adult Development (AD) classes are offered at Huffhines Tennis Center. Lessons run in three-week sessions. Classes meet twice a week for three weeks, either Monday and Wednesday or Tuesday and Thursday (unless otherwise noted). Only classes canceled due to weather will be made up.

Nov. 27-Dec. 14 Jan. 8-25 Feb. 5-22

AD-1 Beginner—M, W 6-7 p.m. or Tu, Th 6-7 p.m. Cost: \$72 This level is for adults with little or no previous experience. Basics on grips and strokes are covered. Main emphasis is stroke production, serve and some match play.

AD-1.5 Beginner-Plus—M, W 7-8 p.m. Cost: \$72

This level is for adults with some experience. Basics on grips and strokes are covered. Main emphasis is stroke production and serves. Points related games will be played.

AD-2 High Beginner to Intermediate—M, W, 7:30-9 p.m. Cost: \$108

Class designed for adults with some tennis experience. Main emphasis on forehand, backhand, serve, volley, scoring and match play.

AD-2.5 Intermediate/Advanced—T 7:30-9 p.m. Cost: \$54

Class designed for adults with moderate tennis experience. Main emphasis on forehand, backhand, serve, volley, and spins. Drills and match play are also covered.

AD-3 Advanced—M, W, 7:30-9 p.m. Cost: \$108

Instruction is given on more advanced strokes, i.e., volley, lobs, overheads and spins. Emphasis is on stroke production, drills and some match play.

AD-3.5 Advanced-Plus—M, W, 6-7:30 p.m. Cost: \$108

Instruction is given on more advanced strokes, i.e., volley, lobs, overheads and spins. Emphasis is on technique, drills and doubles strategies.

Adult Drill Classes

CALL TO SIGN UP

Mon., Coed, (Ryan) 7-8:30 p.m., (High Beg. /Int 3.0-3.5) **Cost: \$20**

Tues., Men's, (Carlos) 7-9 p.m., (Int./Adv. 4.0-4.5) **Cost: \$25**

Wed., Coed, (Ryan) 7-9 p.m., (Int./Adv. 4.0-4.5) **Cost: \$25**

Thur., Men's, (Carlos) 7-9 p.m., (High Beg. /Int. 3.0-3.5) **Cost: \$25**

Thur., Coed, (Ryan) 7:30-9 p.m., (High Beg. /Int 3.0-3.5) **Cost: \$20**

Fri., Coed, (Christy) 7-8:30 p.m., (Beginner 2.5+) **Cost: \$20**

Sat., Coed, (Carlos) 9-11 a.m., (All Levels 2.5-4.0) **Cost: \$25**

Sun., Coed, (Ryan) 9:30-11:30 a.m., (All Levels 2.5-4.0) **Cost: \$25**



Tennis



Adult Leagues—Jan. 29-March 14

Sign-up begins Nov. 1

Cost: \$40

Men B Singles	Mondays	7:30 p.m.
Men B Singles	Tuesdays	7:30 p.m.
Men A Singles	Wednesdays	7:30 p.m.
Women Progressive Doubles	Thursdays	7:30 p.m.

Ball machine rental and stringing available.

Private Lessons

Tennis Pro Walt Williams

1/2-hour lesson	\$35
1-hour lesson	\$65

Tennis Pro Carlos Corriea

1/2-hour lesson	\$40
1-hour lesson	\$70
Semi-private lesson	\$42 each

Tennis Pro Christy Vutam

1/2-hour lesson	\$30
1-hour lesson	\$55
Semi-private lesson	\$32 each

Tennis Pro Ryan Mullins

1/2-hour lesson	\$35
1-hour lesson	\$60
Semi-private lesson	\$32 each

Tennis Pro Alfredo Gonzalez

1/2-hour lesson	\$30
1-hour lesson	\$55
Semi-private lesson	\$32 each



Golf

Sherrill Park Golf Course 2001 E. Lookout Dr., 972-234-1416



With two great regulation courses to choose from and a number of tee boxes, Sherrill Park is sure to challenge golfers of all skill levels. Sherrill Park consistently ranks among the top 10 municipal golf courses and continues to solidify its reputation as a high-quality golf course.

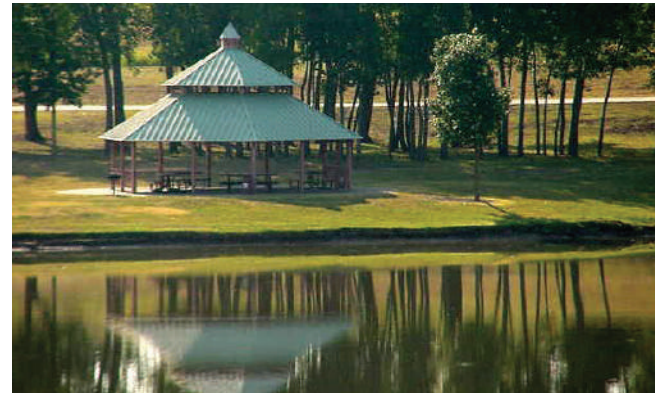
To schedule tee times or private lessons at Sherrill Park, contact the Pro Shop at 972-234-1416 or visit www.sherrillparkgolf.com.



Is your company interested in joining the 2024 Richardson Corporate Challenge? What is the Corporate Challenge you ask?

The Corporate Challenge is a 10-week Olympic-style competition involving as many as 25 athletic and non-athletic events held from August through October. Companies compete in events ranging from softball, volleyball and billiards to cornhole, horseshoes, poker and many more! In addition to competing against one another, companies join together to raise funds for Special Olympics Texas. To date, the program has raised and donated more than \$3 million to Special Olympics since 1998.

If you believe your company would be interested in joining in on the fun for 2024, reach out to the City of Richardson Corporate Recreation Manager Jonathan Winters at jonathan.winters@cor.gov.



PARK PAVILION RESERVATION FEES

A reservation fee is required to reserve the Huffhines, Crowley, Cottonwood or Breckinridge park pavilions, as well as Breckinridge gazebo or Breckinridge fire pit. The fee is \$25 (\$50 for non-residents) for the first two hours and each additional hour is \$10 (\$20 for non-residents). The minimum charge is \$25 (\$50 for non-residents).

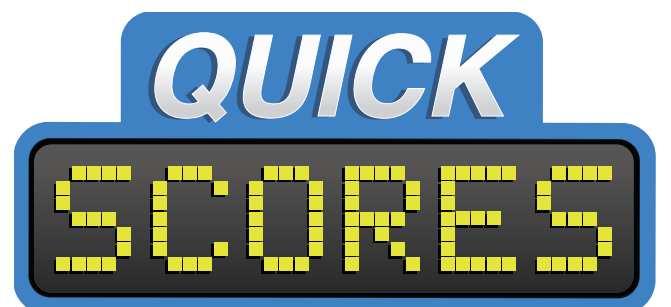
To reserve any of these facilities, follow these guidelines:

- The party for which you are

reserving must be 25 members or greater.

- All charcoal used for burning must be brought by you, as well as sand and water to extinguish it.
- Reservations may be made up to 90 days in advance and at least two days in advance.
- No alcohol or amplification of sound is allowed in the park.

For more information or reservations, call 972-744-7881 or 972-744-7850.



Athletics Information
For Adult and Youth Athletics, please visit www.quickscores.com/richardson or contact the Richardson Athletics Office at 972-744-7892.